



Westchester Institute
for Human Development

Celebrating **ABILITIES**

2017 ANNUAL REPORT

ABOUT WESTCHESTER INSTITUTE FOR HUMAN DEVELOPMENT

As one of 67 University Centers of Excellence in Developmental Disabilities, the Westchester Institute for Human Development (WIHD) is dedicated to improving the lives of people with disabilities and vulnerable children through professional education, direct service provision, and innovative research. For over 45 years, WIHD has been a key regional resource providing a wide range of medical, dental, clinical and social services to individuals with disabilities, vulnerable children, families and professionals throughout Westchester County and the Lower Hudson Valley. At WIHD, everything we do is guided by our vision of a future in which all people, including people with disabilities and vulnerable children, live healthy and productive lives as full members of society.

CELEBRATING
ABILITY

WELCOME LETTER

Dear Friends and Supporters,

The theme of this year's Annual Report is "Celebrating Abilities".

As you may know, WIHD is a special place, unlike any other. Each year we provide almost 42,000 specialized medical, dental and psychological services to over 5,000 individuals with intellectual and developmental disabilities and child welfare services to over 350 children. WIHD's ability to deliver the highest quality services, conduct innovative research, and provide specialized leadership training is dependent not only on the funds we receive for these services but also on the generosity of our friends and supporters.

We hope you are inspired by what you see in this report and we hope you consider setting up a visit to WIHD and see firsthand the impact we make. At WIHD, everything we do is guided by our vision of a future in which all people, including people with disabilities and vulnerable children, live healthy and productive lives as full members of society.

Once again, we extend our thanks and appreciation for your support. We look forward to working together toward our shared vision of a future in which individuals with disabilities and vulnerable children live healthy and productive lives as full members of society. Thank you for taking the time to learn more about us and joining with us to celebrate the abilities of all individuals.

Sincerely,



Susan Fox, PhD
President/CEO



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WIHD BY THE NUMBERS...

Over **24,000** visits by more than **5,400** patients in our Adult Health Primary, Specialty and Psychiatric Care Services



327 children in family foster care received services from WIHD's Child Welfare Program

Child Advocacy Center conducted **336** multidisciplinary assessments of suspected physical and/or sexual abuse of children between the ages of 0 – 18



Over **2,300** therapeutic visits by 108 individuals in our Behavioral Psychology Program

Special Education Parent Center (SEPC) and Early Childhood Direction Center (ECDC) provided **159** trainings to over **3,700** professionals, parents, and community members



The Family Connection provided service coordination at no cost to parents of children with disabilities by professionals, many of whom are also parents of children with disabilities

Over **6,800** visits by almost **2,300** patients in our Dental Services Dental Van provided more than **1,700** visits to an additional **1,000+** patients



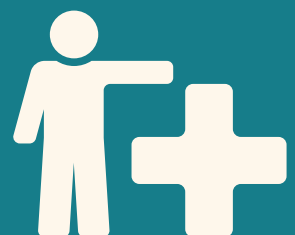
Self-Direction Service Brokerage to **111** individuals with intellectual and developmental disabilities

Medicaid Service Coordination to over **135** individuals with intellectual and developmental disabilities



The LEND Program trained **25** trainees in **11** disciplines with 4 trainees participating from abroad – 2 from Puerto Rico and 2 from the US Virgin Islands

Conducted **8** research projects with faculty and trainees and presented **11** posters at state and national conferences



PROGRAMS AND SERVICES

Assistive Technology

WIHD's multidisciplinary Assistive Technology (AT) team – including occupational therapists, speech-language pathologists, educators, and other specialists – works with local schools, individuals, families, and other caregivers to identify and implement devices, adaptations, and strategies that can help improve learning, mobility, access, and control over the environment. We provide AT evaluations, training, and technical assistance, and we lend AT equipment to individuals of all ages.

