

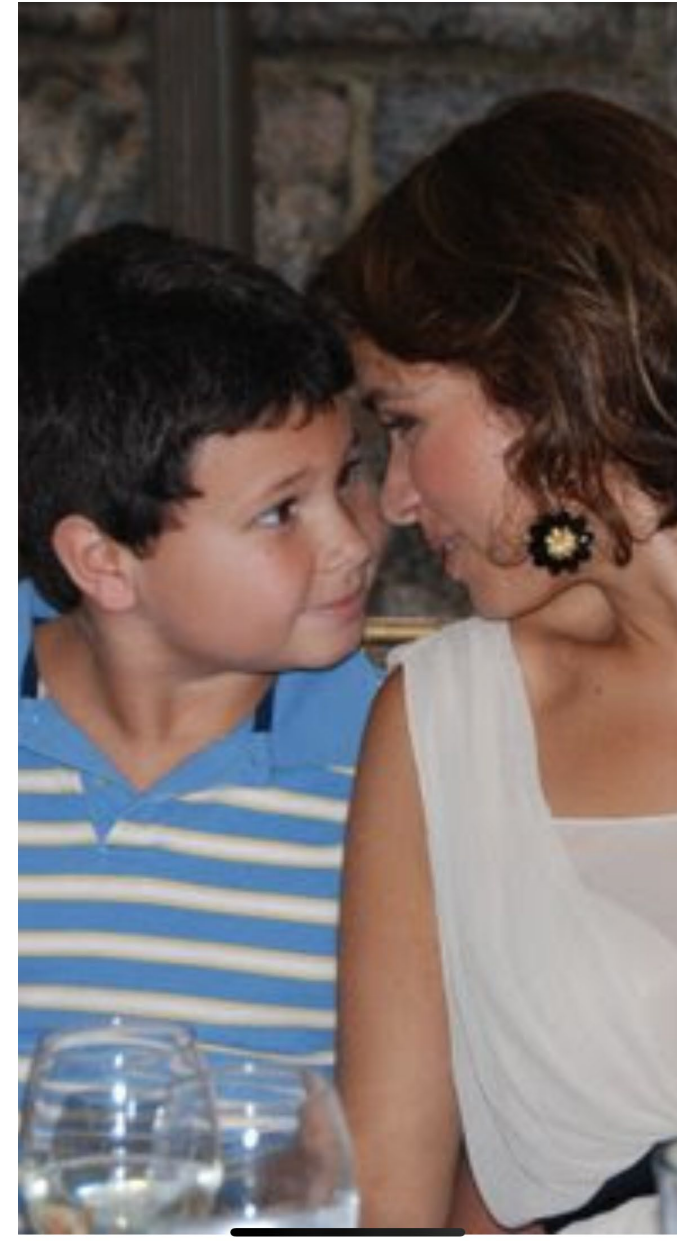


Supporting the Family's Journey Through The Residential Experience.

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- Valerie Colavecchio-Dill
- Heather Walters

