



For the Hope and the How



Partnering with individuals with disabilities, their families, and others who support them,
to achieve success in education, employment, and healthy living.
Together, we transform communities to include everyone.

Visit us at www.starbridgeinc.org or call (585) 546-1700

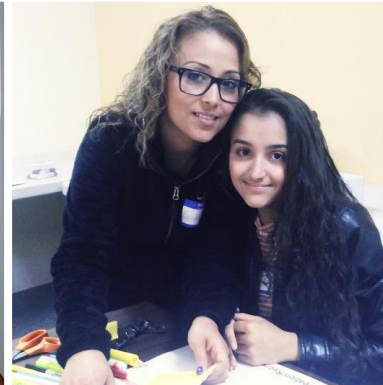




Starbridge touches the lives of **more than 11,000 people each year.**

Many of our services focus on the Greater Rochester and Finger Lakes regions of New York, while our Parent Center serves all of upstate New York. Our supports and services include:

- Special education navigation
- Employment
- Fiscal Intermediary
- TIES inclusive recreation
- Advocacy
- Employment Equity
- Self-Direction
- Workshops, webinars & conferences
- Family supports
- Community Habilitation
- Community Living



What is Self-Direction?
What's it all about?



Discuss Self-Direction vs Traditional Services

Learn how schools and agencies can help families prepare for Self direction and get information

Discover how school personal can support families in transition planning through Self-Direction

A spiral-bound notebook with a black cover and silver spiral binding is open to a blank page. The words "Today's Agenda" are written in black cursive on the page. To the right of the notebook is a silver pen with a black cap.

Today's
Agenda



Office for People With Developmental Disabilities

<https://opwdd.ny.gov/types-services/self-direction>



A care manager will help coordinate services across systems providing you one place to plan all your services needs

What can a Care Manager do?

Some of the services they help and support around are:

- Create a Life Plan
- Medical/health
- Nursing services
- Behavioral supports
- Medication updates/changes
- Staff action plan
- Habilitation needs

A person is standing in a vast, open landscape under a bright blue sky filled with large, fluffy white clouds. The person is holding a large, white sheet or paper in front of their torso, completely obscuring their face and upper body. Only their head and dark clothing are visible. The text "A Life Plan" is overlaid on the white sheet.

A Life Plan

Traditional model of services

The care manager can help take the lead in:

- Making sure the child or person with a disability has a life plan
- Connect families and the student with agencies that can provide the services they need
- Stay in touch and monitor how things are going

Live the
life you
want



Self – Direction model

You work with:

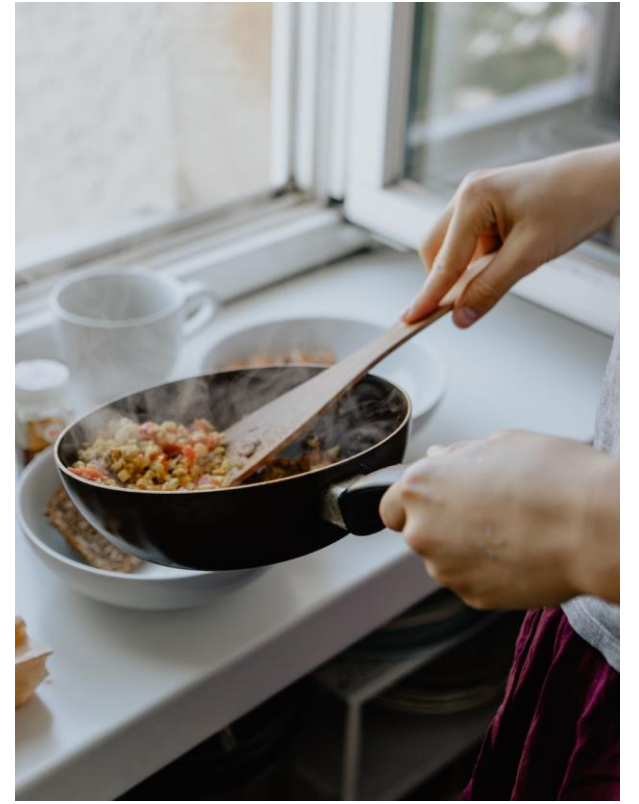
- A Care Coordinator

A Broker Support Brokers

- A Fiscal Intermediary agency or (FI)
- You can have a Circle of Support

It's My Life







**Let's Get
Started**

A flock of birds is flying in a V-formation across a sky with a sunset or sunrise color palette. The birds are silhouetted against the bright, warm light of the sun, which is partially obscured by soft, pinkish clouds. The overall mood is one of freedom and choice.

