

## Transition Planning Timeline: Pre-School

This document provides knowledge of different resources and supports to help parents/caregivers plan for transitions throughout their child’s life experience from pre-school to adulthood.

Student Age/Grade Level	Action	Meeting Dates*	Notes
3-5 years (Pre-School)	<ul style="list-style-type: none"> <li><input type="checkbox"/> Call your local health department’s <a href="#">Children and Youth with Special Health Care Needs (CYSHCN) program</a> for resources and support in your community.</li> <li><input type="checkbox"/> Review eligibility criteria for <a href="#">OPWDD (Office for People with Developmental Disabilities)</a> services and apply if applicable.</li> <li><input type="checkbox"/> Get connected with <a href="#">Parent to Parent of NYS</a> and <a href="#">Families Together in New York State</a> for support.</li> <li><input type="checkbox"/> Connect with one of the three NYS University Centers for Excellence in Developmental Disabilities (UCEDDs) for resources and support.</li> <li><input type="checkbox"/> Apply for <a href="#">SSI (Supplemental Security Income)/Medicaid</a> (based on student’s disability and family income).</li> <li><input type="checkbox"/> If eligible for Medicaid, find and enroll with a <a href="#">Children’s Health Home</a>.</li> <li><input type="checkbox"/> Set up <a href="#">ABLE (Achieving a Better Life Experience) Account</a>.</li> <li><input type="checkbox"/> Familiarize yourself with CPSE*, CSE* &amp; IEP* contacts as needed.</li> </ul>		

\*Examples of meetings: initial Individualized Education Program (IEP) meeting, annual review, meetings requested by parent, transition meeting from Early Intervention to Committee on Preschool Special Education (CPSE), transition meeting from CPSE to Committee on Special Education (CSE), final IEP meeting.

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## Other Resources: Pre-School

### Education

[NYS 529 College Savings Program](#). A type of investment account used for higher education savings, which can offer different tax benefits for families. Parents, grandparents, other relatives, and friends can open a 529 account, as long as they are a United States Citizen or resident alien.

[Office of Special Education \(OSE\) Educational Partnership](#). A coordinated and cohesive network of support focused on enhancing services and supports for students with disabilities from early childhood and school-age education to engagement in post-school opportunities. This list contains contact information for each Regional Team across New York State.

### Funding Sources

[ABLE-NY](#). Tax-advantaged savings programs for eligible people with disabilities (or designated beneficiaries). Funds from these 529A accounts can help designated beneficiaries pay for qualified disability expenses.

[Office for People with Developmental Disabilities \(OPWDD\)](#). Coordinates services for people with developmental disabilities, including intellectual disabilities, cerebral palsy, Down syndrome, autism spectrum disorders, Prader-Willi syndrome, and other neurological impairments. For eligibility and application information call 866-946-9733.

[Supplemental Security Income \(SSI\)](#). To determine eligibility and apply for SSI 800-772-1213.

### Health

[Got Transition®](#). A federally funded national resource center on health care transition (HCT). Its aim is to improve the transition from pediatric to adult health care through the use of evidence-driven strategies for clinicians and other health care professionals; public health programs; payers and plans; youth and young adults; and parents and caregivers.

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### Independent Living and Transportation

[New York State Technology Related Assistance for Individuals with Disabilities \(TRAID\) Program.](#) Assist individuals with assistive technology services and devices 800-624-4143.

### New York State and National Resources

[New York State Department of Health Children and Youth with Special Health Care Needs \(CYSHCN\) Program.](#) A program which seeks to improve the system of care for children and youth with special health care needs from birth and up to 21 years of age and their families. CYSHCN program specialists at your local health department can help you find information regarding insurance, provider referrals, peer and parent support groups, financial assistance, transportation, advocacy groups and so much more. [Find your local CYSHCN program.](#)

[New York State Education Department A Resource to Special Education Support Services From Birth to Third Grade.](#) A comprehensive guide to navigating special education systems including overviews of Early Intervention and other programs and services available to preschool and school aged children with disabilities in New York State.

[New York State Office of Children and Family Services HEARS \(Help, Empower, Advocate, Reassure, Support\) Family Line.](#) A help line which assists parents and families by providing resources and referrals to a variety of services including food, clothing, housing, medical and behavioral health care services, parenting education and childcare. 1-888-55HEARS (1-888-554-3277) Monday through Friday from 8:30 a.m.-4:30 p.m.

### Recreation and Leisure

[Include New York City \(NYC\).](#) Links to New York City recreation programs.

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**Regional Resources – New York State University Centers for Excellence in Developmental Disabilities**

New York City and Long Island

[Rose F. Kennedy UCEDD at Einstein/Montefiore](#)

Mid-Hudson; Capital Region; Mohawk Valley; North Country

[Westchester Institute for Human Development](#)

Central and Western New York

[Strong Center for Developmental Disabilities at the University of Rochester](#)

*Funded by the New York State Department of Health using federal Health Resources and Services Administration Title V funding. The opinions, results, findings and/or interpretations of content contained therein are the responsibility of the Contractor and do not necessarily represent the opinions, interpretations, or policy of the State or Federal funding agency.*