

Chapel Haven Schleifer Center

Providing lifelong individualized services for adults with varying abilities, empowering them to live independent and self-determined lives.

Chapel Haven adults are...

18+ years old with developmental and social disabilities/autism spectrum disorders

High school graduates or still enrolled in high school on IEP

Emotionally and behaviorally stable

Motivated to begin learning independence

Many different ages and life situations



"I am very fortunate to be a part of an amazing community where I have friends! I live in a great city filled with lots of things to do and have an awesome job."

Kimber, REACH graduate



"What I like about ASAT is that they're not your typical school classes... You don't have homework, you don't have tests too often. You're really learning as you go. It's really stuff you can use for the rest of your life."

Jessica, ASAT graduate



CHSC Programs at a Glance

REACH

- Designed for adults with: intellectual & developmental disabilities, autism spectrum disorders, Down syndrome, cerebral palsy
- 2-year program with flexibility based on the individual
- Apartment living with roommates
- Emphasis on: functional academics, life skills, social communication, safety, recreation
- Residential (\$75,000/yr) or day (\$45,000/yr) options*

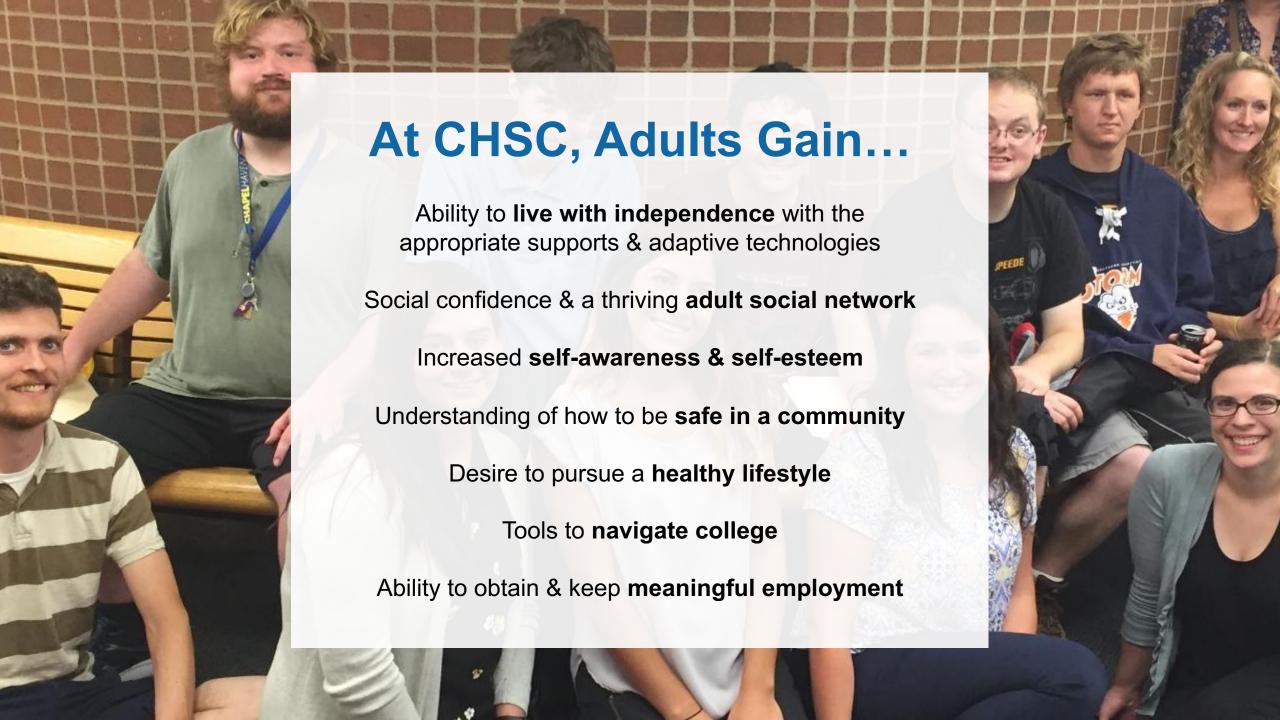
ASAT

- Designed for adults with: mild autism, Asperger syndrome, social communication disorders, executive functioning challenges, nonverbal learning disorders
- 6 week workshops = flexible programming & cost
- Apartment living with roommates
- Core curriculum domains: life skills, self-determination, vocation/college success, social communication
- Residential w/ overnight support (\$72,500/yr), residential w/out overnight support (\$62,500/yr), or day (\$47,500/yr) options*