Behavioral Psychology Program

The Behavioral Psychology Program provides a highly specialized service focused on providing behavioral assessment, consultation, and intervention services to individuals ages 2 through adult, with intellectual and/or other developmental disabilities (including autism spectrum disorder) using methods based on applied behavior analysis (ABA).

Child Welfare Services

WIHD provides a range of supports and services to children and their birth, foster and adoptive families in Westchester County in order to strengthen families and promote child safety, well-being, and permanency. WIHD provides individualized clinical and supportive services, intensive parenting skills training for parents with intellectual disabilities, and support for children exiting the foster care system.

Children's Advocacy Center

The Children's Advocacy Center conducts multidisciplinary assessments of suspected physical and/or sexual abuse of children in coordination with investigative partners from child protective services, law enforcement and prosecution in a child-friendly site within WIHD. Children are referred for a multidisciplinary assessment following a report to the State Central Register or law enforcement.

Dental Services

The WIHD Dental Center offers a complete range of specialized dental services and ongoing care for people with disabilities to meet their unique dental needs. These services are delivered in our state-of-the-art dental suite at WIHD; in our Dental Van, which regularly visits community services agencies throughout the Hudson Valley Region; and at the Westchester Medical Center.

Early Childhood Direction Center

The Early Childhood Direction Center (ECDC) is a free, confidential information, referral, technical assistance, and training center. Parents of children from birth to age five with known or suspected special needs, as well as professionals who provide services to children may access our services.

Early Intervention Services

WIHD offers early intervention services through its Family Connection Program, offering services from professionals who also are parents of children with disabilities. Families of children birth to age 3 receive assistance from service coordinators in obtaining, coordinating, and monitoring services received as well as accessing community resources.

Health and Wellness

The Adult Health Services program at WIHD provides the broadest array of health services and medical specialties in Westchester and beyond serving more than 5,500 adults with intellectual and developmental disabilities each year. As a Patient Centered Medical Home, WIHD coordinates numerous patient services across the healthcare spectrum.



Hudson Valley Special Education Parent Center

The Hudson Valley Special Education Parent Center (HVSEPC) at WIHD provides resources, training, and technical assistance to families of students with disabilities in order to promote meaningful involvement in their children's education programs. Services are provided to families within the Hudson Valley region including Westchester, Rockland, Putnam, Dutchess, Ulster, Sullivan and Orange Counties.

LEND (Leadership Education in Neurodevelopmental and related Disabilities) Program

The LEND Program (Leadership Education in Neurodevelopmental and related Disabilities) is a 320-hour, two-semester interdisciplinary leadership training program. Trainees include graduate students and post-doctoral fellows from health and education disciplines, self-advocates, and family members of children and adults with disabilities. Through participating in LEND, trainees develop knowledge and skills they will need to become leaders working with and on behalf of children with disabilities and other special health care needs.

Speech and Hearing Center

As the major resource for speech and hearing in the region, the Center provides comprehensive services to both outpatients at WIHD and inpatients at the Westchester Medical Center (WMC). Our services include identification, evaluation, and diagnosis of speech, language, swallowing, and hearing disorders for individuals with disabilities as well as the general public. The Center also has a large hearing aid dispensing program.



2017 HIGHLIGHTS

The Westchester Institute for Human Development had another outstanding year in 2017. Our accomplishments reflect our dedication to our mission of creating a better future for people with disabilities, for vulnerable children, and for their families and caregivers. Here are a few of the highlights from the past year at WIHD:

Fall Fun Fest

In October, WIHD held a Fall Fun Fest in Valhalla, NY. The event, which was free and open to the public, featured a walk to raise money for WIHD's vital services and programs. Not only did Fall Fun Fest participants walk and raise funds, they were also treated to entertainment, activities, refreshments, and the chance to celebrate people of all abilities.

