

# COMMUNITY ACCESS FOR ALL

## Children and Youth with Special Health Care Needs (CYSHCN)

A sense of community is vital for every individual, especially **Children and Youth with Special Health Care Needs (CYSHCN)**. Community provides belonging, socialization, independence, enrichment, and skill-building.

Community access and participation can be challenging for CYSHCN families. Here is what they say:

*Anxiety, stigma, criticism about behavior and other special health care needs*

*Behaviors can impact community engagement*

*Lack of community awareness and accommodations*

*Limited opportunities to participate*

*Disability-specific events can be accommodating and less stigmatizing*

*Community integration promotes positive experiences*



## Building Community Together

Local Health Departments have CYSHCN Programs with information, referral and advocacy resources to help families.



Connect with your local CYSHCN Program at:  
[www.health.ny.gov/contact/contact\\_information/](http://www.health.ny.gov/contact/contact_information/)



### Check out these social and recreation options for New York CYSHCN families:

#### Fitness Inclusion Network (Fit IN)

[bbi.syr.edu/projects/fit-in-network/](http://bbi.syr.edu/projects/fit-in-network/)



#### Camps & Recreation Programs

[needymeds.org/camps/list\\_aos\\_camps/NY/State](http://needymeds.org/camps/list_aos_camps/NY/State)

#### Justice Center

[justicecenter.ny.gov/recreation](http://justicecenter.ny.gov/recreation)

**Parent to Parent NY**  
[ptopnys.org](http://ptopnys.org)



#### Adaptive Winter Sports Program

[nyconnects.ny.gov/services/adaptive-winter-sports-program-422](http://nyconnects.ny.gov/services/adaptive-winter-sports-program-422)

#### Accessibility with Disabilities

[dec.ny.gov/about/580.html](http://dec.ny.gov/about/580.html)

#### Adaptive Skiing

[iloveny.com/things-to-do/winter/adaptive-skiing/](http://iloveny.com/things-to-do/winter/adaptive-skiing/)



Montefiore

