



Westchester Institute
for Human Development

ANNUAL REPORT 2021



EDUCATE. INNOVATE. ADVOCATE.

DEAR FRIENDS, COLLEAGUES, AND SUPPORTERS

2021 proved to be another year that tested all of our reserves. And, once again, everyone at WIHD showed their resilience, creativity, and resolve. WIHD has continued to thrive despite the obstacles in our path. This past year we engaged in a strategic planning process to position WIHD to respond to whatever scenarios may arise over the coming years. Our plan, A Roadmap to Recovery and Resilience, outlines the areas on which we need to focus to flexibly respond to an ever-evolving environment and to proactively seek new opportunities.

In the midst of these challenges, WIHD was named one of the Best Places to Work in Westchester County which reflects our ongoing commitment to creating an engaged, family-friendly, and welcoming workplace. While I have long felt WIHD is the best place to work, it is rewarding to be publicly recognized for our efforts. In addition to our work to enhance diversity, equity and inclusion; this year we embarked on an initiative to imbed the principles of Trauma Informed Care across the organization. These efforts are strengthening our commitments to the values that guide WIHD.

I hope you enjoy this report, which reflects the important work happening across all of our programs to support those who rely on WIHD for our critical services. Thank you for your continued support, friendship, and partnership. It means everything to us.



Best,

A handwritten signature in black ink that reads "Susan W. Fox".

Susan W. Fox, PhD
President & CEO • WIHD

Westchester Institute for Human Development complies with applicable Federal civil rights laws and does not discriminate on the basis of race, color, national origin, age, disability, or sex.

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WIHD NAMED ONE OF THE BEST PLACES TO WORK IN WESTCHESTER

WIHD was named one of the Best Places to Work in Westchester by 914INC. This regional survey and awards program was designed to identify, recognize and honor the best places of employment in Westchester, benefiting the region's economy, workforce and businesses. WIHD was recognized for its flexible schedules; benefit package; institutionalized support of personal and professional growth; and welcoming, inclusive culture.



WIHD WELCOMED THREE NEW BOARD MEMBERS IN 2021

All three bring exceptional talent and expertise to the Board.



Dr. Jennifer Chan is a practicing dentist and Clinical Assistant Professor of Dental Medicine at the Touro College of Dental Medicine. Her many charitable endeavors include a company she founded that supports breast cancer research.



Marie Houston is currently employed by New York City Health and Hospitals as a SharePoint Administrator. She is a member Alpha Kappa Alpha Sorority, Inc., Pi Iota Omega Chapter which has generously donated backpacks and coats to children in WIHD's Child Welfare Services over many years.



Jean Lucasey is an attorney who has been helping children in public schools since 2006. She is certified by the New York State Education Department as an Impartial Hearing Officer for Special Education matters. Jean also serves as a trial judge of the Mashantucket Pequot Tribal Court in Connecticut.



3,570

primary care
visits to
1,157 adults

10,292

specialty medical
visits to
1,747 adults

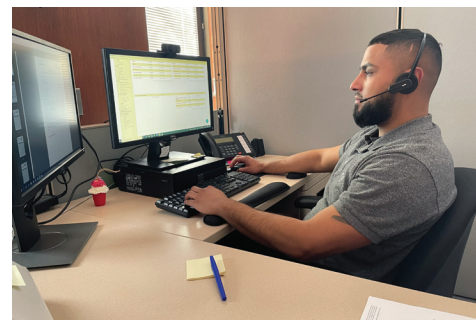
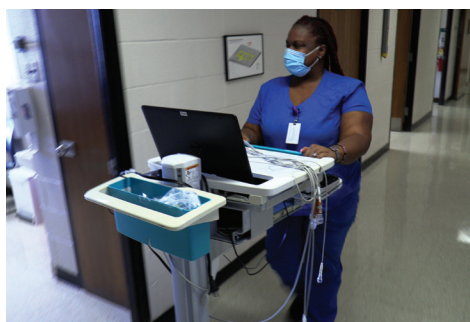


7,224

dental visits to
**2,751 children
and adults**

1,293

speech therapy
visits to
**118 children
and adults**



HEALTH SERVICES

Health Services is the umbrella that covers our array of integrated clinical programs. All of our providers are trained and experienced in working with individuals with disabilities and their caregivers. Our team of highly skilled primary care providers serves as the gateway to a wide range of in-house specialty services. We are the one stop shop for the health care needs of individuals with disabilities.