Additional Programs

- Chapel Haven Online: learning & socializing from your own home
- Recreation Program: 30+ evening & weekend social activities per month
- CareerAbility: supports vocational training & employment
- SLP & ASAT COS: supports adults after graduation

*OPWDD funding does not apply to CHSC programs - CHSC offers need-based scholarships







Chapel Haven Schleifer Center

1040 Whalley Ave. New Haven, CT 06515 | (203) 397-1714 | admission@chapelhaven.org www.chapelhaven.org



https://www.wihd. org

Welcome!

Community Support Network Transition Institute 2022

Institute for Collegiate and Career Studies

@ Maplebrook School

Who We Are:



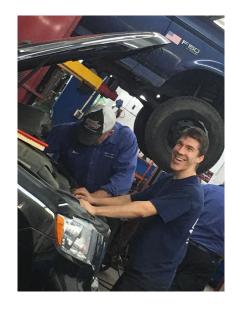
ICCS students are not defined by their learning disabilities, they use them as a tool to build character, resilience and succeed.

FAST FACTS:

- > IQ range: 70-95
- Diagnoses: ADHD, anxiety, social/emotional deficits, expressive and receptive language disorders, dyslexia, dyscalculia, dysgraphia, executive functioning, auditory processing disorder and other attention-based learning differences
- Acceptance age: 11-21
- Demographics: domestic, international, coeducational

Academic & Vocational Information

- Because all students learn differently, an individualized program is created based on a student's vocational passion.
- Programming is based around a work internship and involves classes from the Life Centered Education curriculum.
- Once a student has determined an area of specialty, he/she will enroll in a credential or certification program accompanied by real-time field experience.
- Students learn all the skills necessary to live an independent and successful life.





Independent Living Information

Instruction is provided in areas such as:

- planning, cooking and shopping skills, as well as maintenance of personal living space
- budget income to be able to purchase what is needed
- maintain a healthy lifestyle and diet, maintain good personal hygiene, care for oneself when sick, ask for assistance when needed and practice safety measures in various situations both in and out of the home.
- practice effective time management, set realistic goals and improve ability to recognize strengths and weaknesses





Social/Emotional Supports

Students with strong social-emotional skills are better able to cope with everyday challenges and benefit academically, professionally, and socially.

In ICCS, we teach our students the skills necessary to build self-esteem, strengthen social skills, nurture positive relationships and enhance their executive functioning. As a boarding school, this education happens around the clock using a variety of methods including:

- Responsibility Increases Self-Esteem (RISE) program
- Counseling both on and off campus
- Mindfulness Exercises
- > Social Skills instruction
- Daily workshops in our Wellness Center addressing: stress management techniques, self-advocacy, coping mechanisms, problem solving, assertiveness, etc.

Each student works with a faculty/staff mentor who is trained in ego-supportive counseling techniques to help with goal setting, executive functioning, problem solving and day-to-day coping strategies







2022-23 Tuition & Fees

\$72,500 (cost includes tuition, technology fee, room & board, tutoring, vocational assessment and speech & language)

Affording an ICCS Education:

We are committed to attracting a diverse student body. The purpose of our financial aid policy is to make it possible for deserving students, whose families do not have the monetary resources to meet the cost of a Maplebrook education, to attend.

Maplebrook School strives to allocate available funds to best ensure a student body which will enrich the educational experience of the entire school community.



Contact Information

ICCS Admissions
admissions@maplebrookschool.org
(845) 373-8191





Welcome!

Community Support Network Transition Institute 2022

Ramapo For Children





Staff Assistant Experience

Who Are We?

