



CSN Transition Institute Panel:

How Day Habilitation Programs help Build Skills

January 27, 2023

Panelist: Jacie Feuer, Transition Services Director

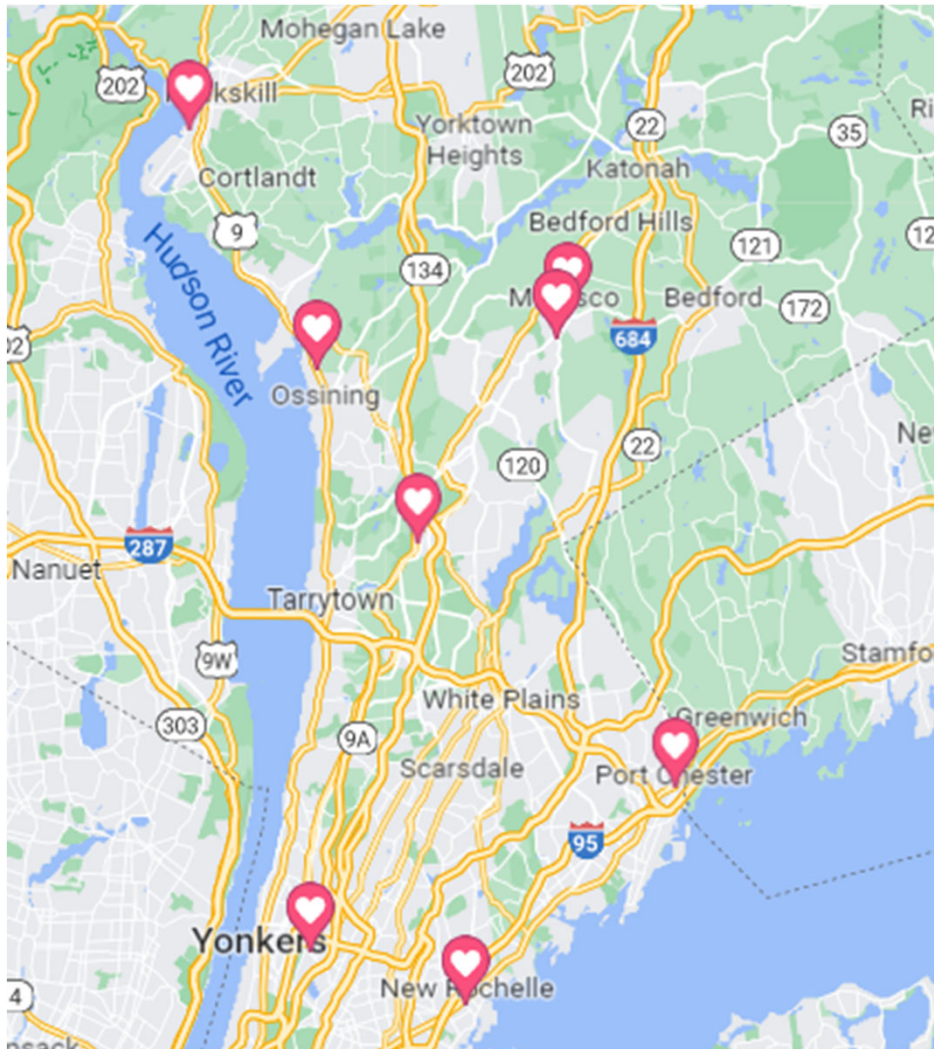


Day Programs

Day Habilitation supports a person to learn the skills they need to fully access their community and work towards their life goals and dreams.



The Arc Westchester's Day Habilitation Services



- Site Based Day Hab
- Community Based (WOW) Day Hab Programs
- These services are offered throughout Westchester County



OUR CHOICES & YOUTH CONNECTION DAY HAB PROGRAMS

Youth Connection

Site/Community-Based
Considerations...

- “Classroom” setting – for young adults' people who cannot be on the go all day
- Frequent trips into the community
- Vocational Skills & Independent Life Skills
- Classroom, Volunteer & Rec Activities
- Express and Communicate Needs (*verbal or non-verbal communication*)
- Safely Participates in a group of 4 or 5 peers and 1 staff
- Independently Demonstrates Appropriate Hygiene & Behavior

Choices Neighborhood

Without Walls (WOW)
Considerations...

- 100% Community Based
- Vocational & Independent Life Skills
- Volunteer Sites & Recreational Activities
- Self-Administers Medication
- Express and Communicate Needs (*verbal or non-verbal communication*)
- Safely Participates in a group of 4 or 5 peers and 1 staff
- Independently Demonstrates Appropriate Hygiene & Behavior



Day Hab Sample Schedules

Community-Based/Without Walls (WOW)

Site-Based

	Monday	Tuesday	Wednesday
9:30	Travel to site	Travel to site	Travel to site
9:00 – 10:00	<u>Volunteering: Hillside Food Outreach</u>	<u>Volunteering: Atria Senior Living</u>	<u>Public Library</u> Current Events/Journal Writing
10:00 - 11:00	Picking up food from hillside warehouse and deliver to families.	Art, games, activities with seniors, serving lunch	<u>Whole Foods</u> making healthy choices, making purchases
11:00 – 12:00			
12:00 – 1:00	Lunch & Group Discussion	Lunch & Group Discussion	Lunch & Group Discussion
1:00 – 2:00	Knitting & Sewing Club	Art class	<u>Volunteering: North County Trailway</u> Park clean up
2:00 – 3:00	Daily Activity Logs & Travel Home	Daily Activity Logs & Travel Home	Daily Activity Logs & Travel Home