DENTAL CLINIC

The Dental Clinic boasts a specialized team of dentists, dental hygienists, and dental students, with an adapted clinic environment and a mobile dental clinic to best meet the oral health needs of children and adults with disabilities.



INTEGRATED BEHAVIORAL HEALTH SERVICES

Integrated Behavioral Health Services provide the highest level of psychiatry and psychology support for the management of all mental health and behavioral needs for individuals with intellectual and developmental disabilities.

SPEECH AND HEARING SERVICES

WIHD has been providing Speech and Hearing Services for more than 5 decades. Our audiologists test hearing, help select the most appropriate hearing aids, and ensure the best possible solutions for each person's listening needs. Speech-language pathologists evaluate, diagnose and treat impairments in speech, language, social-communication, and swallowing for both children and adults to improve their quality of life.



ASSISTIVE TECHNOLOGY PROGRAM

Our Assistive Technology Program provides services across the lifespan. In addition to individual evaluations and consultations, we run a technology loan library, which allows individuals to borrow and test devices before needing to buy.

5,352
psychiatry visits to
1,112 adults

2,223
psychology visits to
111 children and adults

3,182
audiology visits to
**1,769 children
and adults**

1,463
occupational therapy
and assistive
technology visits to
131 children and adults



34,924
total visits to
**4,471 children
and adults**

152

community trainings
attended by
**3,052 parents and
community members**

108

professional trainings to
**2044 teachers and
community service providers**



2,697

responses to
requests for information
and referral

60

faculty and trainees
participated in
research projects



COMMUNITY SUPPORT NETWORK

The Community Support Network (CSN) provides support and technical assistance to more than 8,000 individuals with disabilities and family members, from early intervention to the transition into adult services. CSN also provides resources, training, direct services, and guidance to professionals, schools, and agencies. Our innovative programs promote self-advocacy and community inclusion; train professionals in best practices; and educate families so that they have the tools to help children, youth, and adults with disabilities live their best lives.

Virtual platforms proved very beneficial for the delivery of our education, training and technical assistance programs. Attendance at our family, community, and educational workshops soared; nearly doubling both the number of offerings and attendees from 2020.



HEAR OUR VOICES: LEADERSHIP AND SELF-ADVOCACY

Hear Our Voices, WIHD's self-advocacy program, has developed a Speaker's Network of self-advocates who present at local, state, and national conferences. The Speaker's Network offers individualized coaching to young adults with disabilities who want to share their story. The program empowers self-advocates to use their lived experiences to increase disability awareness. They have presented at local colleges and various statewide and national conferences.

INCLUSIVE COMMUNITIES PROJECT

Dan Habib, renowned film maker, public speaker, and disability rights advocate, joined WIHD in July as the Inclusive Communities Project Director. Dan has produced several award-winning documentary films on disability-related topics. His films include Including *Samuel*, *Intelligent Lives*, *Who Cares About Kelsey?*, *Mr. Connolly Has ALS*, as well as a number of short films. Dan, along with his son, Samuel, are working on their latest feature-length film, *My Disability Roadmap*, which follows Samuel, a young adult who wants to date, leave home, and go to college.



