



Westchester Institute
for Human Development

2023 Annual Report

"Everyone deserves to reach their full potential, and to be treated with respect, dignity, and compassion. We're all in this together, and the people who come here need and are worthy of our collective support."

Monica Sganga, WIHD Board Chair



A Message from our President & CEO

**Susan
Fox**

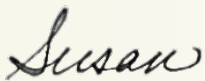
Diversity, Equity, and Inclusion (DEI) has become common nomenclature across most organizations today.

WIHD is committed to DEI and has been working hard to make real changes to enhance our work in this space. These words take on heightened meaning in the disability landscape as we are deeply committed to assuring equal access and inclusion for people with disabilities in all aspects of community life. Therefore, this year, the theme of our annual report is **ACCESS AND INCLUSION** highlighting our work throughout 2023 to further these aspirations.

This report provides a brief glimpse at key initiatives at WIHD that increase access to critical health, dental, and allied health services; develop leadership skills in persons with lived experience; educate communities and change attitudes to pave the way for a more inclusive and just world; and support children who have experienced trauma in their lives. WIHD is filled with dedicated and passionate people with diverse sets of skills and experience who work hard every day to improve the lives of people with disabilities, vulnerable children, and families. I could not be prouder to work with such an impressive group of professionals.

I hope you enjoy this report and learn a little more about the great work happening at WIHD. Thank you for your support, friendship, and partnership. It means everything to us.

With my sincere gratitude,



Susan W. Fox, PhD

President & CEO



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ATP, BCTS, FAOTA,
Chief Clinical Officer
Trupti Rao, PsyD,
*Director of Child Welfare
Services & Psychology
Training*



TOP: Left to right: Marlyn Pena, Alyssa Jacobs, Margaret Cunzio, Jewell Williams Johnson, Vedat Gashi, Chris Burdick, Susan Fox, Izel Obermeyer, Patricia Patrick

ABOVE & RIGHT: Izel Obermeyer, Chief Clinical Officer at WIHD

WIHD's Mobile Medical Unit Hits the Road

WIHD is committed to increasing access to critical health services for individuals with disabilities. To further this mission, **we acquired a customized Mobile Medical Unit to allow delivery of care where the majority of our clients reside** thanks to generous funding from the Mother Cabrini Health Foundation and the J.E. & Z.B. Butler Foundation. The Mobile Medical Unit will be hitting the road in 2024 providing primary care, podiatry, occupational therapy, laboratory testing, and vaccinations to people with disabilities living in Westchester and Hudson Valley group residential programs. People with disabilities living in group residential programs often miss appointments at healthcare centers because of inadequate transportation and limited driver staffing. Residential programs indicated that a solution like WIHD's Mobile Medical Unit will help their residents get the care and health education they need more easily.



Hear from Our Client Ambassador

Jarely

Jarely's journey began when she was only 8 years old and her hearing loss was discovered during a routine hearing screening at her school. Her family found that WIHD was the best place to take her for help.

Jarely's journey has had its ups and downs, but her services through WIHD have remained constant. The very same audiologists at WIHD who gave Jarely her initial hearing exam 15 years ago are still monitoring her hearing, evaluating her hearing aids, ensuring she receives academic accommodations, and upgrading her technology to ensure she has the latest, including Bluetooth-enabled aids that hook up to her phone and video streaming.

She feels empowered to pursue her dreams. Jarely embodies the future that WIHD envisions -- that all people, including people with disabilities and vulnerable children, live fulfilling lives on the terms that work for them.

"Jarely is truly an inspiration and I have greatly enjoyed being a part of her hearing journey. Her family and school professionals have helped shape Jarely into being a true advocate for herself and she has taken that a step further with her career path. Hearing loss is known to cause significant global delays, especially in social development and confidence scales. Jarely's hard work and effort has allowed her to succeed in all of these aspects of her life and I am beyond proud to be her audiologist."

