Westchester Institute for Human Development Cedarwood Hall, Valhalla, NY 10595 (914) 493-8150 • wihd.org

CSN - Self-Advocacy Social Update!

January 2024

Hello everyone!

Let's stay connected. Here are some things happening you should know about. **January 2024 SA NEWSLETTER.**



Hear Our Voices group NEW events coming up,

The Hear Our Voices group for individuals with developmental disabilities to learn great information. Our next meeting is on **Wednesday, January 17th, 2024, 6pm - 7pm.** Join us for the conversation about **Supported Decision Making** with **Janine Belfast** Manager, Decision Making and Benefits Navigation Solutions at WIHD.



Please make sure you register in advance.

https://zoom.us/meeting/register/tJAoceCgqDssHtWuEVz5R1BELV8MOjLjY0GF#/registratio

n Hear Our Voices team is looking forward to seeing you all at the meetings



Are you having trouble finding a date or already in a relationship? Well, The Hear Our Voices have monthly group conversations about **DATING & RELATIONSHIPS** the next meeting is on **Tuesday**, **January 9th**, **2024**, **6pm** - **7pm** with **Claire Poiln** and **Nichole Hasting** <u>Please make sure you register in advance</u>.



https://zoom.us/meeting/register/tJlkcu6qrj0tH9OMNSu 93MBwagIZhNg3qnD#/registratio

n Hear Our Voices team is looking forward to seeing you all at the meetings **Thank You!**



GetWIHDit Social group events on zoom,

EVERY FRIDAY: My social group friends and I are going to play a fun game called Bunch app. On bunch app there is games like Mars Dash, playing pool and and so many other games. Come join us on zoom. Let me know if you are interested and I will send you the information.





SATURDAY: Would you like to join the GetWIHDit crew for fun Movies or Dave & Busters or bowling on Saturday. If you are interested, let me know and I will send you more information about events.





SUNDAY: Would you like to join the GetWIHDit crew for fun football games. If you are interested, let me know and I will send you more information about events





If you need help creating a Facebook account or any other social media account, I can show you how. If you would like to join my (<u>PRIVATE</u>) Facebook social groups or have any questions, just send me an email and I will send you more info about my social groups.



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