

BETTER BEST 2018

2018 ANNUAL REPORT



Westchester Institute
for Human Development

WIHD is one of 67 University Centers for Excellence in Developmental Disabilities

As one of 67 University Centers for Excellence in Developmental Disabilities, the Westchester Institute for Human Development (WIHD) is dedicated to improving the lives of people with disabilities and vulnerable children through professional education, direct service provision, and innovative research. For over 45 years, WIHD has been a key regional resource providing a wide range of medical, dental, clinical, and social services to individuals, families and professionals throughout Westchester County and the Lower Hudson Valley.

At WIHD, everything we do is guided by our vision of a future in which all people, including people with disabilities and vulnerable children, live healthy and productive lives as full members of society.

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Dear Friends, Colleagues, and Supporters:

I am pleased to share with you Westchester Institute for Human Development's (WIHD's) 2018 Annual Report. As a University Center for Excellence in Developmental Disabilities (UCEDD), WIHD is a unique resource serving Westchester County and the Lower Hudson Valley and impacting services statewide and nationally. While providing a broad spectrum of medical, clinical, and social services for individuals with intellectual and developmental disabilities and vulnerable children; we also conduct innovative research, disseminate information to inform the field, and train both current and future professionals.

An exciting achievement this past year has been the completion of our strategic plan, which outlines a set of strategic intentions to guide our work over the next three years. Our intentions are to:

- Be the Best Place to Receive Services and Supports
- Be Well-Known and Well-Respected throughout the Community
- Be a Sustainable Organization
- Be the Best Place to Work

WIHD staff and its Board of Directors are busy implementing new initiatives to move us towards these stated intentions. Visit our website at wihd.org to learn more about the strategic plan and what we are doing to reach our goals.

Each year our services make a positive impact on the lives of over 5000 individuals with intellectual and developmental disabilities; 450 children served by our Child Welfare Program; and thousands of families, students, and professionals. We could not do this without the generous support of our many donors and we are honored when you place your trust in us and the work we do. Thank you to all who have engaged with us this past year to support our critical work.

Please take a few minutes to browse through our report and learn more about the exciting work going on at WIHD. I am proud to join with all of you as we work together toward our shared vision of a future in which individuals with disabilities and vulnerable children live healthy and productive lives as full members of society. Thank you for your support and for taking the time to learn more about us.

Sincerely,

A handwritten signature in cursive script that reads "Susan W. Fox".

Susan Fox, PhD
President and CEO

WIHD's Child Welfare program served **450** children and their birth, foster and adoptive families in 2018.

FOSTER CARE: When four year old J came into foster care, the trauma he experienced was so significant it seemed unlikely that he would be able to form healthy attachments. Fortunately, he was placed with loving and committed foster parents, but was extremely hard to manage at home and school. There were many times when J's placement with the P's was in jeopardy.

→ As Westchester County's only provider of comprehensive services to children in family foster care, WIHD's highly skilled specialists wrapped support around J and his foster family, often seeing them multiple times per week and fielding phone calls almost daily.

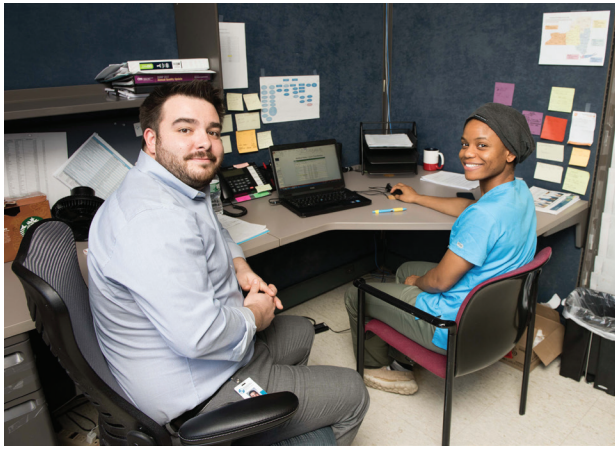
→ Through training provided by WIHD, the P's learned about the impact of trauma on children and how their parenting style could both positively and negatively impact J's ability to heal and thrive. WIHD's intensive

services were critical to quelling J's anxiety and trauma symptoms. When it became clear that J's mother would never again be able to care for him, his longing for a sense of belonging and acceptance was realized when he became the P's "true son" when his adoption was finalized earlier this year. WIHD and the P's did not give up on J and were dedicated to supporting him achieve his full potential.

"The workers at WIHD are a blessing to foster parents and the children in their care. I will honestly say without their support, I would have been at a loss. Their constant calls, contact and support is beyond amazing."
Foster Mom



WIHD's Children's Advocacy Center conducted over **300** evaluations of suspected physical and/or sexual abuse of children in **Westchester County** in 2018.



