



Westchester Institute  
for Human Development

<https://www.wihd.org>

# *Welcome!*

**Community Support Network Transition Institute 2023**



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# Can Self Direction enhance My Life?

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- **What can I use my SD \$ for?**
- **What do I need to do?**
- **Benefits of SD**
- **Challenges of SD**
- **?????**



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# What can I use my SD \$ for?



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**Self Hired Staff: CH/ Respite/ Job Coaches**

**Traditional Agency Services: Day Programs, Employment Programs, Agency Staff, FSS and Respite Programs**

**Family Reimbursed Respite (\$3000)**



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**NY Camp (\$4000)**

**Community Classes**

**Health Club, Memberships (\$1500)**

**Service related Transportation**

**Brokerage**



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*If living independently :*

- **Housing subsidy/ rent**
- **Live-in Caregiver**
- **Paid Neighbor**
- **Household supports (\$1500)**



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***Other than Personal Services \$3000:***

- **Staff Activity Fees**
- **Personal Use Transportation**

***If over 18***

- **Phone & Internet**
- **Utilities**
- **Clothing (\$250)**

Process for Eligibility



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**What do I need  
to do?**

Process for Eligibility



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# Obtain OPWDD Eligibility

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- **Selection of a Care Coordination Organization (CCO)**
- **Enrollment in the (HCBS) waiver program (Medicaid Waiver Approval)**
- **Application for Supplemental Security Income (SSI) if individual is 18 or over and application for Medicaid if applicable**
- **Assignment of a Care Manager**
- **Selection of Services: Stay with Traditional Services, or Do Self Direction?**



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**Once enrolled with a CCO:**

**CM will submit a request for SD to OPWDD**

**Start to find a Broker & Fiscal Intermediary (FI)**

**Start the planning process 😊**



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# Benefits



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**Create your own schedule**

**Hire your own staff**

**Participate in community classes,**

**Join a gym, work with a personal trainer**

**Assistance with expenses**



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# Challenges



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**Securing a Broker/ FI/ CM**

**Lengthy process... start now...**

**Reimbursement Program: paperwork**

**\$\$ Caps and Parameters**

**Technology access & skill**



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????????????

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***Thank you***

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