- Transition to Independence Program
 - Age Range 18-26 for year round and 17 to 26 for summer
- Focus and programming targeted on building skills in three main goal areas:
 - o Social Emotional
 - Independent Living
 - Job Readiness
- Our unique and inclusive community of neurotypical and neurodiverse participants and staff enable staff assistants to feel a deep sense of belonging and safety which creates opportunities for learning and connecting.
- Participants live in dorm style housing with a roommate with staff also living in the building

Vocational Tracks On Campus

- Animal Husbandry
 - Ongoing care of Ramapo corral animals
 - Prep to become an assistant vet tech
- Dining Hall front of the house and back of the house
 - Set up and clean up creating a welcoming environment
 - o Food prep
 - Dish washing
 - Serving
 - Certification in Safe-Serve
- Adaptive Design Cardboard Carpentry
 - o Design and creation of adaptive equipment for people with special needs
 - Special attention to individualized needs and preferences
 - Delivery and gifting of adaptive equipment
- Child Care certification
 - Before and After School
 - o Day Care
 - o Residential Camp, Day Camp
- Housekeeping
- Maintenance
- Summer Cafe Retail experience
 - o Customer service
 - Inventory
 - o Payment transactions
 - \circ presentation
- Clerical skills in our main office

Participants work on campus while building skills and then volunteer off campus and eventually gainful employment within the community

Supports

- Licenced clinical social worker who is available for individual and group therapy
- Occupational Therapist
- Driver able to accommodate transportation for individualized schedules
- On campus Vocational Director who oversees programming
- Employment Specialist:
 - facilitates job skills workshops,
 - o resume writing,
 - help to find volunteer opportunities of interest and off campus paid employment with over 30 partners in the Hudson Valley.
 - Available for off campus coaching
- Direct line staff from 8am to 10pm who are on an on call evening rotation from 10pm to 8am

What skills do you look for in a potential candidate?

- Ability to independently navigate campus
- Be independent from 10pm to 8am with a staff member on-call for emergencies
- Maintain a basic standard of hygiene
- Someone who wants to engage in the program and is willing to try with supports

How can caregivers support their young adult to be prepared?

- Setting up structures and routines that can enforce healthy habits such as being able to maintain a basic standard of hygiene
- Talking with the individual about what they want to achieve and how certain supports can help them reach their goals

What skills will the individuals learn at your program?

Social and Emotional Skills

- How to independently identify and manage emotions
- How to start and continue conversations
- How to relate and communicate with others
- How to learn different communications skills such as verbal and nonverbal

• Independent living Skills

- How to advocate for one's needs
- How to complete independent tasks such as cooking, cleaning, doing laundry, waking up on time and follow a schedule.
- Money management. Participants earn a stipend and learn to budget with their own funds.

Job Readiness

- Time management
- How to work as a team
- How to follow directions
- Communication skills
- Problem solving skills
- Flexibility and adaptability
- Interpersonal skills (active listening, responsibility, motivation, patience etc.)

Typical outcomes

We have a few different outcomes from our program

- College
- Own apartment and a full time job
- Living in an apartment with a visiting community habilitation worker and working part time
- Volunteering or Working and living with a live in caregiver
- Living in a supported apartment program

Cost

- Private Pay
- 76,500 a year/\$6300 a month
- In the process of working to have families be able to receive reimbursement though OPWDD through transition funding and community classes
- Scholarships available upon need



Welcome!

Community Support Network Transition Institute 2022



Summit's programs are located in **Honesdale**, **PA**, about 3 hours from NYC. THE CENTER program is a 7 week intensive that occurs in the summer months of July and August.

The I.L.C., or Independent Living Center, is a long term program that occurs from September through May.



BOTH PROGRAMS FOCUS ON THE DEVELOPMENT OF KEY SKILLS FOR THE TRANSITION TO ADULTHOOD: SELF-CARE, PRE-VOCATIONAL EXPERIENCES AND INTRODUCTORY WORK PROGRAMS, AND SOCIAL DEVELOPMENT.