WIHD provides direct services for people with **Intellectual and/or Developmental Disabilities** and their families.

These services include: primary health care, specialty health care, dental services, speech and hearing, assistive technology, behavioral psychology, service brokerage, and early intervention service coordination.



42,197 clinical and medical visits to **4,736** individuals

5,286 primary care visits to 1,471 adults

Conducted **321** assistive technology evaluations



Loaned **368** assistive technology devices



Provided **3,001** behavioral psychology visits to **121** children and adults

8,598 dental visits to **3,343** children and adults

3,448 audiology visits to **2,105** children and adults

2018 HIGHLIGHTS

JANUARY

WIHD attains recognition as a Patient Centered Medical Home



FEBRUARY

WIHD's Dental Program receives award and equipment donation from the NY State Dental Foundation



MARCH

Dr. Patricia Patrick promoted to Associate Professor at NYMC



APRIL

WIHD holds its Inaugural Gala at the Scarsdale Golf Club



MAY

Karla Diaz, Child Welfare Administrative Supervisor, honored by the Association of Hispanic Professionals at their annual scholarship dinner

LEND Graduation



JUNE

WIHD's three year strategic plan released

Liya Caiazzo, Compliance and Quality Improvement Officer, attended the AUCD Leadership Academy at Georgia State University in Atlanta

JULY

Dr. Jenean Castillo appointed LEND Director

JULY

Naomi Brickel receives NY Council of Administrators of Special Education (NYCASE) 2018 Friend of Special Education Award



AUGUST

WIHD celebrates the unveiling of its new Mobile Dental Clinic

Izel Obermeyer receives Carnegie-Wit Diaspora Fellowship and publishes book chapter on Addressing Executive Function in Schools

SEPTEMBER

Karen Edwards, VP for Education, Training and Research and LEND Director retires

Hired Cindy Lopane, Director of Philanthropy



OCTOBER

WIHD holds its second annual Fall Fun Fest

Pi Iota Omega chapter of Alpha Kappa Alpha Sorority donates backpacks, school supplies, and new coats to children in WIHD's Child Welfare Programs

NOVEMBER

Third year dental students from Touro Dental School at NYMC begin weekly rotations in WIHD's Dental Program to gain awareness of treating individuals with disabilities

WIHD faculty, staff, and trainees present at annual AUCD Conference in Washington, DC



DECEMBER

Dr. Patricia Seagriff-Curtin retires after 26 years at WIHD as Director of Dental Services



WIHD informs the field by conducting **innovative** research, educating current and future professionals, and disseminating information.

5 Peer - Reviewed Research Publications
23 Faculty and Trainee Research Projects
25 Leadership Education in Neurodevelopmental and related Disabilities (LEND) Trainees

GET WIHD IT - SELF-ADVOCACY AT WIHD:

Self-advocacy for individuals with intellectual and developmental disabilities is critical to their successful integration in the community. Each of us needs to be able to identify our own needs, interests, and preferences.

WIHD supports self-advocacy in a number of ways:

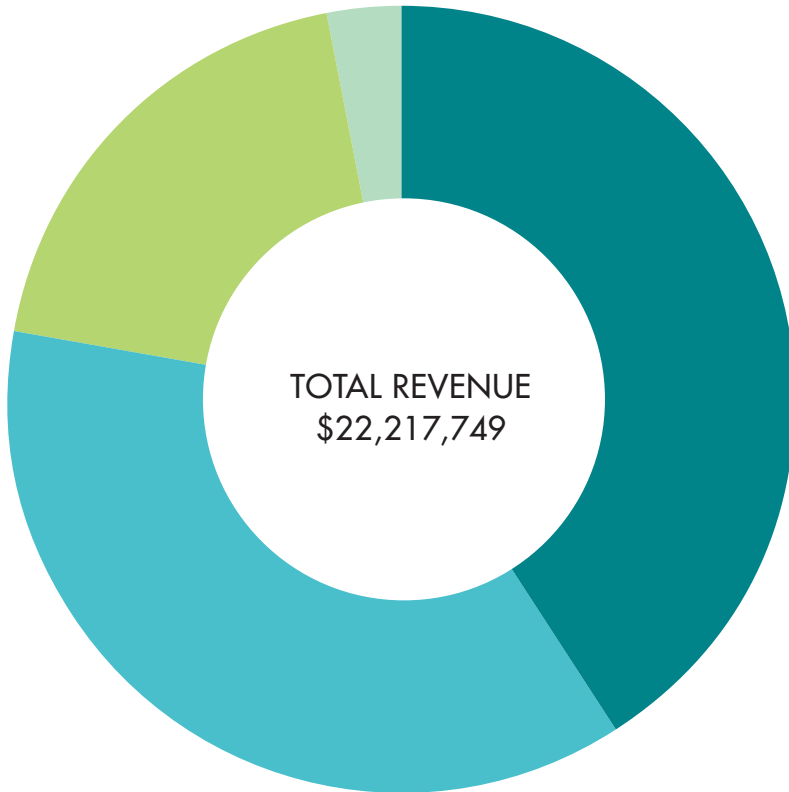
→ The Hear Our Voices Self Advocacy Group at WIHD provides a forum in which youth and adults with disabilities meet to discuss challenges and successes, and to explore their topic of the month. Mitchell Levitz, Self-Advocacy Coordinator here at WIHD, who himself is a

self-advocate, plans monthly meetings of Hear Our Voices, inviting in a community discussion leader on a topic of importance to the group.