More than 400 people came out to enjoy the event and help WIHD raise funds. Westchester's Deputy County Executive Kevin Plunkett was among those who attended and helped make the day a great success. WIHD is grateful to the event sponsors, without whom the Fall Fun Fest would not have been possible: Autism Directory Service, Inc., Baldor Specialty Foods, Inc., C Clean, J.D. Moschitto & Associates, Maier, Markey & Justic, LLC, Morgan Stanley, RJC Wealth Management, Taylored Menus, Tompkins Mahopac Bank.

The event raised almost \$32,000 for WIHD and was enjoyed by all who joined us. We're grateful to everyone who laced up their sneakers and walked, cheered someone on, donated money, or showed their support for WIHD and those we serve.



Legislator's Breakfast

Many people rely on programs provided by the local, state, and federal government – including health insurance, housing assistance, education, and more. The individuals and families served by WIHD may require even more specialized programs and services – and they need informed legislators to help make sure they have continued access to the services they need. That's why it's so crucial for organizations like WIHD to foster positive relationships with lawmakers and to provide them with education on the issues that are important to people with disabilities and those who care for them.

In October, State and County lawmakers came to WIHD and met with our leadership, senior staff, and board members for a Legislator's Breakfast. Dr. Susan Fox, WIHD's President and CEO, shared an overview of WIHD's important programs and services. Dr. Fox discussed WIHD's history of providing excellent services in the region and talked about WIHD's relationship with Westchester County and New York State. Highlights included presentations on WIHD's Adult Health and Patient-Centered Medical Home Program; Assistive Technology; and Child Welfare Services and The Children's Advocacy Center. The lawmakers walked away with a better understanding of how WIHD serves as a valuable resource for many of their constituents.



From left, John Winton, representing Senator Terrence Murphy; Panya Kroun representing Senator Andrea Stewart-Cousins; Chairman of the County Board of Legislators Michael Kaplowitz; WIHD President and CEO Dr. Susan Fox; Assemblyman Kevin Byrne; Assemblywoman Sandy Galef; Assemblyman David Buchwald; Assemblyman Steve Otis; WIHD Board Member Catherine Funk; Lisa Hofflich, representing Assemblywoman Amy Paulin; WIHD Board Member Traci Gardner, MD and Assemblyman Tom Abinanti.

New Mobile Dental Clinic

Going to the dentist is nothing out of the ordinary for many people – who make an appointment, drive themselves over to the dentist’s office, and get their teeth cleaned and checked twice a year. But for people with disabilities, routine dental care can be anything but routine. Fear of dental procedures, lack of transportation, and lack of access are just a few barriers to dental care for this population. Another challenge is finding dental care providers who are expert at providing care to people with disabilities.

In July, WIHD was awarded a \$376,826 grant from the Statewide Health Care Facility Transformation Program to replace a van which brings dental services directly to people with developmental disabilities. The previous mobile dental clinic was nearly obsolete, and the new van will provide regular access to dental care to people with disabilities. These individuals often face significant barriers to proper, routine dental care. The new van will enable WIHD to serve up to 30 more individuals per week. Through the new and improved mobile dental clinic, WIHD will be able to consistently schedule dental visits and better meet the complex dental needs of a unique population.

WIHD’s dental van regularly visits community service agencies throughout the Hudson Valley region, providing on-site dental care to individuals with disabilities. This decreases the need for (and cost associated with) transportation to and from dental care providers and helps these individuals achieve optimal dental and overall health. In addition to the mobile dental care WIHD provides, WIHD has a Dental Center on the Valhalla campus which offers a complete range of specialized dental services and ongoing dental care for people with disabilities. The center provides care in a state-of-the-art dental suite and is able to accommodate the dental needs of individuals with intellectual and developmental disabilities.



WIHD HOSTS INTERNATIONAL FELLOW FROM TANZANIA

WIHD was delighted to host Leyla Liana, from Tanzania, as part of an ADA International Fellowship Program through the Association of University Centers on Disabilities (AUCD). Dr. Liana, an assistant lecturer in computer science at Dodoma University, spent 4 weeks at WIHD working in the Assistive Technology Program at WIHD, helping to identify ways in which equipment and technology can help improve the day-to-day experiences of people with disabilities.