	Monday	Tuesday	Wednesday
9:30	Travel to site	Travel to site	Travel to site
9:00 – 10:00	Morning yoga	Art Class	<u>Volunteering: Westchester County Food Pantry</u>
10:00 - 11:00	<u>Life Skills:</u> Kitchen safety, nutrition & meal planning.	<u>Life Skills:</u> Kitchen safety & culinary skills – prepare lunch	
11:00 – 12:00			
12:00 – 1:00	Lunch & Group Discussion	Lunch & Group Discussion	Lunch & Group Discussion
1:00 – 2:00	<u>Community activity:</u> grocery shopping	Animal Therapy	<u>Life Skills:</u> Personal hygiene
2:00 – 3:00	Daily Activity Logs & Travel Home	Daily Activity Logs & Travel Home	Daily Activity Logs & Travel Home

	Monday	Tuesday	Wednesday	Thursday	Friday
8:00 – 9:00		Com Hab			
9:00 – 10:00	Day Hab	Com Hab	Day Hab	Day Hab	
10:00 - 11:00					Work (shift 10:00 – 5:00)
11:00 – 12:00					
12:00 – 1:00					
1:00 – 2:00		Work (shift 1:00-7:00)			
2:00 – 3:00					
3:00 – 4:00		Visit from Job Coach ~3:00			
4:00 – 5:00				Com Hab	
5:00 – 6:00	Recreation Activity				
6:00 – 7:00					

Sample schedule for an Individual with a part-time Job



Considerations

- Medication and Allergies – support needs during program hours
- Transportation to-and-from program
- Activities of Daily Living – level of independence/support
- Behavioral Support Needs
- Communication
- Community activities
- Schedule and Environment change often
- Therapy needs (e.g., PT, OT, Speech)
- Staff to participant ratios
- Program vacancies, waitlist
- Age range



Applying for Day Services

- Contact The Arc Westchester during the Fall of the interested candidate's final year of school.
- Be prepared to provide copies of the candidates most recent:
 - Life Plan
 - IEP
 - Psychological Evaluation
 - OPWDD Service Authorization listing Day Hab
- For more information contact **Francesca Frechen**, *Organizational Concierge* (Intake Coordinator), by email at ffrechen@arcwestchester.org or by call (914) 495-4469.



PREPARING FOR ADULT SERVICES



Does the Young Adult...

- Have ParaTransit? Schedule their transportation?
- Check voice messages? Return calls
- Follow a schedule? Know their schedule? And manage their time independently?
- Go places alone? Walk into town?
- Stay home alone?
- Carry their own identification/wallet
- Know how to implement a back-up plan (e.g., how would they handle a missed ride? What if their phone battery died? What if the smoke detector went off?)
- Know what allergies they have? (if any)
- Know the names of their medications or their purpose?
- Have assigned chores at home?
- Have a clear desire to work? Do they know some of their preferences, likes and dislikes?
- Participate in conversations and meetings about their future?



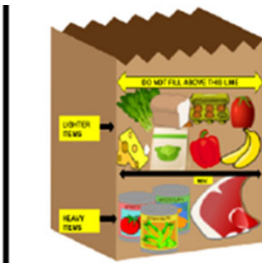
Some? None? Not yet?

That's okay!

Where to Start...

- Limit Verbal Prompts
- Use Apps, Lists, Schedules & Pictures
- Consistency (school & home)
- Set clear expectations
- Get ParaTransit and practice
- Volunteer on the weekends for longer time periods (Com-Hab)
- Chores & Accountability @ Home
- Adding new contacts into phone, take messages
- Carry wallet
- Emergency contact information





3

4



Techniques for Independence

- Pictures
- Labels
- Alarms
- Reminder Apps
- Written or Picture Schedule
- Gesture or Demonstrate (don't do)
- Timers
- Check Lists
- Communication Apps







The Arc
 Westchester
 New York

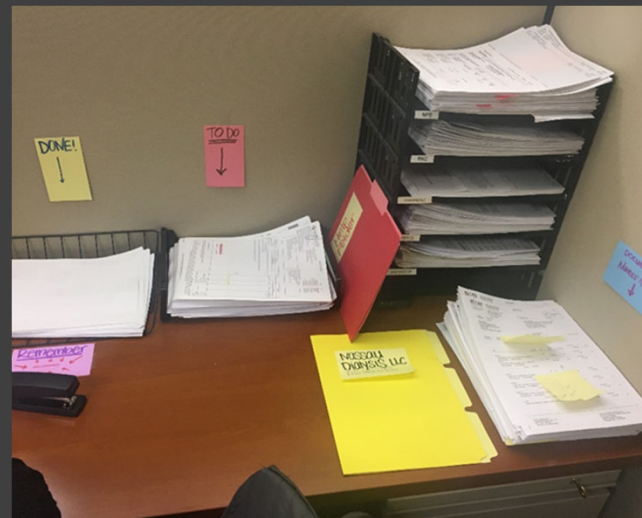
Work Schedule: Every Friday fill out for the following week, take a picture and e-mail it to Jackie, Colin, Mom & Dad

Date:	Day:	Shift Time:	Set Alarm/ Wake-up @:	Leave Apartment @:	Bus #:	Bus Time:
5/20	Sun.	X				
5/21	Mon.	X				
5/22	Tues.	1-6	10:00	12:05	13	12:16
5/23	Wed.	X				
5/24	Thurs.	1-6	10:00	12:05	13	12:16
5/25	Fri.	10-3	8:00	9:00	14	9:10
5/26	Sat.	10-3	8:00	9:05	14	9:15

JoJo's Job Tasks:

If door is closed—do NOT enter. 
 If person is in a room—ASK if you may clean room

	Social Work Department:	34 Montgomery Place:	Chapel:
Shake small rugs out, outside 			
Sweep Floors 			
Dusting - Radiators 			
Clean Outside & Inside of Microwaves 			
Take out Garbage 			
Ask Erica what to do next!			