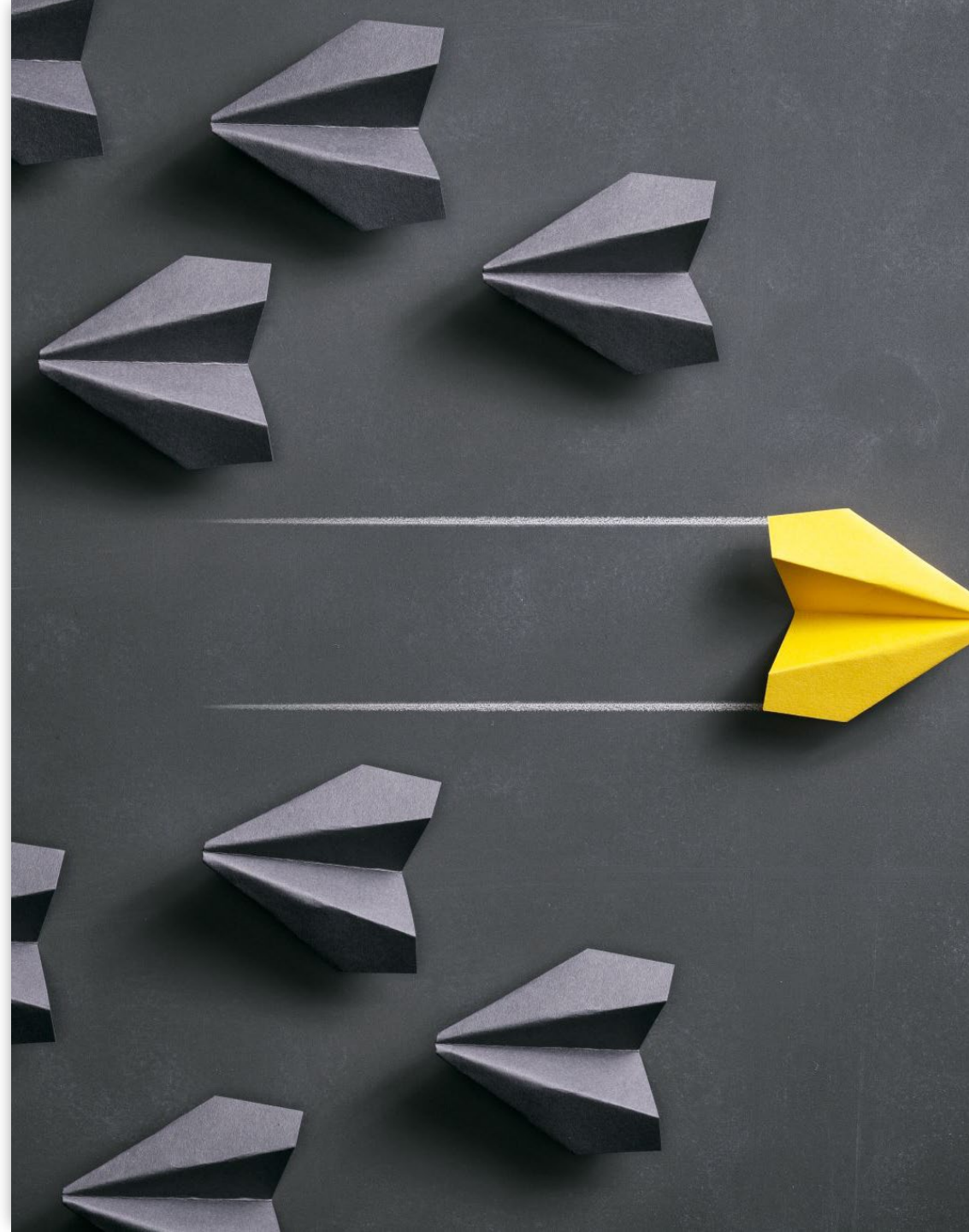
My Journey to Residential Care for my son:

- Understanding his needs vs. my needs.
- Believing in his capacity to grow up.
- Accepting the limitations of home care without feeling like a failure.
- Considering the needs of my whole family.



