



CSN – Self-Advocacy Social Update!

November 2023

Hello everyone!

Let's stay connected. Here are some things happening you should know about.

November 2023 SA NEWSLETTER.

HOV Self-Advocating group NEW events,

The Hear Our Voices self advocacy group at WIHD supports individuals with developmental disabilities in learning useful information. Our next meeting is on **Wednesday, November 15th, 2023, 6pm - 7pm**. Join us for a **Winter Fitness with Will Drew**, Physical Therapist

Please make sure you register in advance.

<https://zoom.us/meeting/register/tJAoceCgqDssHtWuEVz5R1BELV8MOjLjY0GF#/registration>



GetWIHDit Social group events on zoom,

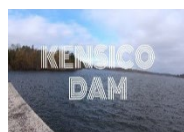
EVERY FRIDAY: My social group friends and I are going to play a fun game called Bunch app. On bunch app there is games like Mars Dash, playing pool and and so many other games. Come join us on zoom. Let me know if you are interested and I will send you the information.



SATURDAY: Would you like to join the GetWIHDit crew for fun Movies or Dave & Busters or bowling on Saturday. If you are interested, let me know and I will send you more information about events.

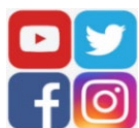


SUNDAY: Would you like to join the GetWIHDit crew for Sunday Kensico Dam walk or football games in nice sunny weather. If you are interested, let me know and I will send you more information about events.



SANYS Regional Leadership meetings:

There is a great self-advocacy organization called **SANYS**. They have Zoom meetings every month and their next SANYS Regional Leadership meeting is on **Tuesday, December 5th 2023 at 12 PM – 2 PM**. Here is the zoom link and dial-in information: <https://zoom.us/j/92281612488> Call-In: (929) 205-6099 Meeting ID: 922 8161 2488.



If you need help creating a Facebook account or any other social media account, I can show you how. If you would like to join my (**PRIVATE**) Facebook social groups or have any questions, just send me an email and I will send you more info about my social groups.

Email: **Brendan Klein** bklein@wihd.org.