Choices

Freedom

Agencies that can help and support families

Recruiting, hiring and training staff

Brainstorming ways to pay for what you need

Ensuring the services documentation and state and Federal regulations are followed







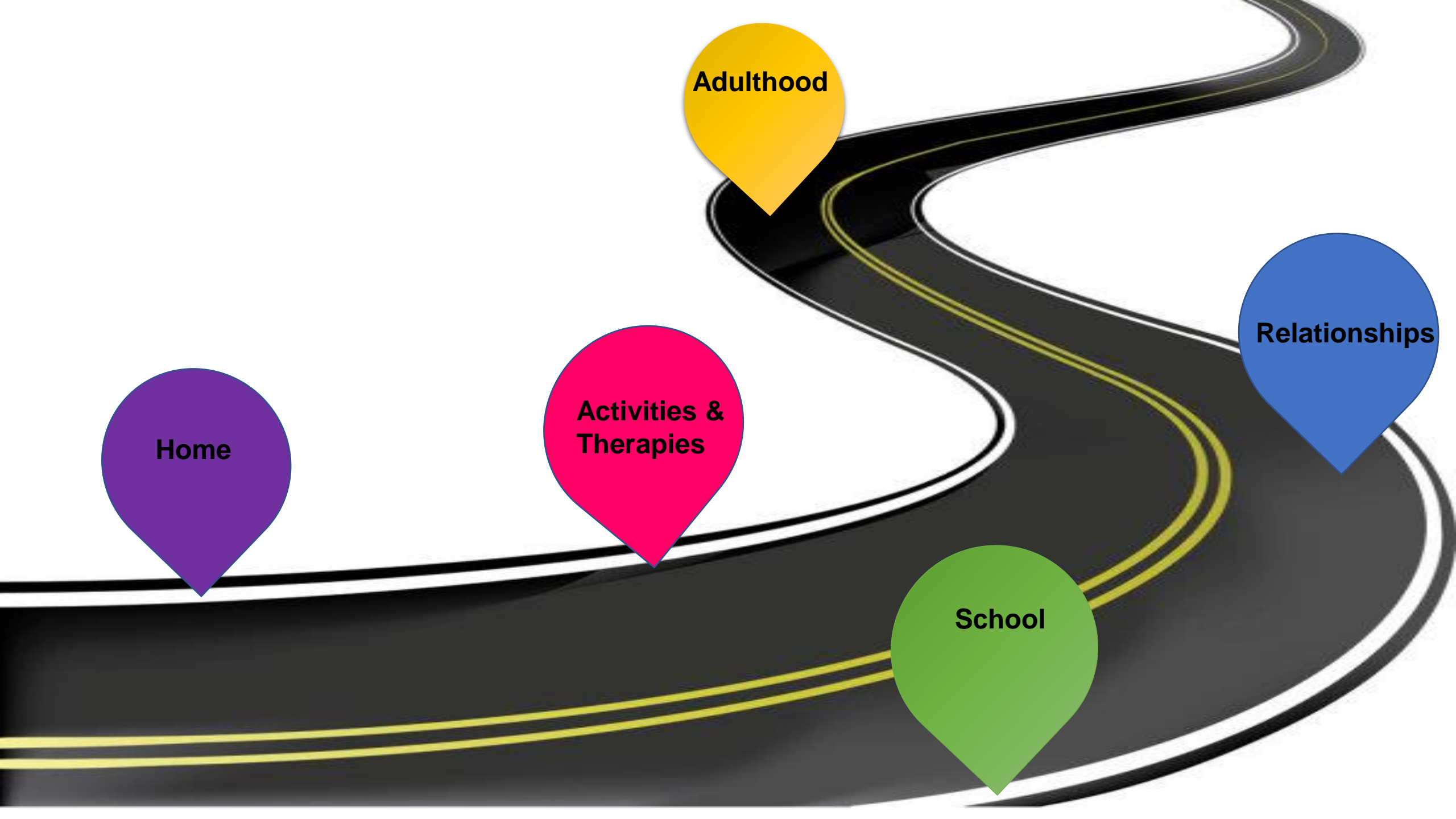


**Does your IEP have a
Vision Statement?**



Vision

GOAL



Home

**Activities &
Therapies**

School

Adulthood

Relationships



Home



Friends



Activities



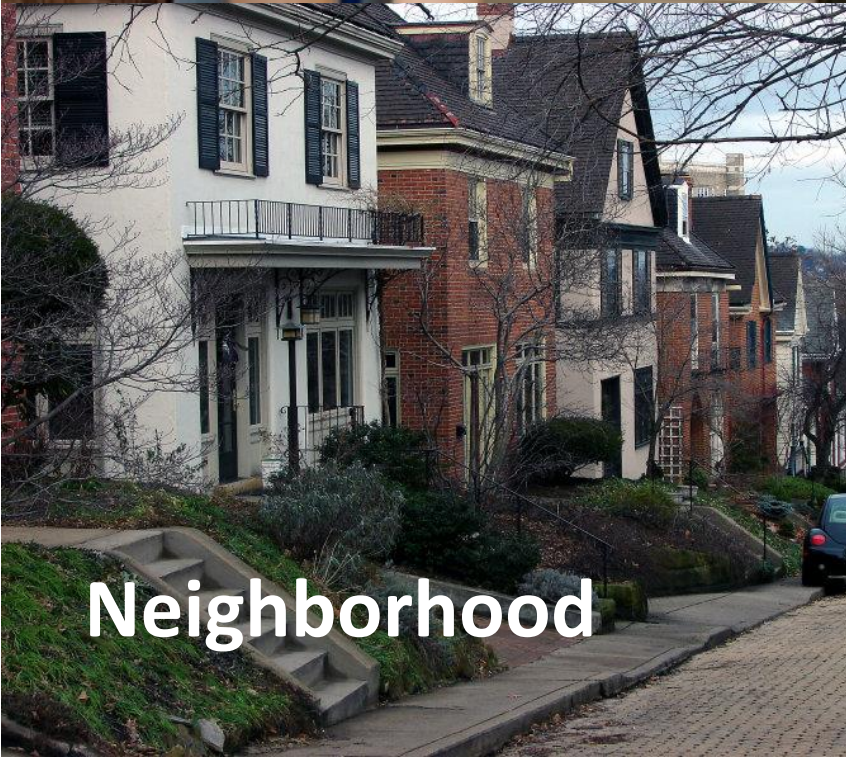
Careers



Roommates



Cleaning



Neighborhood



Laundry



Cooking

Build it with a Vision









**Critical thinking,
Communication,
Collaboration, &
Creativity**



CAREERS