→ WIHD self-advocate Brendan Klein, was recently hired as our Youth Advocacy & Engagement Coordinator. Brendan monitors WIHD's Social Network Facebook page for self-advocates (<https://www.facebook.com/WIHDSocialNetwork/>), which provides access to numerous opportunities in the community for young adults with disabilities to gather, network and have fun! He recently led the Hear Our Voices discussion on how to use social media platforms to bolster your social life!

→ WIHD employs a number of self-advocates in various positions including administration and greeter positions, every day showing people that the successful integration of individuals with disabilities is not only a possibility, but an opportunity no organization should miss. The work of these self-advocates remind us daily of the magnitude of what we do here at WIHD, and how it changes not only the lives of people with disabilities but everyone they encounter.





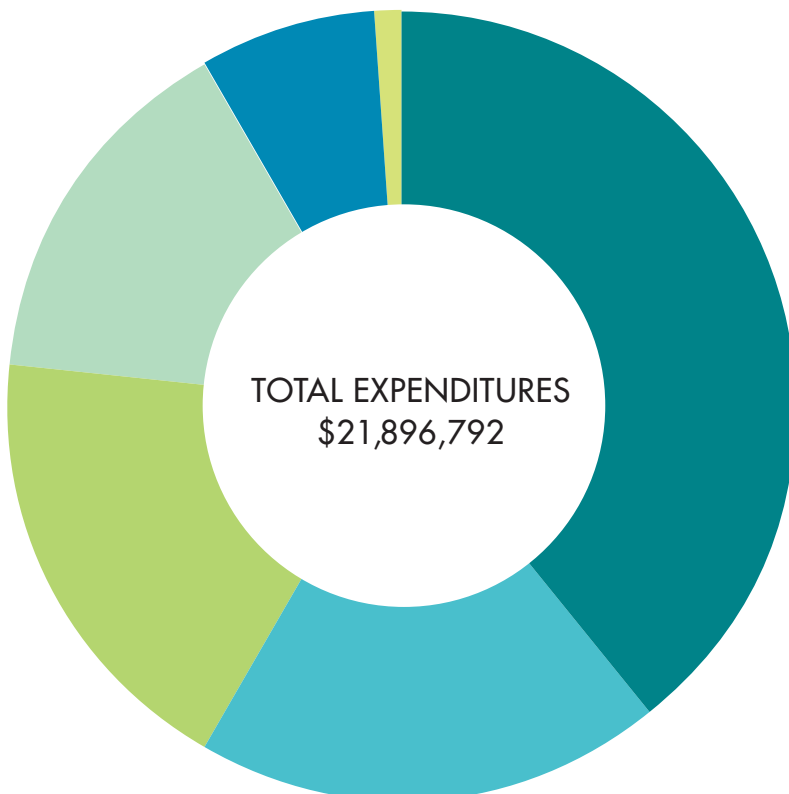
CONTRACTED SERVICES
\$9,144,865 → **41%**

CLINICAL SERVICES
\$8,229,246 → **37%**

GRANT AND PROGRAM SUPPORT
\$4,118,456 → **19%**

CONTRIBUTIONS AND OTHER
\$725,182 → **3%**

FIGURES REFLECT UNAUDITED FINANCIAL STATEMENTS
FOR 2018



HEALTH SERVICES
\$8,575,861 → **39%**

CHILD WELFARE AND
CHILDREN'S ADVOCACY
\$4,240,132 → **19%**

GRANT AND PROGRAM SUPPORT
\$3,944,815 → **18%**

ADMINISTRATION
\$3,295,963 → **15%**

TRAINING AND RESEARCH
\$1,574,699 → **7%**

DEVELOPMENT
\$265,322 → **1%**

DONORS

WIHD is greatly appreciative of the generous support of our many donors. Without your support, we could not carry out the many programs at WIHD. We at WIHD want to thank each and every one of you for your generosity and support over the years.

The following list acknowledges gifts made to WIHD in 2018. Please let us know if your name or that of your company, foundation, or organization is missing or printed incorrectly.

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David M.C. and
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