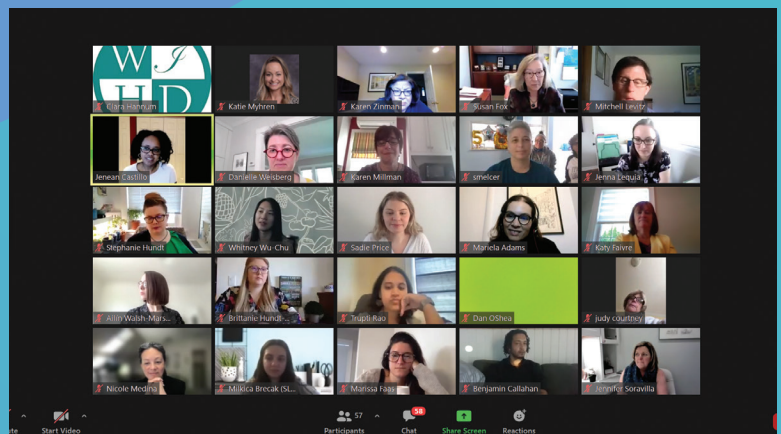
RESEARCH DEPARTMENT

As an academic institution, WIHD conducts innovative research and uses what we are learning to educate current and future professionals. Each year, hundreds of students from affiliated universities and colleges participate in fellowships, internships, research and clinical rotations at WIHD.

The Research Department conducts projects on a variety of topics in the areas of clinical, educational, and social-behavioral research. Our findings are shared with the broader community of disability professionals through presentations and publications to promote systems change and effective programs and strategies.

LEND PROGRAM

WIHD's Leadership Education in Neurodevelopmental Disorders (LEND) Program is an interdisciplinary leadership training program focusing on development across the lifespan, disability policy and advocacy, research methodology, cultural competency, and family-centered practices. LEND trainees include graduate students and post-doctoral fellows; self-advocates; and family members of children and adults with disabilities.



Graduated 19 LEND trainees



CHILD WELFARE SERVICES AND CHILDREN'S ADVOCACY CENTER

For over 35 years, WIHD has provided innovative and comprehensive services and supports to children and families involved with the child welfare system in Westchester County. Everything we do is designed to improve overall health and well-being of the children we serve and our therapeutic and educational services are delivered using trauma-informed care principles. We provide trainings for parents whose children came into foster care as a result of neglect or abuse and our Aftercare program provides support to ensure the successful reunification of children who return home. Project Impact is a unique and specialized program

that supports parents with an intellectual disability whose children are at risk of entering foster care.

The Children's Advocacy Center (CAC) at WIHD provides coordination for the multi-disciplinary assessment of children with suspected sexual and/or physical abuse. The CAC is integrated with our Child Abuse Pediatrics Program, the largest forensic medical practice in the state of New York. The program is viewed as a model for state-of-the-art forensic medicine presented in a compassionate manner.



FAMILY CONNECTION: EARLY INTERVENTION SERVICE COORDINATION PROGRAM

WIHD's Early Intervention Service Coordination Program, or Family Connection, is exclusively staffed by parents of children with disabilities. Our multicultural staff provides true family centered care, in navigating often confusing systems, serving as a link to community resources and opportunities, and giving families empowerment and support.



RESPONSE TO COVID AND VACCINE CLINIC

Through extensive advocacy, and in partnership with the Westchester County Department of Health, WIHD was able to establish a COVID-19 vaccine clinic; turning our lobby into a state of the art vaccination site. With the support of many WIHD staff and volunteers, we were able to provide life-saving vaccines to over 450 individuals with disabilities, staff, and family members.

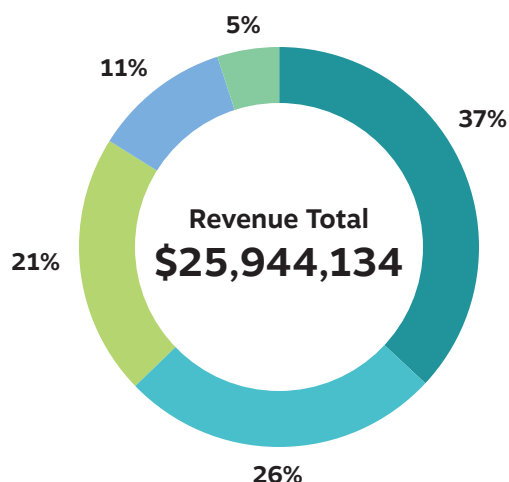
2,000
therapeutic and
educational sessions
provided to
347 children

