



CSN – Self-Advocacy Social Update!

November 2021

Hello everyone!

Let's us stay connected. Here are some things happening you should know about.
November 2021 SA NEWSLETTER.



Self-Advocating group NEW events,

The Hear Our Voices self advocacy group at WIHD supports individuals with developmental disabilities in learning useful information. Our next meeting is on **Wednesday, November 10th, 2021, at 6pm to 7pm. Topic: Living Independently In Your Own Place.** Our HOV speakers **Solanyi Rosario**, Certified Housing Navigator and HOV Speaker's Network – **Hannah Badain** is a self-advocator. **Here is the register link <https://www.wihd.org/event/living-independently-in-your-own-place/>**

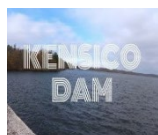


Do you want to tell your story? Do you want to present for advocacy groups? We have a program called Speaker's Network as part of Hear Our Voices. We'll help you create a professional presentation and coach you on how to be a public speaker. If you want to know more about and become a WIHD Self-advocate speaker, reach out to **Mariela Adams** at madams@wihd.org



GetWIHDit Social group events,

EVERY FRIDAY: at 5pm - 6:30pm Brendan and his social group friends are going to play the fun game called BINGO Let Brendan know if you are interested.



SATURDAY: 3pm - 4:30pm, would you all like to go for really nice walk and catch up with others at 3pm and enjoy yummy surprise treats! Ends at 4:30pm at Kensico Dam in Valhalla NY.

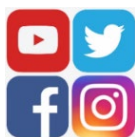


EVERY SUNDAY: 1pm - pick up at 3pm

Would you like to Join GetWIHDit group for football game at 1pm - pick up at 3pm after half-time. Have fun chatting with your friends and watch the football game at Ron Blacks White Plains Let Brendan know if you are interested.



There is a great self-advocacy organization called **SANYS**. They have Zoom meetings every month and their next SANYS Regional Leadership meeting is on **Tuesday, December 7th 2021 at 12 PM – 2 PM**. Here is the zoom link and dial-in information: <https://zoom.us/j/92281612488> Call-In: (929) 205-6099 Meeting ID: 922 8161 2488.



If you need help creating a Facebook account or any other social media account, Brendan can show you how. If you would like to join Brendan (**PRIVATE**) Facebook social groups or have any questions, just send him an email. He will send you more info about his social groups. Email: **Brendan Klein** bklein@wihd.org