

Westchester Institute for Human Development Cedarwood Hall, Valhalla, NY 10595 (914) 493-8150 • wihd.org

May 2022

CSN – Self-Advocacy Social Update!

Hello everyone!

Let's us stay connected. Here are some things happening you should know about. **May 2022 SA NEWSLETTER.**



Self-Advocating group NEW events,

The Hear Our Voices self advocacy group at WIHD supports individuals with developmental disabilities in learning useful information. Our next meeting is on **Wednesday, May 18th, 2022, 6pm-7pm.** Topic: **What does Self Advocacy mean to YOU?** The HOV speaker **BJ Stasio** He is the Co Vice President of the Board of Directors of the Self-Advocacy Association of New York State (SANYS). More information is on HOV Flyer. **Here is the register link:** <u>https://zoom.us/meeting/register/tJ0uc-CspjwsGNJ4TO7K3qTkJ43QyNa1HiAf</u>



GetWIHDit Social group events on zoom, EVERY FRIDAY: 5pm - 6:30pm,

My social group friends and I are going to play a fun NEW game called family Fued app on zoom. Let me know if you are interested. Register in advance for this meeting:

https://zoom.us/j/99105314255?pwd=VzBzaVRmMWRSNnBKei8zbWMvK0U5UT09



EVERY SATURDAY: night the GetWIHDit crew does something fun like dinner and a movie or bowling. Sometimes we go to Dave & Busters. Since it's different every week, email Brendan for more information.



EVERY SUNDAY: Every Sunday we try to work at a different garden in the community. After, we go get a snack or pizza. If that is something you are interested, email Brendan for more information. <u>Bklein@wihd.org</u>



SANYS Regional Leadership meetings: 12pm – 2pm,

There is a great self-advocacy organization called **SANYS**. They have Zoom meetings every mont3h and their next SANYS Regional Leadership meeting is on **Tuesday**, **June 7th 2022 at 12 PM – 2 PM**. Here is the zoom link and dial-in information: https://zoom.us/j/92281612488 Call-In: (929) 205-6099 Meeting ID: 922 8161 2488.



If you need help creating a Facebook account or any other social media account, I can show you how. If you would like to join my (<u>PRIVATE</u>) Facebook social groups or have any questions, just send me an email I will send you more info about my social groups. Email: <u>Brendan Klein bklein@wihd.org</u>.





UNIVERSITY CENTER FOR EXCELLENCE IN DEVELOPMENTAL DISABILITIES