-DR. KRISTI D'AURIA,
AUDIOLOGIST AT WIHD

ABOVE RIGHT: Tech Owl PA Event-Katie Cohen (Assistive Technology Speech) and Melinda Dolezal (TRAID) and volunteers from Spin Masters and Tech Owl PA work with toy companies to adapt toys and improve accessibility in toy production.

"Do not let your disability hold you back from doing what you truly want to do. And speak up, you are your best advocate."



Allied Health Services

Evolving and Growing

WIHD's vision is to create Allied Health Services as an umbrella to house Assistive Technology, Speech and Language, Audiology, and Occupational Therapy. In 2023, we began to merge our Assistive Technology Program with the Speech & Hearing Center. Through this consolidation, we intend to streamline patient care and create a more coordinated and efficient set of services.

We increased staff with specific expertise, including in **bilingual speech-language, feeding, auditory aural rehab, adult aphasia**, and working with clients with complex communication needs who would benefit from augmentative and alternative communication (AAC). And the occupational therapy team began to expand beyond assistive technology services, to include **patient education, life skills, executive function and more**. We are looking forward to completing this integration and expanding our expertise in 2024.



My Disability Roadmap Wins an Emmy Award!

Dan Habib and Samuel Habib of WIHD won a News & Documentary Emmy Award for their short film,

My Disability Roadmap. Their New York Times Op-Docs film was honored at the September 27, 2023, ceremony held at the Palladium Times Square Theater in New York City. In the film, the father-son filmmaking team document the path to adulthood for Samuel, who lives with a rare neurodevelopmental disorder caused by a mutation in a gene known as GNAO1. Samuel seeks out guidance from America's most rebellious disability activists in his journey to learn how they built full adult lives — as a roadmap for himself and others. The film is being aired across the globe to promote inclusion, acceptance, and rights for people with disabilities. The full-length version of their film, *The Ride Ahead*, will be released in 2024.

ABOVE: Molly Comrie (Samuel's Direct Support Professional), Samuel Habib, Dan Habib, and Betsy McNamara (Samuel's mother and Dan's wife) on the Red Carpet at the News and Documentary Emmy Awards, September 27, 2023, NYC.

Self-Advocates Leading the Way

Leadership Program

In an innovative collaboration, WIHD's Self-Advocacy group has partnered with Volunteer NY! in the design and delivery of a leadership program specifically for adults with developmental disabilities.



This program is aimed to define leadership, highlight various leadership roles and traits, develop fundamental skills, and enhance motivational communication, all tailored to the unique needs of its participants. The goal is to foster a new generation of influential leaders who will drive positive change within the disability community.

This pioneering effort demonstrates the potential of targeted leadership training to harness the unique strengths of individuals with developmental disabilities, promising a brighter, more inclusive future.

The Speaker's Network

Access and inclusion in employment, healthcare, housing, and entertainment are important to everyone, including people with disabilities. WIHD's Self-Advocacy team has developed a Speaker's Network of individuals with disabilities who want to influence discussions and policies on these topics and others.

This program embodies the motto “nothing about us without us,” which underlines the importance of involving those with lived experiences in crafting solutions.

Over the last four years, this initiative has built a network of over twenty speakers, enriching discussions with their unique insights and promoting a fuller understanding of disability.

Claire Polin, Tammy Lin, Eleanor Evangelista, Claire's personal care assistant



Thank You for Joining Our Events

Captain Lawrence selected WIHD as the community nonprofit partner for one of their “Community Pints” events. We



were honored to have scores of our fantastic staff and Board members, longtime supporters, and new friends with us to raise awareness and fundraise for WIHD. Our supporters make a huge impact on the lives of people with disabilities, vulnerable children, and their families.



WIHD’s annual gala event “Celebrating Abilities” supports our mission to provide caring and compassionate services to people with disabilities and vulnerable children. This year, we were thrilled to celebrate our partnership

with NewYork-Presbyterian Westchester and the compassionate civic work of Natalie Santoro and Katherine A. Kelly.



Every September, the NYS Children’s Alliance organizes a virtual 5K run/walk/roll to end child abuse. The funds raised support the Children’s Advocacy Center (CAC) at WIHD.

