



CSN – Self-Advocacy Social Update!

November 2024

Hello everyone!

Let's stay connected. Here are some things happening you should know about.

November 2024 SA NEWSLETTER.



Hear Our Voices group NEW events coming up,

The Hear Our Voices group for individuals with developmental disabilities to learn great information. Our next meeting is on **Wednesday, November 20th 2024, 6pm - 7pm**. Join us for the conversation about **physical fitness for people with disabilities**. with **Will Drew**, Doctor of Physical Therapy. Next Month: HOV Holiday Party December 11th

<https://zoom.us/meeting/register/tJEpduyqpi8qG9NRhNW4pYpyNVmg7IOaPbod#/registration> Hear Our Voices team is looking forward to seeing you all at the meetings



Are you having trouble finding a date or already in a relationship? Well, The Hear Our Voices have monthly group conversations about **Relationship skills group** the next meeting is on **Tuesday, November 12th 2024, 6pm - 7pm** with **Tina Fitzgerald and Nichole Hasting** Please make sure you register in advance.

https://zoom.us/meeting/register/tJwpfu6tqjgpHdcSumrv3RMSNZk_tcJNahWZ#/registration Hear Our Voices team is looking forward to seeing you all at the meetings **Thank You!**

DATING

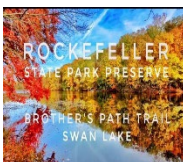


GetWIHDit Social group events on zoom,

EVERY FRIDAY: My social group friends and I are going to play a fun games like, playing pool, Pokemon GO, UNO, and so many other games. Come join us on zoom. Let me know if you are interested and I will send you the information.



SATURDAY: Would you like to join the GetWIHDit crew for fun Movies or Dave & Busters or bowling on Saturday. If you are interested, let me know and I will send you more information about events.



SUNDAY: Would you like to join the GetWIHDit crew for fun football games in Pleasantville and enjoy nice sunny walk at Rockefeller State Park Preserve If you are interested, let me know and I will send you more information about Events.



If you need help creating a Facebook account or any other social media account, I can show you how. If you would like to join my (PRIVATE) Facebook social groups or have any questions, just send me an email and I will send you more info about my social groups.

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