

Group Therapy for Kids and Teens

The Regulation Group

*Helping kids master their own energy
so they can thrive with friends.*

Manage
Big
Emotions

Improve
Body
Awareness

Level Up
Focus
Skills

Improve
Teamwork &
Friendships

WHEN: Mondays at 5pm

**WHERE: 20 Hospital Oval West,
Valhalla, NY 10595**

Payment Options:
Medicaid or Fidelis Medicaid
Private Pay: \$65 /session

Register Today to Secure Your Spot!



Email or Scan to register to learn more:
Naydine Johney
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