A stack of four books is shown against a white background. The books are stacked vertically. The top book is orange and has the title 'Future Planning' in bold black text. The second book is light beige and has the title 'Self-Advocacy' in bold black text. The third book is black and has the title 'Employment' in bold white text. The bottom book is dark red and has the title 'Independence' in bold white text. The books are slightly offset to the right, creating a sense of depth.

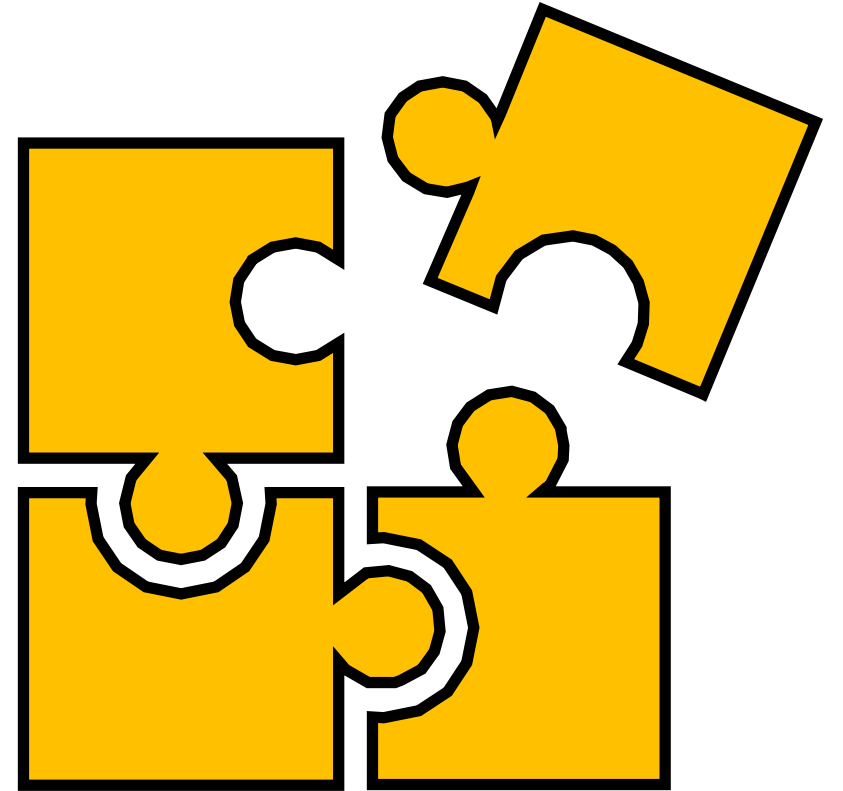
Future Planning

Self-Advocacy

Employment

Independence

**Nothing
About Me
Without Me!**





now
is the
perfect time.



Questions?

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