Thank You

General Contact

Phone: 914.949.9300

Email: info@arcwestchester.org

www.arcwestchester.org

CARDINAL McCLOSKEY DAY SERVICES

Cardinal McCloskey Community Services currently provides Day Habilitation and Supportive Employment Services for Individuals with Developmental Disabilities. The Day Habilitation Programs which are located in Valhalla include a Traditional Program and a WOW- Without Walls Program which does have a site in Valhalla. Person centered supports coordinated with Applied Behavioral Analysis assist Individuals in meeting their goals which is demonstrated in measurable outcomes.

The Traditional Day Habilitation Program encompasses both on site skill building activities focusing on communication, socialization, safety, use of money and various prevocational tasks and community inclusion including volunteering and participation in social and recreational activities.

Most of the programming for those Individuals enrolled in the WOW Program occurs in the community. The Individuals engage in various skill building tasks at volunteer sites while also participating in social, athletic and recreational activities.

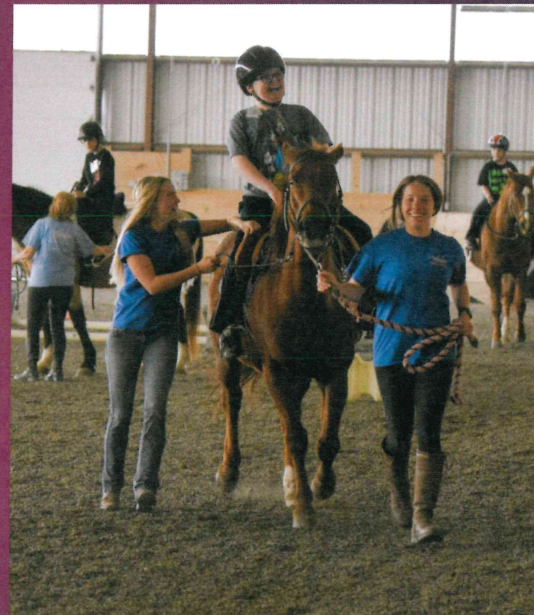
The Cardinal McCloskey Day Habilitation Program has a Self-Advocacy Group which has named itself the McCloskey Freedom Walkers. The group has elected officers and meets regularly. While on the journey to increased independence and self- advocacy the group has voiced a desire to advocate for various groups which are in need of assistance. The Self Advocates have held bake sales to raise money to purchase toys and treats for animals in a local shelter. The group has also raised money which they donated to the Red Cross to be used to assist hurricane victims. The Self Advocates have also enjoyed designing cards to be sent to the Troops throughout the year. In the Spring the McCloskey Freedom Walkers will be hosting an Art Show to raise money for the Cancer Society. The strength of these partnerships supports our mission while the self -advocates play a significant role in strengthening their communities.

We are looking forward to the opening of our new program McCloskey Works which is based on a model designed specifically to assist those who wish to work but may need more assistance in reaching this goal, This program which is located in Ossining is scheduled to open at the end of January. The McCloskey Works Program will provide varied opportunities for those who wish to work to discover, develop and demonstrate employable skills in simulated work based settings and in the community. The Individuals will learn the various tasks associated with running an on- site Cafe such as taking inventory, purchasing needed items, cooking, table setting /clearing and dish washing. Facilities for fitness, sensory integration and desensitization will be available in the site.

The McCloskey Works Program will offer computer classes, a horticulture program and simulated laundry wash/dry services and a car wash. Individuals will also be incorporated into the community through varied volunteer experiences and advocacy projects.

If you would like more information and/or to schedule a Tour please contact Noreen O'Connor, the Director of Day Services at noconnor@cmcs.org

Community Living Corporation Day Program



PROVIDING A SUPPORTIVE, ENGAGING, AND SAFE ENVIRONMENT SINCE 2012

Who we Are

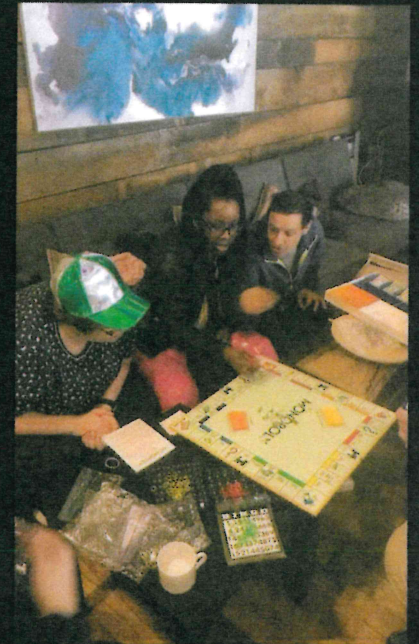
- ▶ **Community Living Corporation's (CLC) Day Program** is a Without Walls (WOW) Program designed to allow participants to have a wide range of experiences.
- ▶ **ADiCares** provides the operational support; we handle Billing, Enrollment, and facilitate coordination between CLC and our two Day Habilitation Providers (**Community Connections Life** and **Winslow Therapeutic Riding Center**).