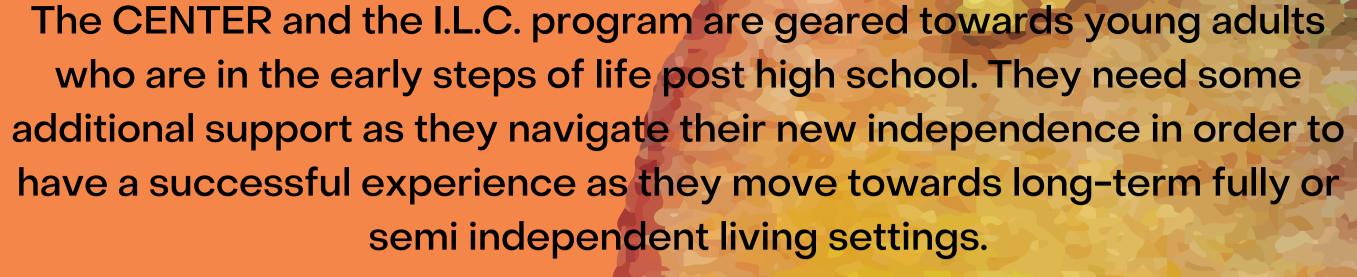


Participants live in shared housing units that have private rooms with shared kitchen, living, and bathroom areas. A significant component of the program is learning how to live in this cooperative environment and to complete necessary self care and housekeeping duties. Participants will learn to prepare meals, keep their own spaces, and engage in duties such as laundry and dishwashing.



The facilities

Shared Housing Units





Generally, our participants have the capability to do many aspects of self-care and can work in a number of vocational settings with appropriate supervision and direction. They may require ongoing support to ensure these skills are performed/maintained. They do not require others to perform self-care tasks for them directly.

The Participants

Young Adults 18-27



"Around the house"

- Doing one's own laundry
- Washing dishes after a meal
- Independently preparing basic hot meals such as pasta with sauce, eggs and toast, or grilled chicken
- Changing bedding and making beds daily
- Vacuuming and sweeping shared spaces
- Receiving self-care reminders only as needed
- Coaching to help with various tasks that are challenging or not being done sufficiently for self-care

Program Components

Examples of Regular Learning and Social Activities

"In the Community"

- Engage in shared activities with other participants,
 such as games or going to a movie together
- Regular attendance at the local YMCA fitness center
- Take small trips to a theme park, mall, or state park
- Keep a budget for discretionary spending and carry a wallet/identification with you

"At Work"

- With staff support, find and attend a regular worksite in the community
- Using assessments and working with staff on-site, identify skills and deficits in the worksite
- Participate in group activities to replicate worksite activities in the campus setting, such as a group activity in the dining hall
- Practice interviewing and resume development,
 practice job application processes

THE CENTER: 7 WEEKS FROM JUNE 26TH 2022 THROUGH AUGUST 13TH, 2022; CONTINUOUS-\$16500

THE ILC: 9 MONTHS FROM SEPTEMBER 2022
THROUGH MAY 2023; CONTINUOUS WITH
HOLIDAY BREAKS-\$65000

Summit participants are on-site during the programs 24 hours a day, 7 days a week. The ILC includes a holiday break for winter and spring.

<u>All</u> meals, activities, staffing, transportation within programs, housing, and services are included in tuition costs.

Summit will engage with any agency or participant representative to discuss funding options, but we cannot guarantee funding through any service provider as we are a private program.

Summit programs universally cost between \$12 and \$15 an hour.



Duration and Financial Overview

OUTCOMES?

