

WIHD Self Advocacy Group Meeting
Monday, September 28, 2015 • 6:30-8:00 PM

PLEASE JOIN US FOR THIS IMPORTANT MEETING TOPIC



Topic: Taking Charge of Our Services and Supports through Self-Direction

Our discussion leader will be Nicki Turano, LCSW, who is with the Community Support Network at WIHD. She will be talking with us and explaining the meaning of Self-Determination through Self-Direction. She will share information that will help us to be more informed about options for us to look into if we are interested in receiving different types of services and supports. Also, this discussion will help us understand how we can be more involved in decision-making, better advocate for ourselves in our everyday lives, and be more independent. After our discussion, Nicki will pass out materials that will help us better understand how self-direction may help us become stronger advocates for ourselves.

Join Hear Our Voices Self Advocacy Group at WIHD to:

- ✓ Connect to the Hudson Valley Region of the Self Advocacy New York State Association (SANYS) for meetings, trainings, conferences, networking and fun activities
- ✓ Learn useful information to have a more independent and self-directed life
- ✓ Become a self-advocacy leader

Our meeting will take place at:
Westchester Institute for Human Development,
Cedarwood Hall Boardroom-1st floor

If you are planning on attending, please contact Mitchell Levitz at (914) 493-8119 or Email: mlevitz@wihd.org

Bring along an interested friend.
Please also share this announcement with other self-advocates who may wish to join and their house staff or family members. Feel free to share with appropriate people in your program.