COMMUNITY ACCESS FOR ALL

Children and Youth with Special Health Care Needs (CYSHCN)

A sense of community is vital for every individual, especially Children and Youth with Special Health Care Needs (CYSHCN). Community provides belonging, socialization, independence, enrichment, and skill-building.

Community access and participation can be challenging for CYSHCN families. Here is what they say:

Anxiety, stigma, criticism about behavior and other special health care needs

Behaviors can impact community engagement

Lack of community awareness and accommodations

Limited opportunities to participate

Disability-specific events can be accommodating and less stigmatizing

Community integration promotes positive experiences

Building Community Together

Local Health Departments have CYSHCN Programs with information, referral and advocacy resources to help families.

> Connect with your local CYSHCN Program at: www.health.ny.gov/contact/contact_information/

Check out these social and recreation options for New York CYSHCN families:

Fitness Inclusion Network (Fit IN) bbi.syr.edu/projects/fit-in-network/



Recreation Programs aptany.org/general/custom.as <u>p?page=93</u>

Justice Center justicecenter.ny.gov/recreation

> Parent to Parent NY <u>ptopnys.org</u>





Adaptive Winter Sports Program nyconnects.ny.gov/services/adapti ve-winter-sports-program-422

Accessibility with Disabilities dec.ny.gov/about/580.html

Adaptive Skiing

iloveny.com/things-todo/winter/adaptive-skiing/







