***Go-bag Checklist ***

These are items you should take if you must leave your home quickly. Most of them can be kept in a Go-bag ahead of time so you are ready to go when you must leave.

**\_ Bottled water  \_ Snacks  \_ Cash **

**\_ Medications and medical supplies   **

**\_ Copies of prescriptions**

**Personal items - small sized: \_ Toothbrush ![C:\Users\mvitale\AppData\Local\Microsoft\Windows\Temporary Internet Files\Content.IE5\HLF0ZZ41\MP900390536[1].jpg]() \_ Toothpaste  \_ Shampoo**

**\_ Hand sanitizer**  **\_ Body wipes  \_ Deodorant \_ Sanitary items **

**\_ Contact lens case & cleaner  \_ Denture case & cleaner**

**\_ Eyeglasses & case  \_ Hearing aid batteries \_ Comb or brush**

**\_ Cell phone & charger  \_ Extra batteries or chargers for electronic devices**

**\_ First aid Kit \_ Leisure item (book, iPod)  \_ Extra clothes or underwear**

**Include your *Personal Emergency Plan* in your Go-Bag.**

 

 Personal Emergency Plan

**It is a folder with important forms: Health Information; Contacts; Daily living, Mobility, Communication & Emotional Needs; Photos; Documents as needed (list below):**

**\*\*** Forms can be found at www.wihd.org Resource Library Training Curricula

**Important documents to include**:

Copy of birth certificate \_\_\_

Photo ID \_\_\_ Photo of service animal \_\_\_

Copy of medical insurance cards \_\_\_ Medical documents \_\_\_

SSI/SSDI Award Letter \_\_\_

Health directives/Health care proxy \_\_\_

Guardianship papers \_\_\_

Proof of address (from utility bill or license) \_\_\_

Home insurance information\_\_\_

Bank account numbers \_\_\_

**\*\* Service animals should have separate Go-Bag.**