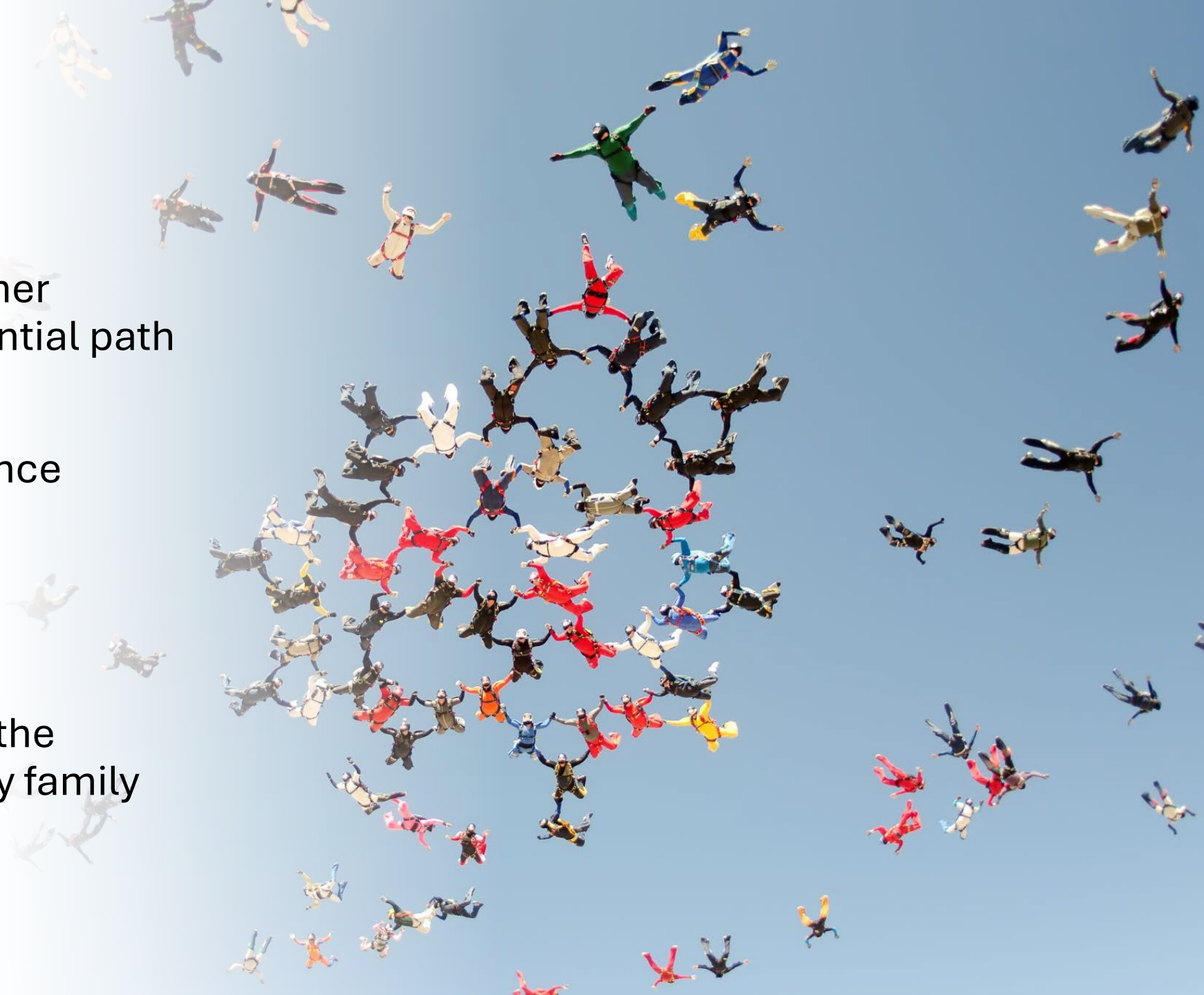
The beginning of the residential journey

- Choosing the right school:
 - Isolating
- Difficult to know what I was looking for in a school?
- How honest can I be?
- Making an important decision in my most vulnerable time as a parent.



Building my tribe

- It was hard to find other families in the residential path
- It is a unique experience
- I felt judged
- I wanted support for the emotional journey my family was going through.



Connecting with Parent to Parent of NYS

1

Finding a place where it was ok to focus on me.

2

Learning from others in a similar path.

3

Understanding my parenting role in a residential school.

4

Learning how to build community in a residential school.



A lifelong journey of learning.

Collaboration	Learning to work with staff.
Communication	Learning to communicate my needs as a parent.
Conflict Resolution	Learning to keep my cool and solve conflicts early
Gratitude	Learning to appreciate the support of others

When is it time for a residential placement?

There is no right or wrong time

If you are considering it at all....
Just DO IT!

This process takes time and you
can always say NO



A close-up photograph of a spiral-bound notebook. The notebook is open to a page with horizontal lines. A white pen with a silver tip is resting on the page. The spiral binding is visible on the left side. The background is a plain, light color.

Getting Started With the Residential Process

New Webinar offered on a bimonthly basis online to provide an overview of the process of applying for residential services.

EMPOWERMENT
AND
UNDERSTANDING



Section 3: Identifying Level of Support Needed and Preferences

Think about these questions when considering a residence

- **Who:** Who do you want your person to live with? How important is age and gender of the residents to you? The number of residents?
- **What:** What's your top priority when considering a home for our person? What is negotiable? Non negotiable?
- **Where:** Is location important? Are you looking to move to a different part of the state? How far are you willing to travel to visit your person?
- **When:** When is placement needed?