Dr. Liana's interest is in developing apps for teaching reading to students with disabilities, in their native language of Kiswahili. She loved not only what she learned at WIHD, but also the experiences in New York City and surrounding areas. Her interaction with the staff at WIHD also reminded us of all the access individuals with disabilities have to supports and services that are not always available in other countries.

Following her fellowship at WIHD, Dr. Liana traveled to Washington, DC for a final wrap-up session with AUCD and the State Department. Izel Obermeyer, WIHD's Director of Assistive Technology, was chosen to visit Tanzania as part of this exchange. She visited several schools in Tanzania with Dr. Liana and was able to share ideas for the use of technology with the teachers and students. It was an enriching experience for both us and her to have this exchange of ideas and information, and we're sure Dr. Liana's students will benefit from her new knowledge of using technology to help people learn and grow.



AWARDS AND HONORS

WIHD has distinguished leadership and accomplished staff dedicated to improving the lives of those with disabilities. Their vision and devotion are often recognized with awards and honors of distinction. WIHD is proud of everyone who received an award or honor in 2017, including the following:

WIHD President and CEO, Dr. Susan Fox, was appointed to the New York State Department of Health, Disability and Health Program Stakeholders Group (NYS DHP). The NYSDHP is tasked with promoting inclusion and accessibility in public health programs and reducing health disparities between people with and without disabilities.



On February 27, 2018, WIHD's Dental Services program for people with disabilities received two awards from the New York State Dental Foundation (NYSDF). WIHD received a \$5,000 award from the NYSDF's Give Kids a Smile Award program. In addition to the award, WIHD also received from NYSDF the donation of a portable hand-held NOMAD x-ray unit. From left, Dr. Carl Tegmeier, Board Member of New York State Dental Foundation (NYSDF); Laura Clark Leon, Executive Director of NYSDF and Assistant Executive Director of New York State Dental Association; Dr. Susan Fox, President and CEO of WIHD and Pat Seagriff, Dental Director of WIHD

Jenean Castillo, Ph.D., Diversity and Inclusion Coordinator at WIHD and Assistant Director of WIHD's Child Welfare Program received the New York Medical College Diversity and Inclusion Award on March 19, 2018.



WIHD Chief Operating Officer David O'Hara was honored for his 30-year tenure at the organization at a reception held February 6, 2018. Dr. O'Hara joined WIHD in 1987 and had served in a variety of capacities over his 30-year tenure, touching every person and program within the organization.



WIHD Director of Research, **Dr. Patricia Patrick**, was selected to present at the 7th Annual Assistant Professor Pediatric Research Symposium at New York Medical College. Her presentation, “Implementing a Hospital-Based Safe Sleep Program for Newborns”, was done in collaboration with medical professionals from Maria Ferari Children’s Hospital at Westchester Medical Center, the Department of Pediatrics at New York Medical College, Westchester Institute for Human Development and the School of Health Sciences and Practice at New York Medical College.

WIHD Director of Dental Services, **Patricia Seagriff, DDS**, received a Community Service Award from New York Medical College (NYMC). She was recognized for her 17 years of dedication to the special needs population by coordinating the Special Smiles Program, going out to group homes to provide hands-on oral hygiene instructions to caregivers and staff, organizing and participating in a “Train the Trainer” program to improve the oral hygiene of the I/DD population, and for her integral part of the planning and outreach of the WIHD Mobile Dental Van since its inception in 2005.

Dr. Jenna Lequia was elected to the presidential line of the NYS Council for Exceptional Children Executive Board. In her first year, Dr. Lequia will serve as vice president.