Community Connections Life

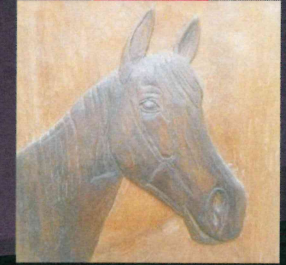


COMMUNITY CONNECTIONS
LIFE IS AN IMMERSIVE
WITHOUT WALLS (WOW)
PROGRAM THAT ALLOWS
FOR A VARIETY OF
EXPERIENCES SUCH AS...

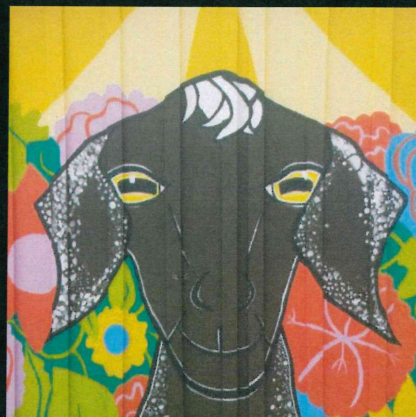
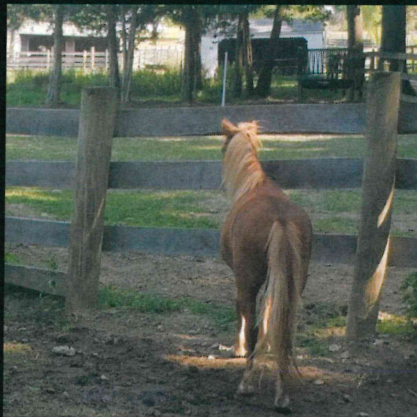
Community Connections Life in Pictures



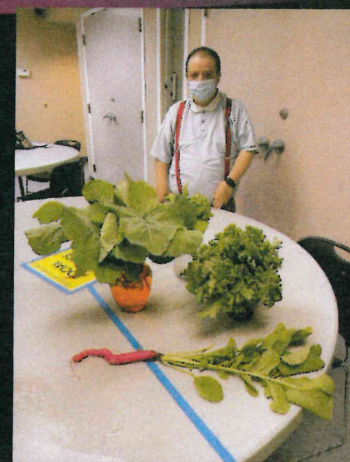
Winslow Therapeutic Riding Center



- ▶ Winslow is a 501c3 multi-dimensional riding center located on several acres in Warwick, New York.
- ▶ Founded in 1974, they have been engaged in an active partnership with Community Living Corporation since 2014.



A Day at Winslow



How Day Programs Build Skills

- ▶ VARK MODEL (VISUAL, AUDITORY, READING/WRITING, KINESTHETIC) (Fleming, 1987)
- ▶ “Day Habilitation services can assist people to acquire, retain or improve their self-help, socialization and adaptive skills, including communication, travel and other areas in adult education. Activities and environments are designed to foster the development of skills and appropriate behavior, greater independence, community inclusion, relationship building, self-advocacy and informed choice. Additionally, people accessing day habilitation often contribute to their communities through volunteer work.” (OPWDD)
- ▶ “Greater Independence”= Person-Centered Planning=Choice=Autonomy
- ▶ Self-Advocacy- giving the tools and platforms to be able to advocate for themselves. Example: Greater inclusion in LifePlan Meetings.

INSTRUCTIONAL STYLE: “Less is More”

In general, we encourage as much independence at our Day Programs as possible. We start with a minimal amount of assistance, then provide increased guidance and support gradually using the following steps:

- ▶ Independence
- ▶ Verbal Prompting
- ▶ Demonstration/Modeling of activity (Most activities with staff are done in a co-participation fashion to some degree).
- ▶ Gestural Prompt
- ▶ Hand-Over-Hand
- ▶ In cases of refusal, we might speak with them to determine what they don't like or may offer an alternative activity.

DAY HABILITATION: Without Walls

- ▶ All our participants have to be able to follow verbal instructions for both their safety and others. In addition, if someone has severe self-injurious behavior, Pica, hallucinations, delusions, or other symptomology that interferes with their ability to follow directions or necessitates 1:1 support, they may be better served in a site-based setting where they can receive more support and supervision.
- ▶ Groups are often fluid, and form based on the activity that is being presented. For individuals with a greater need for supervision, they will be assigned to a specific staff at a specified ratio in order to receive a greater amount of support.



Routine versus Novelty?
Structure versus Surprise?

BOTH!

Day Habilitation at both sites is held from approximately 9 a.m. to 3 pm. There is a set lunch time at the site and activities are broken into hour-long to 90 minute increments. There is structure provided but also novelty in the form of choices for activities, as well as positive reinforcement through earning special privileges through responsible behavior.

