



*“Hear Our Voices” - Self Advocacy Group Meeting*

**Self Advocacy in Relationships**

**Wednesday, October 14<sup>th</sup> 2020. 6:00-7:00pm**

This will be a ZOOM Meeting (See information on this below)

Zoom Link [here](#)



During this zoom meeting, we will talk about:

- **Being in a couple – what is healthy? What is unhealthy?**
- **Speaking up in relationships / problem-solving**
- **Breaking up – being respectful and dealing with emotions**

The meeting discussion leader will be **Stephanie Bellantoni**, Assistant Director of Community Support Network at WIHD.

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**For more information contact: Stephanie Bellantoni ([sbellantoni@wihd.org](mailto:sbellantoni@wihd.org)) or  
Brendan Klein ([Bklein@wihd.org](mailto:Bklein@wihd.org))**

Please feel free to share this announcement with other self-advocates who may wish to join and their house staff or family members.

***New members are always welcome to join!***