Alpha Kappa Alpha Ensures Children in Child Welfare are Prepared for School

We couldn’t be more grateful for the dedicated members of the Alpha Kappa Alpha Sorority, Inc. who continuously donate their time, resources, and talents to WIHD. This year, they again donated backpacks, school supplies, and winter coats to children participating in WIHD’s Child Welfare programs in Westchester County. These were gifted to the children in our Every Family Counts program, which supports families as they are reunifying after foster care as well as Project IMPACT, which provides parenting support to adults with intellectual disabilities whose children are at risk of foster care placement.

*We received approximately
30 backpacks,
45 school supply kits
which contained
a variety of schools supplies
and 41 coats.*



TOP: WIHD Staff enjoy an evening at Captain Lawrence

CENTER: Natalie Santoro with her family, Mission Family Awardees

ABOVE: WIHD Employee, Katie Myhren, with her family at the 5K

RIGHT: Susan Bailey, Lori Hardy, Marie Houston, Bonnie Williams, Sheila Giddings, Bonnie Williams, Linda Robertson, Sheretta Walthall

An Enduring Legacy in Our Children's Advocacy Center

The Children's Advocacy Center (CAC) at WIHD is where children and teens with concerns for abuse are evaluated in a multi-disciplinary manner including medical, law enforcement, child protective services, and mental health. The goal of the CAC team is to provide a coordinated response in a neutral, safe and child-friendly environment. Established in 2002, WIHD's forensic medical programs cover most of the Hudson Valley.

Dr. Beth Reiman retired after 35 years at WIHD. She led the CAC with her unique and impactful skillset and compassionate nature. She leaves behind a legacy of modeling patience, balance, objectivity, hard-work, personal and professional growth, and respect. Her presence will be sincerely missed, but her impact will be felt for decades to come.

Congratulations to Dr. Reiman on a remarkable career.

"I hope what I have accomplished here is to create an environment where we are providing the best forensic interviews possible with the most trained, most culturally aware, most developmentally sensitive group."

– DR. BETH REIMAN



"The Children's Advocacy Center begins that healing process for children and we make sure that children and families heal and have successful outcomes in the healing process." – DR. BETH REIMAN



Our Impact



Health Services

Providing high quality, person-centered care through integrated primary and specialty medical services to **3,097** adults with disabilities.



Dental Service

Delivering oral health care to **3,108** children and adults with disabilities.



Behavioral Health

Meeting the unique psychiatric and psychological needs of **1,097** children and adults with disabilities.



Speech and Hearing

Evaluating, diagnosing and treating the speech and hearing of **1,898** children and adults to improve communication and cognition.



Assistive Technology

Enhancing quality of life across the lifespan by identifying and adapting technology and strategies that improve day to day living in areas like **mobility, communications, and computer access.**



Early Intervention Service Coordination

Assisting **4,170** families in navigating eligibility and finding services to ensure the best start for their child from birth to three years of age.



Child Welfare Services

Improving the health and well-being of over **300** children in Westchester County at risk of child welfare involvement or during foster care placement and return home.



Children's Advocacy Center

Assessing children with **suspected sexual and/or physical abuse** in a neutral and child-friendly environment.



Community Support Network

Promoting **self-advocacy, independence, and inclusion** of people with disabilities at all stages of life through professional education, community training, and technical assistance. **Empowering self-advocates** to share their lived experience to impact change.



Inclusive Communities

Utilizing the power of documentary films to promote **inclusion, acceptance, and rights** for people with disabilities.