COMMUNITY CONNECTIONS LIFE MONTHLY SCHEDULE

September 2022

Monday	Tuesday	Wednesday	Thursday	Friday
MARVEL MONDAYS CC LIFE MTG. 10am 5	TERRIFIC TUESDAYS 6	WIGGY WEDNESDAYS 7	THRILLING THURSDAYS 8	FUN FRIDAY 9
1. Baking Studio & Music Studio 2. Member Banking (CCL points) 3. Hip Hop Dance class w Tasha 4. P.R.ride Cottage & Gardens 5. Fun Fall outing: Cay/Earl/Chris	1. BOWLING 2. Baking Studio & Music Studio 3. Fun Fall outing w Cay/Earl/Chris 4. Art Studio – Easels Up 5. P.R.ride Cottage & Gardens	1. MOVIE OF THE WEEK 2. Fun Fall outing w Cay/Earl/Chris 3. P.R.ride Cottage and Gardens 4. Dancercise gettin' Tone w Tasha 5. Board Game Café & Coffee Clubs	1. LUNCH BUNCH 2. Fun Fall outing w Cay/Earl/Chris 3. Movie Club w Jason & Anthony 4. Board Game Café & Coffee Clubs 5. Music Studio	Birthday Parties, Dance Parties, Prize Money Contests, BBQ's, KARAOKE, AND MORE...
MARVEL MONDAYS CC LIFE MTG. 10am 12	TERRIFIC TUESDAYS 13	WIGGY WEDNESDAYS 14	THRILLING THURSDAYS 15	FUN FRIDAY 16
1. Baking Studio & Music Studio 2. Member Banking (CCL points) 3. Hip Hop Dance class w Tasha 4. P.R.ride Cottage & Gardens 5. Fun Fall outing: Cay/Earl/Chris	1. BOWLING 2. Baking Studio & Music Studio 3. Fun Fall outing w Cay/Earl/Chris 4. Art Studio – Easels Up 5. P.R.ride Cottage & Gardens	1. MOVIE OF THE WEEK 2. Fun Fall outing w Cay/Earl/Chris 3. P.R.ride Cottage and Gardens 4. Dancercise gettin' Tone w Tasha 5. Board Game Café & Coffee Clubs	1. LUNCH BUNCH 2. Fun Fall outing w Cay/Earl/Chris 3. Movie Club w Jason & Anthony 4. Board Game Café & Coffee Clubs 5. Music Studio	Birthday Parties, Dance Parties, Prize Money Contests, BBQ's, KARAOKE, and more...
MARVEL MONDAYS CC LIFE MTG. 10am 19	TERRIFIC TUESDAYS 20	WIGGY WEDNESDAYS 21	THRILLING THURSDAYS 22	FUN FRIDAY 23
1. Baking Studio & Music Studio 2. Member Banking (CCL points) 3. Hip Hop Dance class w Tasha 4. P.R.ride Cottage & Gardens 5. Fun Fall outing: Cay/Earl/Chris	1. BOWLING 2. Baking Studio & Music Studio 3. Fun Fall outing w Cay/Earl/Chris 4. Art Studio – Easels Up 5. P.R.ride Cottage & Gardens	1. MOVIE OF THE WEEK 2. Fun Fall outing w Cay/Earl/Chris 3. P.R.ride Cottage and Gardens 4. Dancercise gettin' Tone w Tasha 5. Board Game Café & Coffee Clubs	1. LUNCH BUNCH 2. Fun Fall outing w Cay/Earl/Chris 3. Movie Club w Jason & Anthony 4. Board Game Café & Coffee Clubs 5. Music Studio	Birthday Parties, Dance Parties, Prize Money Contests, BBQ's, KARAOKE, and more...
MARVEL MONDAYS CC LIFE MTG. 10am 26	TERRIFIC TUESDAYS 27	WIGGY WEDNESDAYS 28	THRILLING THURSDAYS 29	FUN FRIDAY 30
1. Baking Studio & Music Studio 2. Member Banking (CCL points) 3. Hip Hop Dance class w Tasha 4. P.R.ride Cottage & Gardens 5. Fun Fall outing: Cay/Earl/Chris	1. BOWLING 2. Baking Studio & Music Studio 3. Fun Fall outing w Cay/Earl/Chris 4. Art Studio – Easels Up 5. P.R.ride Cottage & Gardens	1. MOVIE OF THE WEEK 2. Fun Fall outing w Cay/Earl/Chris 3. P.R.ride Cottage and Gardens 4. Dancercise gettin' Tone w Tasha 5. Board Game Café & Coffee Clubs	1. LUNCH BUNCH 2. Fun Fall outing w Cay/Earl/Chris 3. Movie Club w Jason & Anthony 4. Board Game Café & Coffee Clubs 5. Music Studio	Birthday Parties, Dance Parties, Prize Money Contests, BBQ's, KARAOKE, and more...

EVENTS:

FUN FALL OUTINGS

Apple picking, Pumpkin picking, Parks, Museums, The Bronx Zoo and more. Options presented daily

COFFEE CLUBS

Inclusion at its best. We'll discuss all manner of issues personal and global. How to become better together.

LUNCH BUNCH

Enjoy a meal with peers and staff. Sign up, bring your spending money and go out for lunch.

BOARD GAME CAFÉ

A cup of coffee, a cup of tea and we're off to play Jenga, Chutes and Ladders, LIFE Parcheesi or UNO. Bonus points and prizes.

MOVIE OF THE WEEK

Let's go to the movies! We pay your admission, choose a different movie every week. Don't forget to bring your lunch.

BOWLING

Sign up for Bowling as we'll take a group to our favorite bowling Alley. We pay your game you bring your lunch

How to Enroll

- ▶ Document Review
- ▶ Open House/Tour & Trial
- ▶ Document Collection
- ▶ LifePlan Addendum Development
- ▶ Submission into CHOICES

Contact Information

Ed Shultz
Intake Specialist
ADiCares for Community Living
Corporation
914-244-9688
Ed@adicares.org

The Nicholas Center

Here to Support the Needs of your School District



Innovate

Inspire



Include

The Nicholas Center delivers services to achieve specific IEP goals and assist School Districts in delivering State and Federal mandated services.



