



**educate . innovate . advocate**

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## **Resources Links for Family Medicine Residents**

### **Taking Charge of My Health: Partners in Health Transition**

<http://www.takingchargeofmyhealth.org/>

This website provides information and resources to help teens and young people with intellectual and developmental disabilities, families and caregivers to address health issues. They will find resources on how to transition from pediatric to adult health care, live more independently and become a self-advocate. It was created by WIHD staff members Marilyn Vitale, Mitchell Levitz, Barbara Levitz, Katie Borrás and Karen Edwards.



### **Module 1: Understanding Health and Health Promotion for People with ID**

<http://www.iddhealthtraining.org/module-1/>

This module was designed for students, trainees and residents to learn more about the adult phase of the life course continuum of health and health care for people with intellectual and developmental disabilities. The first module focuses on understanding health and health promotion for people with ID.



### **Module 2 "Communication Skills in the context of health and wellness"**

<http://www.iddhealthtraining.org/module-2/>

This module was designed for students, trainees and residents to learn more about the adult phase of the life course continuum of health and health care for people with intellectual and developmental disabilities. The second module focuses on communication skills in the context of health and wellness.

