

Richmond Community Services (RCS) Day

▶ Habilitation Programs

Our Mission: Richmond Community Services, in partnership with all members of the community, supports children and adults with developmental disabilities and their families, to achieve the highest quality of life through individualized services, life-enhancing strategies, education, and advocacy, with particular expertise in meeting the needs of those with complex health issues.



RICHMOND
COMMUNITY
SERVICES

RCS Day Habilitation locations



272 N. Bedford Road, Mt. Kisco
capacity 90 participants



1291 Saw Mill River Road, Yonkers
capacity 30 participants



How are RCS Day Habilitation Programs Different from Other Day Habilitations?

RCS Day Hab Programs provide support to people with significant disabilities and complex medical needs, as well as participants with various levels of abilities

RCS Day Hab Programs embrace MOVE (Movement Opportunity Via Education/Experience) philosophy

RCS has a Physical Therapist who is a certified MOVE trainer and she leads the MOVE program, and trains staff



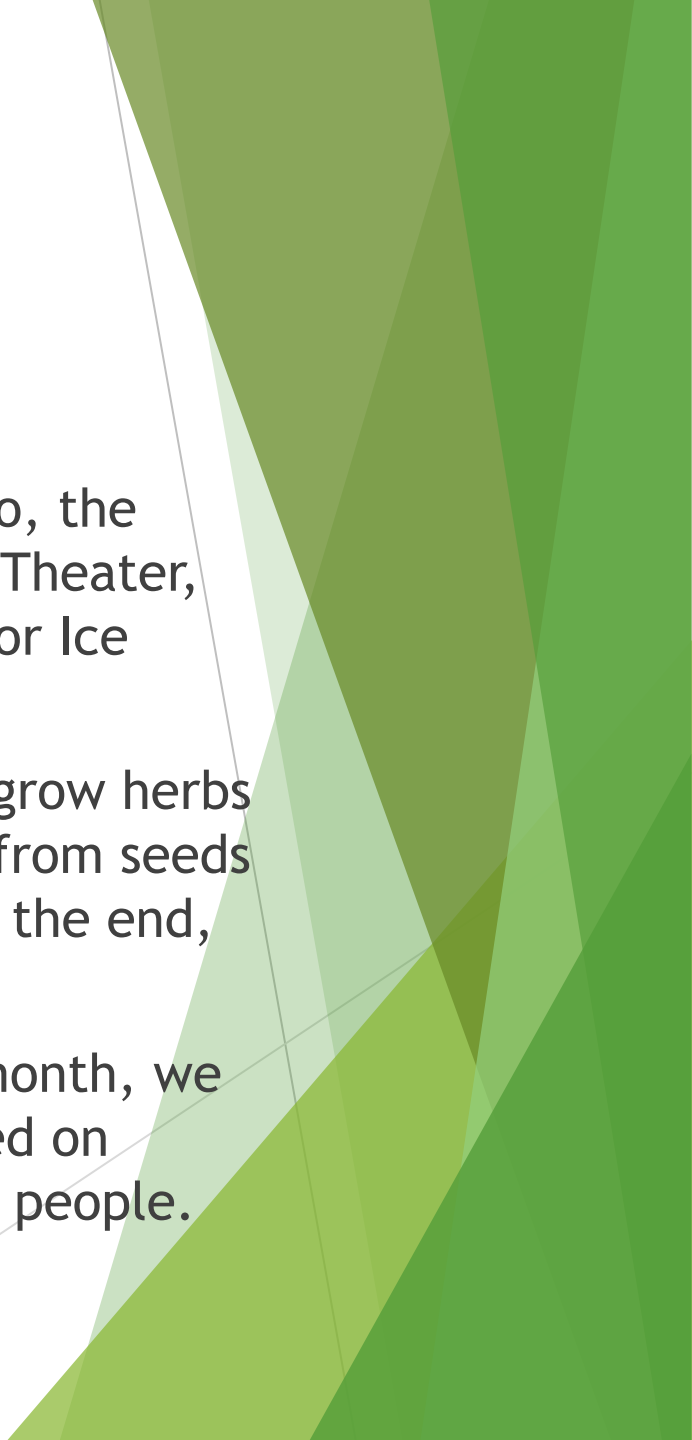
MOVE philosophy

- ▶ MOVE for Adults (Mobility Opportunities Via Experience)® is an activity-based curriculum designed to enable adults with movement disorders and developmental or complex disabilities to participate in activities, explore environments, and make informed choices
- ▶ MOVE uses Rifton equipment designed to support participants in activities and allow them movement they don't have. We use Rifton chairs, standers, walkers, trams, and changing stations.
- ▶ While we don't provide a full MOVE curriculum, we use the MOVE philosophy of supported movement of all Day Hab participants.





Recreation

- ▶ We creatively plan recreational activities
 - ▶ Places our participants visit include the Bronx Zoo, the Pottery Factory, Chuckie Cheese, Arcades, Movie Theater, Local Museums, Apple Picking, Parks, King Cone for Ice Cream, Arts and Craft Stores
 - ▶ Our Horticultural Program allows participants to grow herbs and vegetables in hydroponic towers. They start from seeds and assist with watering and caring for plants. At the end, they enjoy a nice salad!
 - ▶ Monthly “Around the world” celebration. Every month, we visit a different country, and activities are focused on learning about that country, its culture, food and people.
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Other Accommodations in RCS Day Hab.

Fully Equipped Sensory room to meet the needs of our participants

Computer Room with adaptive equipment to accommodate special or unique needs.



How is RCS Day Hab. Program “Person-Centered”

Monthly Meeting with Day Hab. Participants



All about Me meetings and Right of the Month.



Participants/families actively participate in setting goals and planning activities



What are RCS Day Hab. Program Staff Retention Rates?

- ▶ RCS Day Habs are close to fully staffed.
- ▶ We bring international staff on a three-year visa.
- ▶ We are proud of staff longevity.
- ▶ Consistent staff equals good care



How Participants are Assisted to Gain Skills and Independence

Physical skills (walking, sitting, transfers) are worked on through MOVE technics

Communication skills through the use of communication devices/iPads

Individualized goals and services for each participant



How does RCS Evaluate and Monitor Progress?

- ▶ The clinical team oversees and monitors all goals and seeks input from DSPs.
- ▶ Once the goal is met, a new one is identified.



How is this Information shared with Families?



WE MEET FORMALLY WITH FAMILIES DURING SEMI-ANNUAL AND ANNUAL MEETINGS AND MORE FREQUENTLY AS NEEDED (SIGNIFICANT CHANGE IN PERSON'S STATUS)



FAMILIES ARE NOTIFIED VIA PHONE CALLS, EMAILS, OR WHEN THEY VISIT THE DAY PROGRAM.