Go Beyond the Basics

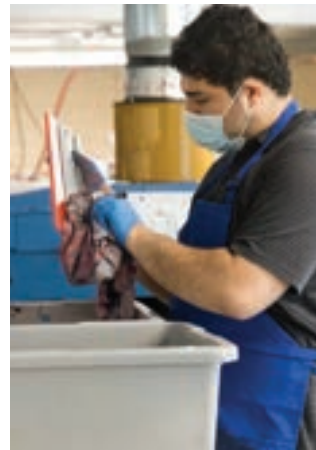
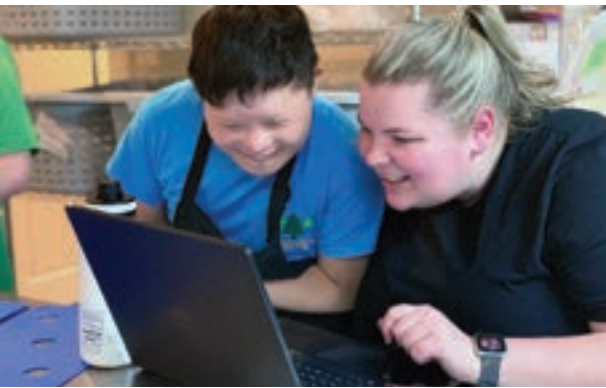
The Nicholas Center's mission is to help individuals with Autism lead full and productive lives in the community.

Our year-round programs offer consistent and meaningful work training and work-readiness skills.

The Nicholas Center's (TNC) experience includes:

- ▶ On-site vocational training at work settings
- ▶ Structured class-room based instruction
- ▶ Person-centered career exploration & planning
- ▶ Work-related social & communication skills-training
- ▶ Small group ratios
- ▶ Knowledgeable Instructors in the unique needs of individuals with Autism

**Rates begin at: \$65/hour per student. Activities/experiences are limited to location. Inquire for more details.*



Ready. Set. Work. | Invest in your student's journey.

At TNC, our innovative program and experiences enable participants to learn, retain and maintain skills needed for a successful transition to post-school work and life.

Pre-Vocational experiences include:

- ▶ Custom Apparel Decoration - screen printing and embroidery
- ▶ Culinary Arts - baking, packaging, and custom gifts
- ▶ Laundering - wash, fold, steam, and customer interface
- ▶ Tech & Media - graphic design, writing, editing, media and newsletters
- ▶ Retail, Warehouse & Fulfilment - pick/pack, inventory, shipping and customer interface

** New vocational opportunities launching soon.*

Summer Program: 6-week program offering skills maintenance, safe community navigation, vocational training at work settings and community-based opportunities.

** Summer rates start at \$45/hour per student.*





“The Nicholas Center model is far and away the most vibrant, successful, exciting program we’ve seen. The staff is professional, enthusiastic, and proactively well-trained, and excellent at differentiating instruction to meet each individual’s needs.”

– a TNC family



The Nicholas Center is an approved provider for special education-related services for The Cooperating Districts of Nassau County, NY.

Contact us for more information:

The Nicholas Center

Innovate, Inspire & Include

Long Island
382 Main Street
Port Washington, NY 11050
516.767.7177

Westchester
175 Tompkins Avenue
Pleasantville, NY 10570
914.919.9188

info@nicholascenterusa.org • www.tncnewyork.org
501(c)(3) nonprofit organization • Tax ID #45-2022370

Recipients of the NYS Senate Empire Business Award, “the most socially innovative agency of its kind in NY State” and Nonprofit of the Year by *Long Island Business News*.
Proud member of the Port Washington and Pleasantville Chambers of Commerce and the Business Council of Westchester.





Westchester Institute
for Human Development

The Nicholas Center
Innovate, Inspire & Include



Jeremy Scalchunes BCBA, LBA
Associate Executive Director
of Programs



Nicole Sugrue
Executive Director







Learning & Social Development

Literacy & Current Events

Creative Arts

Media Arts

Health & Wellness

Music

Recreation



Live, Laugh, Literacy



Creative Arts



Media Arts



Health & Wellness



Community Integration
Over 30 community partnerships!



Community Integration **“The Nicholas Center Navigators”**









Employment & Job Training
Vocational Training
SEMP
Spectrum Enterprises
(Bakes, Suds, & Designs)



SEMP
Supportive Employment



Vocational Training





Spectrum Designs



Spectrum Bakes



Spectrum Suds

The Nicholas Center

Innovate, Inspire & Include



tncnewyork.org

516 – 767 – 7177 ext 417 for more info!



Frequently Asked Questions

What are the operating hours of the Nicholas Center?

The Nicholas Center operates Monday through Friday 10am-3pm , observing federal holidays.

Are you accepting applicants at this time?

Yes. We accept [applications of interest](#) on an ongoing basis. We primarily support individuals on the Autism Spectrum who are in their last years of high school , or are young adults in their 20's and 30s. While we support a wide range of individuals with their own unique needs and talents, we currently have openings for individuals who can safely participate in a small group of 4 or 5, and will benefit from a combination of small class instruction, community-based projects, recreational/wellness/social outings, and/or work-related settings. A person-centered schedule would be developed once enrolled.

Is there a screening or intake process?

Yes. The Nicholas Center wants to ensure it has the ability to support and serve the needs of an individual , prior to enrolling them. Please fill out our [Application of Interest](#) . If TNC believes it could serve your needs at this time, we will contact you. We will not contact you unless it has been determined that we would like to invite you in for a tour and/or further assessment. NOTE: There is a hiring crisis throughout our State for service providers, as such , this has slowed down our enrollment process .

Do you offer transportation?

