



Renewal and Growth

Annual Report 2022



Westchester Institute
for Human Development

WIHD is a University Center of Excellence in Developmental Disabilities and is dedicated to improving the lives of people with disabilities and vulnerable children through professional education, direct service provision, and innovative research. We are a key regional resource providing medical, dental, clinical and social services to individuals with disabilities, vulnerable children, families and professionals. Everything we do is guided by our vision of a future in which all people, including people with disabilities and vulnerable children, live healthy and productive lives as full members of society.

Westchester Institute for Human Development complies with applicable Federal civil rights laws and does not discriminate on the basis of race, color, national origin, age, disability, or sex.

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A Message from our President & CEO

Susan W. Fox, PhD

The theme of this year's annual report is renewal and growth. As we emerge from the three years of the COVID-19 pandemic, WIHD has utilized all we learned through this experience to strengthen our programs, formalize strategies that have proven successful, and pursue new program opportunities. We are settling into our "new normal" work environment and building on the successful strategies employed during the pandemic for hybrid work; virtual education, training, and outreach; telehealth; and teletherapy. We have established new programs to support employment for young adults with disabilities; a speaker's network to empower self-advocates; and parent-child therapeutic interventions in early intervention. This has truly been a year of renewal and growth for WIHD!

I continue to be so proud to work with such a talented and impressive group of professionals who are dedicated to improving the lives of people with disabilities, vulnerable children, and families. We continue our deep reflection and commitment to increasing diversity, equity and inclusion across the organization. Our values, programs, services, and staff reflect that commitment and we continue to learn and grow as we continue this journey.

Please enjoy this report, which reflects the important work happening across all of our programs to support those who rely on WIHD for our critical services. Thank you for your continued support, friendship, and partnership. It means everything to us.

With my Sincere Gratitude,



A handwritten signature in black ink that reads "Susan W. Fox". The script is elegant and cursive.

Susan W. Fox, PhD
President & CEO



50 years at Cedarwood Hall

2022 marked fifty years at WIHD's main site, Cedarwood Hall, located in Valhalla, NY. WIHD was established in 1950 as an institute within New York Medical College and we moved from our original location in NYC to Cedarwood Hall in 1972. We celebrated the anniversary throughout the year with several employee recognition events.

WIHD is focusing on advancing Diversity, Equity and Inclusion (DEI) and Trauma Informed Care (TIC) throughout the organization.

This year we took a deep look at our organizational values to assure they align with our commitment to DEI and TIC.

WIHD is committed to cultivating an environment that values individual attributes, characteristics, and perspectives. We aim to increase awareness and promote diversity, equity and inclusion through education and continuous self-reflection and implementation of quality services, training and research to better meet the diverse needs of the individuals we serve.

New Program Spotlight

Project SEARCH

Project SEARCH is a globally renowned nine-month career development program for young adults with disabilities. The program is a collaborative partnership with school districts, WIHD, OPWDD, Ability Beyond and is hosted on the campus of NewYork-Presbyterian Westchester. Project SEARCH delivers a tight-knit group of about ten interns in their final year of high school or post-graduation with a combination of classroom instruction and real world internship opportunities. The goal is to equip interns for finding and keeping competitive employment. Over 75% of Project SEARCH graduates find competitive employment, as compared to just 20% of adults with disabilities nationwide.



Paul, one of our first interns, discovered his passion for pharmacy work and decided to pursue a pharmacy tech certificate.



The first cohort graduated in May 2022.

“

The main things that I learned:
If I set my mind to anything, with my improved self-esteem, I will do well.
Very important as well—don't be afraid to ask for help and learn new things!

Mindy, Project SEARCH Intern

Our Program Areas



Health Services

Providing high quality, person-centered care through integrated primary and specialty medical services to **4,500** adults with disabilities.



Dental

Delivering oral health care to **2,800** children and adults with disabilities.



Behavioral Health

Meeting the unique psychiatric and psychological needs of **1,100** children and adults with disabilities.



Speech and Hearing

Evaluating, diagnosing, and treating the speech and hearing of **1,100** children and adults to improve communication and cognition.



Assistive Technology

Enhancing quality of life across the lifespan by identifying and adapting technology and strategies that improve day to day living in areas like mobility, communication, and computer access.



Early Intervention Service Coordination

Assisting **3,400** families in navigating eligibility and finding services to ensure the best start for their child from birth to three.



Child Welfare Services

Improving the health and well-being of over **300** children in family foster care in Westchester County.