170
birth, foster, and adoptive
families supported

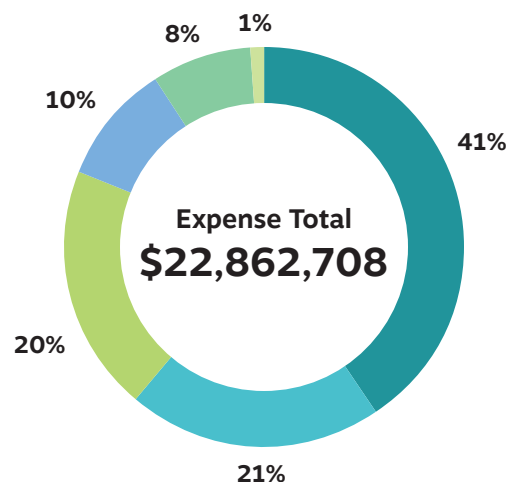
296
evaluations of suspected
physical and/or sexual abuse
of children conducted

2,453
children age birth to three
and their families received
early intervention service
coordination

STATEMENT OF REVENUE AND EXPENSES



Contracted Services \$9,630,607	Paycheck Protection Program Grant \$2,861,100
Clinical Services \$6,782,526	Contributions & Other \$1,226,672
Grant & Program Support \$5,443,229	



Health Services \$9,270,090	Administration \$2,325,825
Child Welfare & Children's Advocacy \$4,828,818	Training & Research \$1,727,533
Grant & Program Support \$4,504,821	Development \$205,621

STATEMENT OF FINANCIAL POSITION

As of December 31, 2021

ASSETS

Current Assets	
Cash	\$6,706,417
Investments	\$4,624,795
Medical Accounts Receivable	\$759,535
Other Accounts Receivable	\$3,692,583
Prepaid Expenses	\$224,178
Total Current Assets	\$16,007,508
Fixed Assets	\$834,231
Total Assets	\$16,841,739

LIABILITIES AND NET ASSETS

Current Liabilities	
Accounts Payable and Accrued Expenses	\$631,201
Accrued Payroll and Compensated Absences	\$1,037,332
Due to Third Party	\$929,768
Deferred Revenue	\$284,914
Total Current Liabilities	\$2,883,215
Paycheck Protection Program Loan	\$1,950,000
Total Liabilities	\$4,833,215
Net Assets	
Without Donor Restrictions	\$8,508,996
With Donor Restrictions	\$423,102
Change in Net Assets	\$3,076,426
Total Net Assets	\$12,008,524
Total Liabilities and Net Assets	\$16,841,739

THANK YOU TO OUR DONORS

WIHD appreciates the generosity of each and every one of our donors. Without your support, we could not carry out the many critical programs at WIHD. Thank you for your dedication to our mission over the years.

The following list acknowledges gifts made to WIHD in 2021. Please let us know if your name or that of your company, foundation, or organization is missing or printed incorrectly.

\$10,000–\$25,000

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Vanessa Kay & Perry Steiner
Monica & John Sganga

\$2,500–\$9,999

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We could not do our vital work without the support of the following foundations. Thank you for your support!

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The Far Fund

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for Human Development

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The Westchester Institute for Human Development is a University Center for Excellence in Developmental Disabilities dedicated to improving the lives of people with disabilities and vulnerable children. Founded in 1950 in Manhattan, WIHD relocated to Westchester County in 1972 and has been providing a wide range of medical, clinical and social services; conducting innovative research; educating current and future professionals; and informing the field for over 70 years. At WIHD, everything we do is guided by our vision of a future in which all people, including people with disabilities and vulnerable children, live healthy and productive lives as full members of society.



Thank you