No. The Nicholas Center does not offer transportation. Individuals take either private or public transportation such as taxi service, paratransit, or are picked up and dropped off by caregivers (at 10am and 3pm). Click on location for information on: [LONG ISLAND PARATRANSIT](#) or [WESTCHESTER PARATRANSIT](#) . However, when the School District is paying for services at The Nicholas Center, it will typically provide transportation for their students via school bus.

Is your program Full time or Part time?

Only Private Pay or individuals who attend through School Districts are able to be accommodated part-time, and it is based on availability. **Our OPWDD program currently has ONLY full 5 hour time slots available** (Monday - Friday / 5 days per week / 10am-3pm) . However, we have a waitlist for young adults who are requesting part-time enrollment through OPWDD , should a spot open up in the future.

Can I pay privately to attend?

Yes. The Nicholas Center does offer private pay services, based on availability.

Can I attend The Nicholas Center prior to graduating High School?

Yes, The Nicholas Center can contract with local school districts to provide meaningful community-based experiences for their students during the school day at our locations. Please have your Special Education Office contact us for fees and availability. The focus is primarily “work-readiness” and pre-employment skills, but there are many other programs students can explore. In some instances, a school-aged individual who is planning to attend The Nicholas Center as an adult, might spend their last 1-3 years of high school coming to our Center, instead of the school building , to allow for a more seamless and successful transition.

What should I have in place before attending The Nicholas Center after high school?

It is strongly recommended that you secure OPWDD approval before you graduate high school to ensure a smoother transition post graduation to any program. Each school district has personnel responsible for preparing their students for their transition out of high school . Check with your district’s Special Educational Office, and/or Pupil Services as to who is responsible for helping students during this crucial time. The school should begin working with the child and family to plan for this transition **before the child is age 15**. This should include exploring eligibility for [Social Security benefits](#), [ACCES-VR](#), [OPWDD and Medicaid](#).

You can also start this process on your own. The first step to getting the services you need is to reach out to your regional OPWDD Regional Front Door Office <https://opwdd.ny.gov/get-started/front-door> . It's important to note that additional steps, such as enrolling in Medicaid, are needed to gain access to most supports and services. Determining your eligibility is a key component to the Front Door Process <https://opwdd.ny.gov/eligibility>

I have , or am planning to have a Self-Direction Budget - can The Nicholas Center be part of that budget?

Yes. We have many attendees who attend the Nicholas Center through their Self Direction budget. We will work with your broker to discuss unit fees and costs, so it can be incorporated into your budget.

Do you help support individuals who wish to pursue work and employment?

Yes. The Nicholas Center can offer 1-1 or small group SEMP (Supported Employment Services) for eligible applicants who are serious about exploring the world of work.

Which hourly OPWDD services are offered at The Nicholas Center ?

The Nicholas Center delivers hourly Community Habilitation, Pre - Vocational and various Supported Employment services. Currently its program has availability for individuals seeking small group instruction for a minimum of 5 hours a day and 5 days a week. Off site and individual hourly services are available through our SEMP and OUTREACH programs , and are based on availability. Please fill out our [Application of Interest](#) , visit our website at tncnewyork.org , call our Main Offices 516 767 7177 , or email info@nicholascenterusa.org



The Nicholas Center

Here to Support the Needs of your School District



Innovate

Inspire



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The Nicholas Center delivers services to achieve specific IEP goals and assist School Districts in delivering State and Federal mandated services.



Go Beyond the Basics

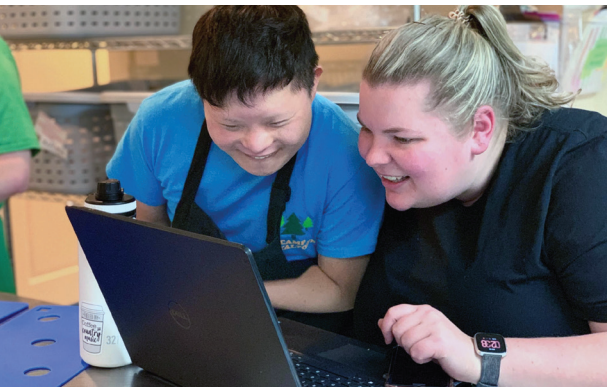
The Nicholas Center's mission is to help individuals with Autism lead full and productive lives in the community.

Our year-round programs offer consistent and meaningful work training and work-readiness skills.

The Nicholas Center's (TNC) experience includes:

- ▶ On-site vocational training at work settings
- ▶ Structured class-room based instruction
- ▶ Person-centered career exploration & planning
- ▶ Work-related social & communication skills-training
- ▶ Small group ratios
- ▶ Knowledgeable Instructors in the unique needs of individuals with Autism

** Rates begin at: \$65/hour per student. Activities/experiences are limited to location. Inquire for more details.*



Ready. Set. Work. | Invest in your student's journey.

At TNC, our innovative program and experiences enable participants to learn, retain and maintain skills needed for a successful transition to post-school work and life.

Pre-Vocational experiences include:

- ▶ Custom Apparel Decoration - screen printing and embroidery
- ▶ Culinary Arts - baking, packaging, and custom gifts
- ▶ Laundering - wash, fold, steam, and customer interface
- ▶ Tech & Media - graphic design, writing, editing, media and newsletters
- ▶ Retail, Warehouse & Fulfilment - pick/pack, inventory, shipping and customer interface

** New vocational opportunities launching soon.*

Summer Program: 6-week program offering skills maintenance, safe community navigation, vocational training at work settings and community-based opportunities.

** Summer rates start at \$45/hour per student.*





“The Nicholas Center model is far and away the most vibrant, successful, exciting program we’ve seen. The staff is professional, enthusiastic, and proactively well-trained, and excellent at differentiating instruction to meet each individual’s needs.”