Jason Xenakis, MD, WIHD Patient Centered Medical Home Project Manager, was awarded the 2017 Healthcare Leaders of New York (HLNY) Achievement Award of Distinction Scholarship. HLNY is the New York metropolitan chapter of the American College of Healthcare Executives (ACHE). This award is offered to students who have demonstrated academic excellence and community service involvement which has shaped their vision and desire toward becoming our next healthcare leaders.

Dr. Patty Towle and recent LEND graduate, **Jacqueline Faison, PhD**, presented their poster at the New York Medical College School of Health Sciences and Practice Fifth Annual Research and Scholarship Day on May 11. Their poster “DIR/Floortime Intervention and Young Children with Autism: A Systematic Review of the Literature” received the Honorable Mention award.

Karen Edwards, MD. MPH, Vice President for Education, Training and Research, Co-UCEDD Director and LEND Program Director at WIHD, received the AUCD President's Award. The award is presented to the outgoing President of the AUCD Board of Directors. Dr. Edwards served as the President of the AUCD, Board of Directors for 2016.

Dr. AnneBeth Litt, Medical Director of WIHD, was recognized by the Westchester County Business Journal as a Westchester County Doctor of Distinction. She is the winner of the Caring for All award, which recognizes a doctor who turns no patient away and devotes time and effort to philanthropic cases.



