



**HEAR OUR VOICES!**  
Self-Advocacy Group



## RELATIONSHIP SKILLS GROUP

Join us each month to learn and practice social skills in a safe space for young adults with disabilities. Start your journey to build healthy friendships and become a part of your community!

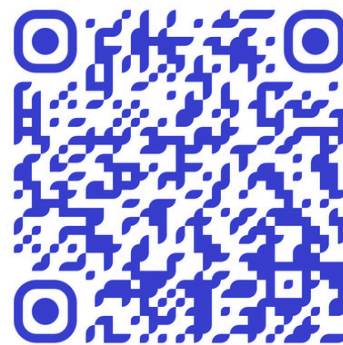
January 13<sup>th</sup>, 2026 | 6 PM ET | Virtual

February 10<sup>th</sup>, 2026 | 6 PM ET | Virtual

March 10<sup>th</sup>, 2026 | 6 PM ET | Virtual

### Registration:

<https://zoom.us/meeting/register/DMLkTnEhRGqh36QegC9Blg#/registration>



For More Information email :  
[nhastings@wihd.org](mailto:nhastings@wihd.org)

