

My Safety, My Responsibility, My Plan

Basic Supplies Home Checklist

Make sure you have enough of these supplies in your home to last three or more days in case you cannot leave and you have no electricity.

- Water: one gallon for each day per person



- Food that does not need refrigeration or heat



Manual can opener



- Medications and Medical Devices

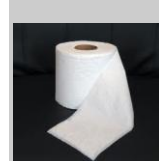


- Flashlight with batteries or wind-up, Wind-up radio, Extra batteries



- Back-up Batteries for all devices and equipment, including wheelchairs

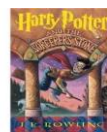
- Personal Hygiene items: shampoo, soap, toothpaste, deodorant, others



- Special Items: contact lens cleaner, hearing aid batteries



- Board games, books to keep you busy



- First Aid Supplies: Bandages, Gauze, Tape, Alcohol

