## HEAR OUR VOICES



### The Speaker's Network Curriculum





### Meet The Team



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Program Manager





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Self-Advocacy Coordinator







### Our Mission

To empower self-advocates with the professional skills needed to share their lived experience in a way that reflects their advocacy goals and empowers them to create impact while respecting their individuality and personal boundaries.







## Our Methodology: Deconstructing a presentation.

Presentation skills coaching sessions.

Individual style and tone.

Individual interest





## Our curriculum delivery options.



10 SESSIONS DELIVERED REMOTELY.



4 HOUR SESSION - IN PERSON



1 HOUR PRESENTATION TO PROFESSIONALS.



PRESENTATIONS BY OUR SPEAKERS.





#### Our Content

#### Foundational skills

- Finding your tone and personality as a public speaker.
- Finding your topic as a public speaker.
- **Structuring a presentation.**
- **Choosing a presentation type that fits your**





#### Our Content

### Delivery skills

- ▲ Creating impact with your opening and closing statements.
- The art of Storytelling.
- Setting yourself for success on presentation day.
- A Panel participation strategies.



#### Our Content

Long-term skill building.

- Creating your public speaking career
- Crafting your introductory outreach email.
- **A** Taking charge of your public speaking career.



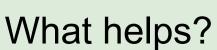


## What makes a good format for a presentation?











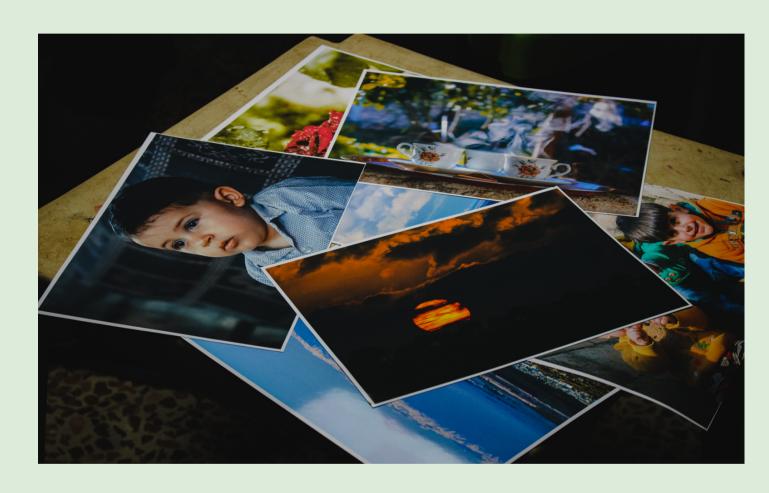
What hurts?







# Discovering your style



**Pictures** 



Bullet points on each page.





## The Art of Storytelling

Beginning	Middle	End
Mirroring	Obstacles	Reflection
Emotion	Tension	Insight
Intriguing	Mystery	Connection
A hook	Imagery	Unique perspective





## Our Facilitation Design.



"Nothing about us without us"



**Active Learning** 



Building a community of role models.



Learning from relevant experts.





## "Nothing about us without us"

- >>> Self-Advocates are part of the curriculum development team.
- >>> Self-Advocates are part of the facilitation team.
- Use of plain language in the content development.
- >>> Use of plain language in the session delivery.





## Active Learning

- Classes are designed with 15 minutes of instructional time and 45 minutes of group activity.
- >>> Participants are recruited with an understanding that active engagement is expected in the course.
- >>> Our goal is to have group discussions with back and forth between the students.
- >>> Emphasis on role plays, like a mock panel.





# Building a community of role models.

- >>> We incorporate self-advocates guest speakers in as many sessions as possible.
- >>> We want to encourage Peer to Peer Learning.
- >>> We want participants to meet self-advocates that are building a public speaking career.





# Learning from relevant experts.

- >>> Using examples for class discussion of famous speakers with disabilities.
- >>> We use TedTalks from speakers with disabilities to help participants develop their own style and tone as a speaker.





# Public Speaking as a lifelong journey.

- >>> We emphasize growth and not perfection.
- >>> We support them individually throughout the ten week course.
- >>> We support self-advocates by finding public speaking opportunities for them.
- >>> We provide ongoing feedback on their skills.





## Closing thoughts



We want to invite self-advocates to the decision making table and give them the skills they need to do so in a way that reflects their best self.



Sharing the individual journey should feel empowering.



Developing insights and reflections about the lived experience is an important part to a student's self advocacy journey.



The perspective of the lived experience is the most impactful one.





# Thank you!



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