Children's Advocacy Center
at Westchester Institute for Human Development



Children's Advocacy Center

Assessing children with suspected sexual and/or physical abuse in a neutral and child-friendly environment.

Our Program Areas



Leadership and Self-Advocacy

Empowering self-advocates to share their lived experience to impact change.



Community Support Network

Promoting self-advocacy, independence, and inclusion of people with disabilities at all stages of life through professional education, community training, and technical assistance.



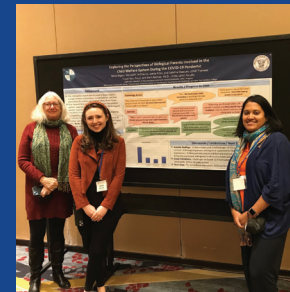
Inclusive Communities

Utilizing the power of documentary films to promote inclusion, acceptance, and rights for people with disabilities.



Leadership Education in Neurodevelopmental and related Disorders (LEND)

Preparing future leaders from diverse professional backgrounds for careers working in disability related fields.

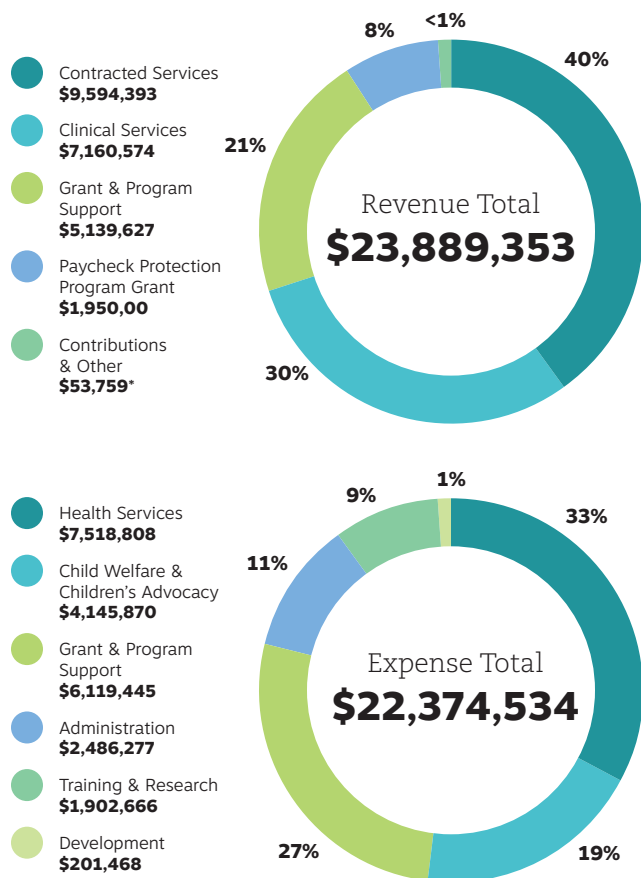


Research

Informing the fields of disability and child welfare by undertaking innovative research and disseminating information broadly.

Financials

Statement of Revenue and Expenses



*Includes unrealized investment losses of \$838,055.

Statement of Financial Position

As of December 31, 2022

Assets

Current Assets

Cash	\$6,098,824
Investments, at market value	\$3,848,830
Receivables:	
Medical	\$827,848
Other	\$4,110,155
Prepaid expenses	\$230,973

Total Current Assets \$15,116,630

Operating lease right of use asset, net	\$5,231,374
Financing lease right of use asset, net	\$34,502
Property and equipment, net	\$817,448

Total Assets \$21,199,954

Liabilities and Net Assets

Current Liabilities

Accounts payable and accrued expenses	\$553,454
Accrued payroll and compensated absences	\$918,786
Due to third party payors	\$932,268
Refundable advances	\$6,039
Current portion of operating lease liability	\$2,309,009
Current portion of financing lease liability	\$14,759

Total Current Liabilities \$4,734,315

Operating lease liability, less current portion	\$2,922,365
Financing lease liability, less current portion	\$19,931

Total Liabilities \$7,676,611

Net Assets

Without Donor Restrictions	\$12,843,107
With Donor Restrictions	\$680,236

Total Net Assets \$13,523,343

Total Liabilities and Net Assets \$21,199,954

THANK YOU TO OUR DONORS

WIHD appreciates the generosity of each and every one of our donors. Without your support, we could not carry out the many critical programs at WIHD. Thank you for your dedication to our mission over the years.

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thank you



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