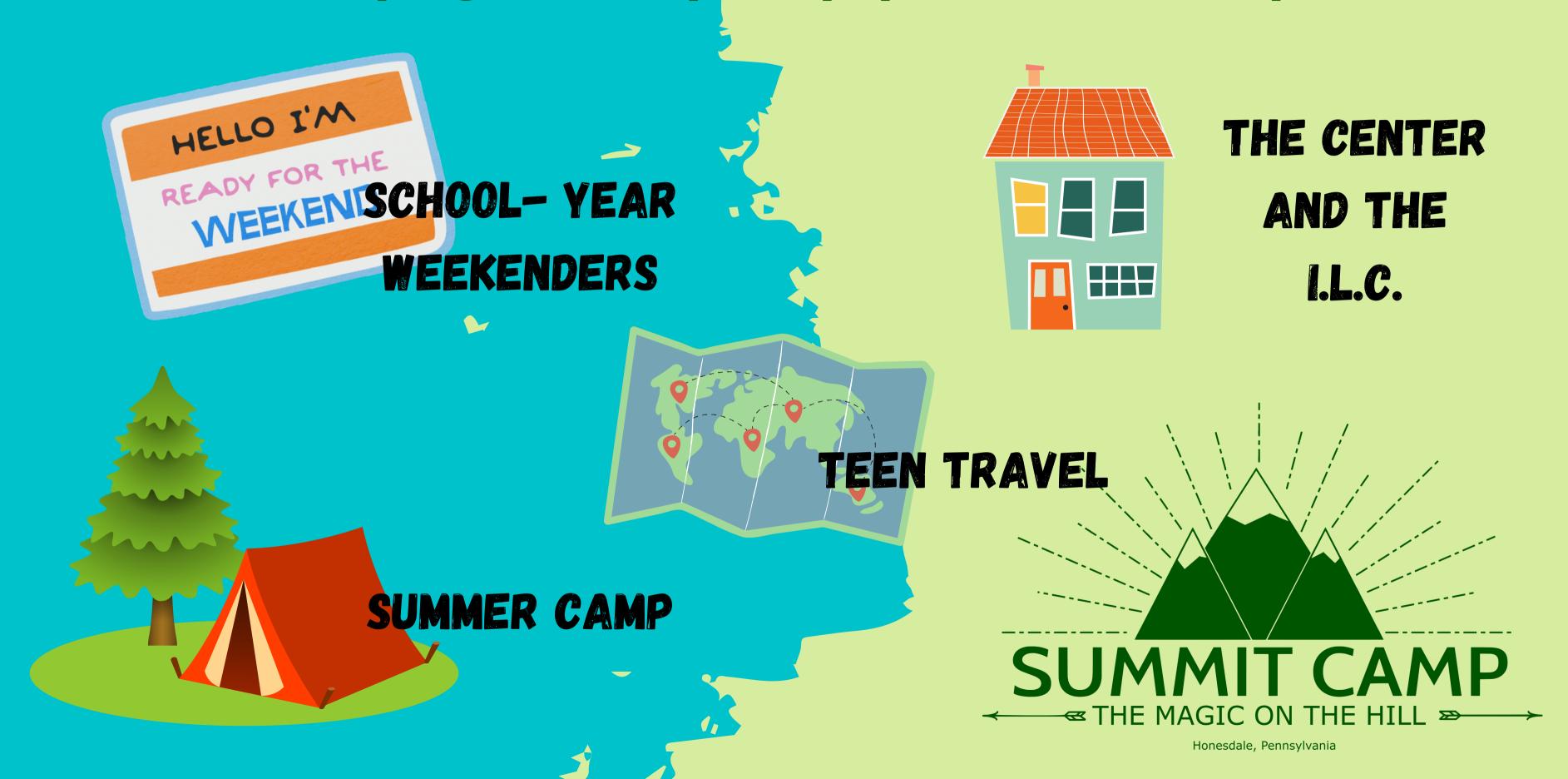
- All participants employed in community setting
- All participants completing their own daily living tasks with supervision
- Improving self-esteem and confidence
- Taking on new challenges and accepting limits

The MOTIVATION



THE I.L.C. PET
RABBIT

All of Summit's programs help our populations develop life skills!



THANKS FOR JOING USI



www.summitcamp.com 570-253-4381



supporting teens and young adults with autism and learning differences

Mayfield & Albany, NY

Why Transitions?























Internships



- Avanti ControlSystems
- ChartwellsSchools Dining
- Services

 Coldwell

 Banker Arlene
- M. Sitterly
 Greenscapes
- Landscaping

- Herba TreeFarm
- Chrissy'sGreenhouse
- Price ChopperBakery
- KingsboroCatering

- FMCC Library
- Bark n' Play
- TJ Maxx
- Fulton County
 Tax Dept.
- JohnstownSchool District

- Warsaw Dog Training
- Goderie's Tree Farm
- PTECH
 (Pathways in Technology)
- Paul Nigra
 Center for
 Creative Arts

- Smiling FacesDaycareTarget
- Lexington IT
 Department

- Construction
- Human
- Resources
- PublicRelations
- Nursing
- Services
- Finance interns
- Entertainment
- Teaching assistants







Enrichment classes



Residential Life





Social Activities







Mentors & Staff







Mayfield Location











Albany Location



Jennifer Feagles - Director: <u>feaglej@transitionsusa.orq</u>, 518-224-1180 (cell), 518-661-6617 (office)

www.transitionsusa.org/apply/