

Mid-Hudson Parent Support Coalition



A collaborative effort of community organizations to assist families of youth with disabilities

Think You Need An Advocate? Consider These First Steps

1.

Have you consulted with a representative from a community organization to discuss special education issues or attended a parent training providing information to help you work effectively with your school team?

2.

Have you reviewed any resources on the special education process, requesting Individualized Education Program (IEP) changes and your rights as a parent?

3.

Have you reviewed your child's most recent IEP and highlighted your main concerns?

4.

Have you contacted the person directly involved regarding your concerns?

5.

Have you brought the issue to the attention of your school's director of special education/pupil personnel services, or the building principal?

Parent Support Is Available! *(See page 2)*

**Resources
& Training**

**Direct
Consultation**

**Educational
Advocacy**

Mid-Hudson Valley Resources



Contact any of these organizations of the Mid-Hudson Parent Support Coalition for free resources and training opportunities, direct consultation to discuss special education related issues, and support through educational advocacy	Training	Consultation	Advocacy
Westchester Independent Living Center, Inc. Covers: All counties in the Hudson Valley 914-682-3926 or contact@wilc.org https://www.wilc.org/	Yes	Yes	Limited (upper Westchester County only)
Putnam Independent Living Services Covers: All counties in the Hudson Valley 845-228-7457 or contact@putnamils.org https://www.putnamils.org/	Yes	Yes	Limited (Putnam County only)
Taconic Resources for Independence Covers: Dutchess County 845-452-3913 or tri@taconicresources.org https://taconicresources.org/	Limited	Yes	Yes
Resource Center for Accessible Living (RCAL) Covers: Ulster County 845-331-0541 or tbogart@rcal.org https://rcal.org/	No	Yes	Yes
Independent Living Inc. Covers: Dutchess, Orange, Rockland, Sullivan and Ulster counties Newburgh: 845-565-1162, Middletown: 845-342-1162, Monticello: 845-794-3322 or dtroeller@independentliving.org http://www.myindependentliving.org/	Yes	Yes	Limited (Orange and Sullivan counties only)
WIHD/Community Support Network Covers: All counties in the Hudson Valley 914-493-8119 or csn@wihd.org https://www.wihd.org/programs-services/community-support-network/	Yes	Yes	No

You know your child best. Learn to advocate effectively, then teach your child.