

Westchester Institute for Human Development

Westchester Institute for Human Development Cedarwood Hall, Valhalla, NY 10595 (914) 493-8150 • wihd.org

June 2022

## CSN - Self-Advocacy Social Update!

Hello everyone!

Let's us stay connected. Here are some things happening you should know about. June 2022 SA NEWSLETTER.



## Self-Advocating group NEW events,

The Hear Our Voices self advocacy group at WIHD supports individuals with developmental disabilities in learning useful information. Our next meeting is on **Wednesday, June 15th, 2022, 6pm-7pm.** Topic: **Fitness and Physical health** The HOV speaker **William Drew**, he is the owner of Hudson Valley Clinical Services, a home care Physical and Occupational Therapy company for individuals with developmental and intellectual disabilities. **More information is on HOV Flyer. Here is the register link:** 

https://zoom.us/meeting/register/tJAtcO2trz4uHNcuqL8dFEQrXqDmx2gQ4gul



## GetWIHDit Social group events on zoom, EVERY FRIDAY: 5pm - 6:30pm,

My social group friends and I are going to play a fun NEW game called family Fued app on zoom. Let me know if you are interested. Register in advance for this meeting:

https://zoom.us/j/99105314255?pwd=VzBzaVRmMWRSNnBKei8zbWMvK0U5UT09



**SATURDAY**: Would you like to join the GetWIHDit crew for fun Movie or bowling on Saturday if you are interested, Let Brendan know for more information about events <u>bklein@wihd.org</u>

**SUNDAY:** Would you like to join the GetWIHDit crew for fun walk or gardening/pizza on Sunday if you are interested, Let Brendan know for more information about events <a href="mailto:bklein@wihd.org">bklein@wihd.org</a>



## SANYS Regional Leadership meetings: 12pm – 2pm,

There is a great self-advocacy organization called **SANYS**. They have Zoom meetings every mont3h and their next SANYS Regional Leadership meeting is on **Tuesday**, **July 5th 2022 at 12 PM – 2 PM**. Here is the zoom link and dial-in information: https://zoom.us/j/92281612488 Call-In: (929) 205-6099 Meeting ID: 922 8161 2488.



If you need help creating a Facebook account or any other social media account, I can show you how. If you would like to join my (<u>PRIVATE</u>) Facebook social groups or have any questions, just send me an email I will send you more info about my social groups. Email: <u>Brendan Klein bklein@wihd.org</u>.









