



Westchester Institute
for Human Development

Parent Services

WIHD's Children's Services provides Parent Training and Family Services.

Parent Training includes the evidence-based PC-Care model for caregivers of children ages 1-10.

Family Therapy uses Strategic Family Therapy approaches to improve communication and family dynamics.



Service Delivery

Services can be delivered:

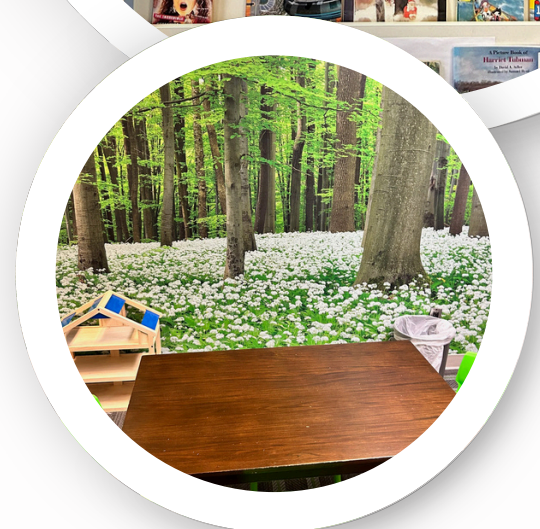
- **On-site** in Valhalla
- Through **Telehealth** (as appropriate)
- *Afterschool hours available*



Payment Options

WIHD accepts:

- **Insurance** (straight Medicaid or Fidelis Medicaid Managed Care)



**INTERESTED
IN MAKING A
REFERRAL?**



Joan Malara



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