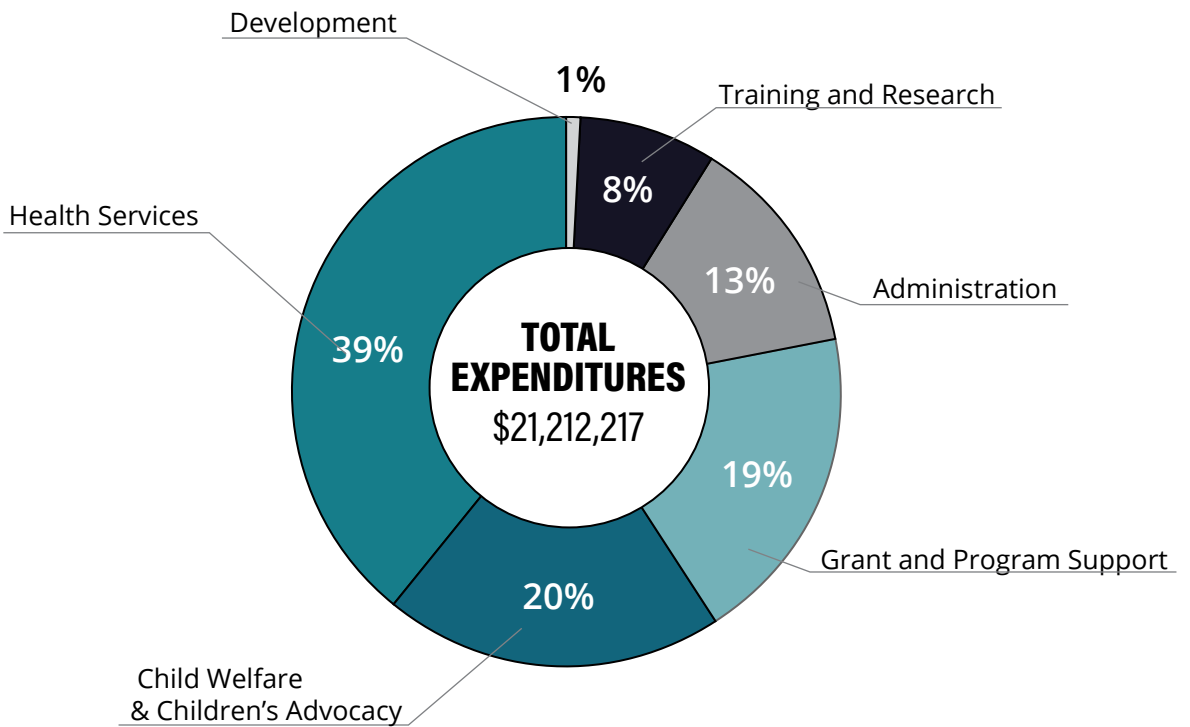
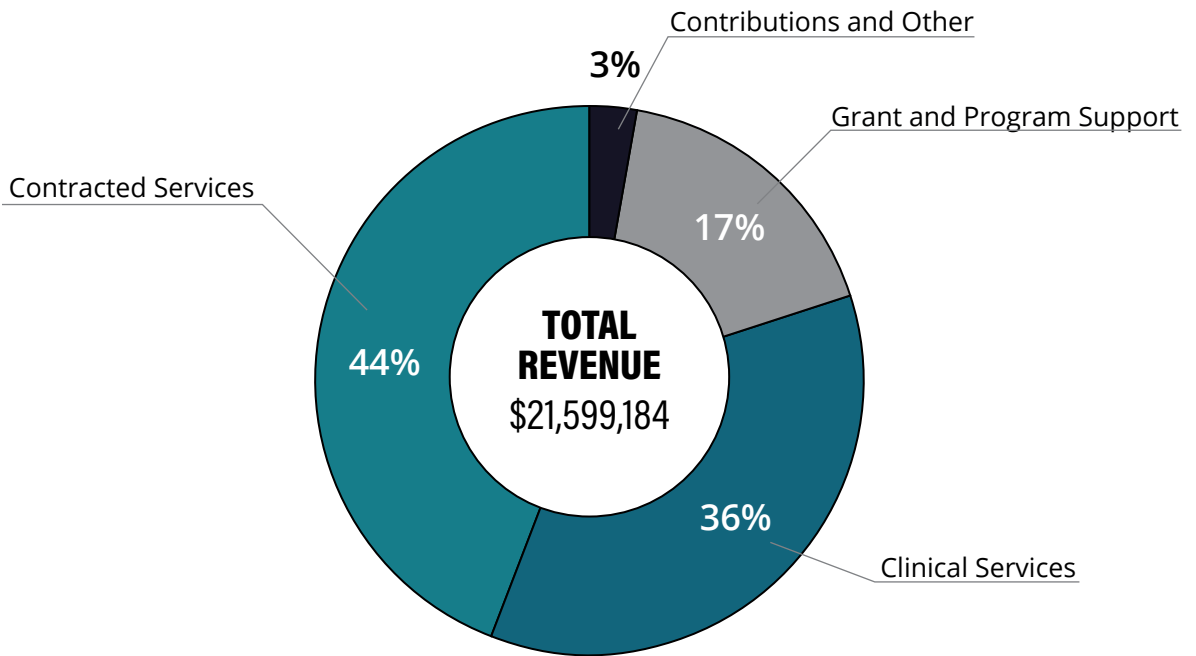
Dr. AnneBeth Litt (seated center) accepts the prestigious Doctors of Distinction Award.

2017 FINANCIAL REPORT

Note: Figures reflect audited financial statements.

REVENUE		
Contracted Services	\$9,445,819	44%
Clinical Services	\$7,869,529	36%
Grant and Program Support	\$3,697,265	17%
Contributions and Other	\$586,571	3%
Total Revenue	\$ 21,599,184	

EXPENDITURES		
Health Services	\$8,352,812	39%
Child Welfare & Children's Advocacy	\$4,150,843	20%
Grant and Program Support	\$4,098,043	19%
Administration	\$2,802,517	13%
Training and Research	\$1,623,595	8%
Development	\$184,407	1%
Total Expenditures	\$21,212,217	



DONOR LIST

WIHD is greatly appreciative of the generous support of our many donors. Without your support, we could not carry out the many programs at WIHD. We at WIHD want to thank each and every one of you for your generosity and support over the years.

The following list acknowledges gifts made to WIHD in 2017. Please let us know if your name or that of your company, foundation, or organization is missing or printed incorrectly.

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