Leadership Education in Neurodevelopmental and related Disabilities (LEND)

Preparing future leaders from diverse professional backgrounds for **careers working in disability-related fields.**



Research

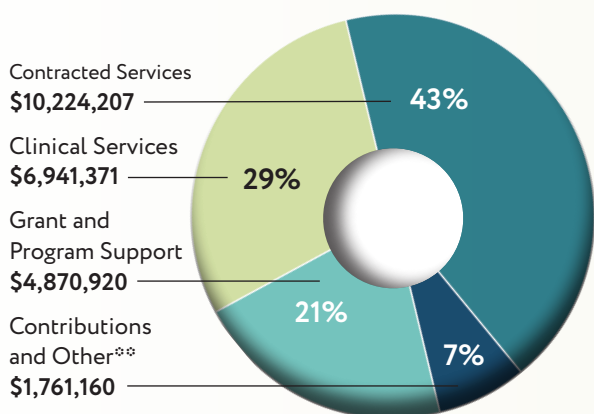
Informing the fields of disability and child welfare by undertaking innovative research and disseminating information broadly.

"It's unique to have all these services under one roof. It's cohesive, holistic and organized and it allows you to see one practitioner and then be referred to others.."

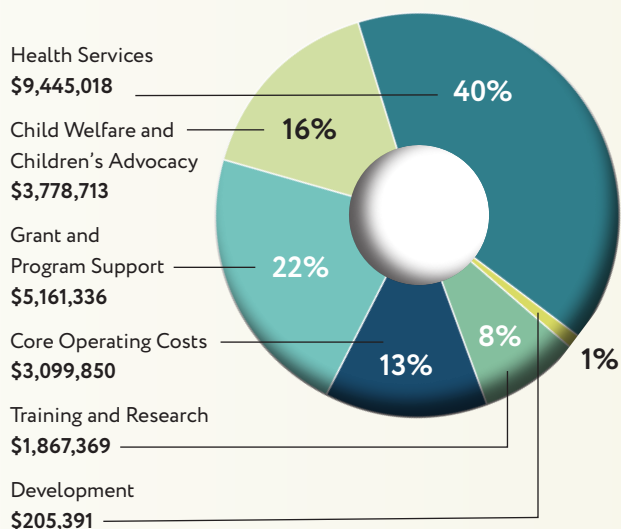
WIHD Community Member

Our Financials

Statement of Revenue and Expenses*



REVENUE TOTAL
\$23,797,658



EXPENSE TOTAL
\$23,557,677

Statement of Financial Position*

AS OF DECEMBER 31, 2023

ASSETS

Current Assets

Cash	\$5,924,508
Investments, at market value	4,423,049
Receivables	
Medical	829,280
Other	3,993,838
Prepaid expenses	234,518
Total Current Assets	15,405,193
Operating lease right of use asset, net	2,922,365
Financing lease right of use asset, net	19,715
Property and equipment, net	780,685
Total Assets	\$19,127,958

LIABILITIES AND NET ASSETS

Current Liabilities

Accounts payable and accrued expenses	\$490,802
Accrued payroll and compensated absences	966,194
Due to third party payors	957,697
Refundable advances	8,036
Current portion of operating lease liability	2,331,972
Current portion of financing lease liability	14,921
Total Current Liabilities	4,769,622

Operating lease liability, less current portion	590,393
Financing lease liability, less current portion	5,013
Total Liabilities	5,365,028

Net Assets

Without donor restrictions	12,827,574
With donor restrictions	935,356
Total Net Assets	13,762,930

Total Liabilities and Net Assets \$19,127,958

* FIGURES REFLECT UNAUDITED FINANCIAL STATEMENTS FOR 2023.

** INCLUDES UNREALIZED INVESTMENT GAINS OF \$492,703.

Thank You to Our Donors

WIHD appreciates the generosity of each and every one of our donors. Without your support, we could not carry out the many critical programs at WIHD. Thank you for your dedication to our mission over the years.

The following list acknowledges gifts made to WIHD in 2023. Please let us know if your name or that of your company, foundation, or organization is missing or printed incorrectly.

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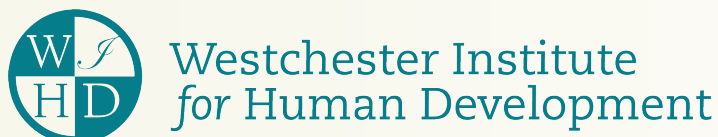
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