

Westchester Institute for Human Development Cedarwood Hall, Valhalla, NY 10595 (914) 493-8150 • wihd.org

## CSN - Self-Advocacy Social Update!

March 2023

Hello everyone!

Let's us stay connected. Here are some things happening you should know about. **March 2023 SA NEWSLETTER.** 



## **HOV Self-Advocating group NEW events,**

The Hear Our Voices self advocacy group at WIHD supports individuals with developmental disabilities in learning useful information. Our next meeting is on **Wednesday**, **March 15th**, **2023**, at 6pm-7pm. Topic **Dating & Relationships for Individuals** with **Disabilities 101**,

The speaker: **Nichole Hastings & Claire Polin** work for WIHD as Coordinators of Self -Advocacy & Community Engagement. **Register in advance before HOV meeting.** https://zoom.us/meeting/register/tJ0rdumvrjouEtN-vTld7Fl4BX11GVlTqtyF



## GetWIHDit Social group events on zoom,

**EVERY FRIDAY:** My social group friends and I are going to play a fun game called Bunch app. On bunch app there is games like Mars Dash, playing pool and and so many other games. Come join us on zoom. Let me know if you are interested and I will send you zoom link and more information.



**SATURDAY**: Would you like to join the GetWIHDit crew for fun Movies or bowling or Dave & Busters on Saturday. If you are interested, let me know and I wil send you more information about events.



**SUNDAY:** Would you like to join the GetWIHDit crew for Sunday March Madress. If you are interested, let me know and I will send you more information about events.



## **SANYS Regional Leadership meetings**

There is a great self-advocacy organization called **SANYS**. They have Zoom meetings every month and their next SANYS Regional Leadership meeting is on **Tuesday, April 4th 2023 at 12 PM – 2 PM**. Here is the zoom link and dial-in information:



https://zoom.us/j/92281612488 Call-In: (929) 205-6099 Meeting ID: 922 8161 2488.



If you need help creating a Facebook account or any other social media account, I can show you how. If you would like to join my (<u>PRIVATE</u>) Facebook social groups or have any questions, just send me an email I will send you more info about my social groups. Email: Brendan Klein bklein@wihd.org.