Certified Residential Opportunity (CRO) Referral



Office for People With
Developmental Disabilities

CERTIFIED RESIDENTIAL OPPORTUNITIES RESIDENTIAL REFERRAL

Instructions: As indicated in the Protocol for Certified Residential Opportunities (CRO), the service coordinator/referral source should complete this form when referring an individual to the CRO Team for consideration. The CRO Team receives, reviews, and processes all residential referrals then will assign a level of need designation utilizing OPWDD's Statewide Criteria (see below). The CRO Team will notify the service coordinator/referral source of the level assigned, in writing, within 5 business days of receiving the complete referral packet. *Note: incomplete referrals are returned to the service coordinator. Missing information will be identified in the "Referral Incomplete: Additional Information Required" section at bottom of this form.*

BASIC DEMOGRAPHICS

Individual's Name: _____	DOB: _____ Gender: _____	Street Address: _____ City: _____ State: _____ Zip Code: _____
TABS #: _____ ISPM Score: _____	OPWDD Eligibility Confirmed: <input type="checkbox"/> Yes* <input type="checkbox"/> No <i>*eligibility letter must be attached</i>	HCBS Enrollment Pending: <input type="checkbox"/> Yes <input type="checkbox"/> No Effective Date of HCBS Waiver NOD: _____
Current Living Situation: <input type="checkbox"/> Family Care – <i>specify agency:</i> _____ <input type="checkbox"/> ICF – <i>specify agency:</i> _____ <input type="checkbox"/> Supportive Apartment – <i>specify agency:</i> _____ <input type="checkbox"/> IRA – <i>specify agency:</i> _____ <input type="checkbox"/> Supervised Apt – <i>specify agency:</i> _____ <input type="checkbox"/> Other – <i>specify, including agency:</i> _____	Care Manager Name: _____ Care Coordination Organization: _____ Phone Number: _____ Email Address: _____ CM Supervisor Name: _____ CM Supervisor Phone Number: _____	
Diagnosis (list all): _____ _____	Legal Representative Information Name: _____ Phone Number: _____ Email Address: _____	
If the individual is over the age of 18 and lives in their own apartment, will they accept a residential opportunity? <input type="checkbox"/> Yes <input type="checkbox"/> No <input type="checkbox"/> Individual is Under 18 If no, please explain: _____		

Section 8: Making the Transition

Create an “All About Me” form that includes

- a photo
- diagnoses
- allergies
- favorite foods
- favorite activities
- things that are calming
- things that are triggering
- how to know when I’m happy
- how to know when I’m sad

ALL ABOUT ME

My name is _____

I am _____ years old.

I am from _____

I am in Grade: _____

My birthday is: _____

My Self Portrait!

My top 5 favorite activities are:

1. _____
2. _____
3. _____
4. _____
5. _____

My favorite food is:

My favorite subject is:

My wish for this year is: _____

JOIN US:

- March 4th 1:30 pm
- May 14th 6:30 pm
- June 18th 11 am
- August 14th 6:30 pm
- Sept. 16th 1 pm
- Nov. 7th 6:00 pm
- Dec. 3rd 11 am



Monthly Residential Support Group

- For parents and caregivers with loved ones in any form of residential placement

Meets the Second Thursday of each month

Residential School
Certified Residence
Apartment





Connect with other Caregivers

- Safe space for open discussion
- Share or just listen
- Talk about common concerns
- Guest speakers
- Gain knowledge and information
- Relieve stress
- Volunteer support parents

What Caregivers Say about the Group

- This group has gotten me through some tough times.
-
- I love the community Parent to Parent has created. These parents really understand me.
-
- This is the only time I get to really get to talk openly about my child.
-
- I appreciate the support I get from everyone.
-
- Placing my adult son was a very hard decision to make. I am always worried. This group allows me to talk about it.
-
- I get good ideas on how to deal with the staff, how to work with the team

Questions





Contact Us

- <https://www.ptopnys.org/>
- 5 Regional Offices throughout the State- Upstate East, Upstate West, Long Island, Staten Island and NYC
- For general inquiries, e-mail info@ptopnys.org
- [\(800\) 305-8817](tel:8003058817)