– a TNC family



The Nicholas Center is an approved provider for special education-related services for The Cooperating Districts of Nassau County, NY.

Contact us for more information:

The Nicholas Center

Innovate, Inspire & Include

Long Island
382 Main Street
Port Washington, NY 11050
516.767.7177

Westchester
175 Tompkins Avenue
Pleasantville, NY 10570
914.919.9188

info@nicholascenterusa.org • www.tncnewyork.org
501(c)(3) nonprofit organization • Tax ID #45-2022370

Recipients of the NYS Senate Empire Business Award, “the most socially innovative agency of its kind in NY State” and Nonprofit of the Year by *Long Island Business News*.
Proud member of the Port Washington and Pleasantville Chambers of Commerce and the Business Council of Westchester.





Community Based
Services Inc.

WELCOME TO CBS

ENRICHING LIVES SINCE 1981





CURRENTLY OPERATING
10 SUPERVISED IRA HOMES
IN WESTCHESTER COUNTY



SUPPORTING 87 PEOPLE THROUGH RESIDENTIAL SERVICES

PROVIDING VOCATIONAL SUPPORTS



BLENDING PROGRAMS ● Pre-Voc ● SEMP ● ETP ● ACCES-VR

CREATING JOBS THROUGH GOOD REASONS





SUPPORTING MORE THAN 100 PEOPLE IN DAY HABILITATION WITHOUT WALLS

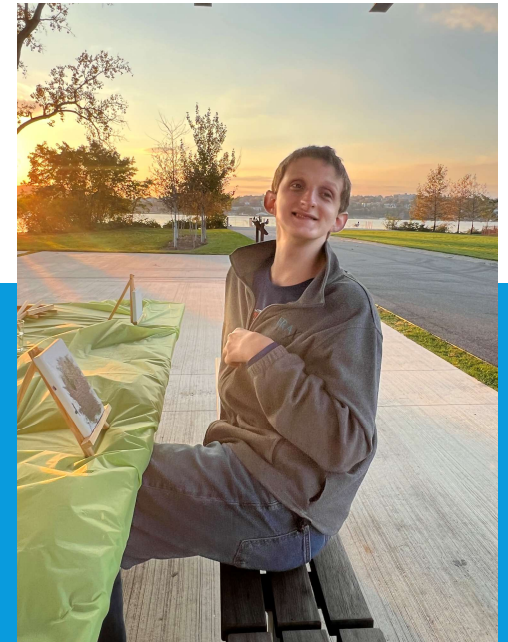


PROVIDING CERTIFIED DAY HABILITATION



IN OUR 20 SEAT SITE BASED PROGRAM

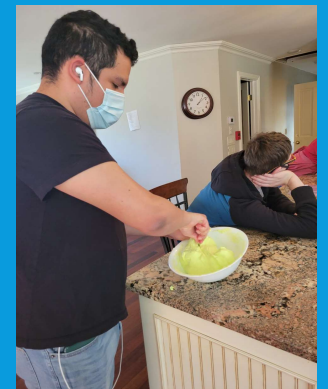
COMMUNITY HABILITATION SITE-BASED & IN-HOME RESPITE



SUPPORTING PEOPLE IN THEIR HOMES AND OUR SITES

CULTIVATING DREAMS

OUR 10 ACRE FARM IN DUTCHESS COUNTY OFFERS AGRICULTURAL TRAINING & A LIFE SKILLS CENTER



CBS DAY HABILITATION WITHOUT WALLS PROGRAM

- In the CBS Without Walls program, participants spend the entire day out in the community doing volunteer work, socializing, attending community events, engaging in entertainment, and more.
- The staff to participant ratio is generally 1:4.
- The program runs from 9am to 3pm. Participants are picked up at their residence and taken right to their first activity of the day and dropped off at home when the day ends.
- Transportation is included in Day Habilitation programming.
- Groups are assembled based on age, interests, and compatibility.
- Individuals need to be approved by OPWDD to receive HCBS waiver services and Group Day Hab Without Walls.
- Individuals may participate in a variety of programs through out the week provided they are approved for the service. This can include a blended schedule of Day Habilitation, Community Habilitation, Vocational services, and Respite.
- While out in the community individuals practice a variety of skills including job training, using money, physical fitness, social skills and much more.

HOW DO WE ENROLL?

- Choose a care manager
- DO tour multiple programs
- Enroll in OPWDD Waiver Services through the Front Door
- DO choose a program that fits the needs of your child
- Tour Programs
- DO ask questions
- Make your selection based on the needs and interests of your child

WHO TO CONTACT

For questions about programs and services, program availability, the enrollment process, and transition support please contact:

Jennifer Havrilla, Transition Coordinator (914) 236-1128
jhavrilla@commbasedservices.org

Visit <https://commbasedservices.org/> to learn more!

OUR LOCATIONS

- 31 Fields Lane, North Salem, NY 10560 – offering certified group day habilitation, group day habilitation without walls, and after-hours site-based respite
- 40 Jon Barrett Rd., Patterson, NY 12563 – offering group day habilitation without walls, and after-hours site-based respite
- 18 Meadow Rd., Hopewell Junction, NY 12533 - offering group day habilitation without walls, and after-hours site-based respite – Home of Cultivating Dreams!
- 2 Jon Walsh Blvd, (The Lindy Building) Peekskill, NY 10566– offering group day habilitation without walls, Community pre-voc, SEMP, and after-hours site-based respite